

Overdose Lifeline, Inc.



Indiana nonprofit on the front-lines of the opioid epidemic since 2014

ADVOCACY >>

HARM REDUCTION >>

TRAINING + EDUCATION >>

YOUTH PREVENTION + EDUCATION >>

SUPPORT >>

www.overdoselifeline.org

Dedicated to helping individuals, families,
and communities affected by the disease of
addiction/substance use disorder through
advocacy, education, and support





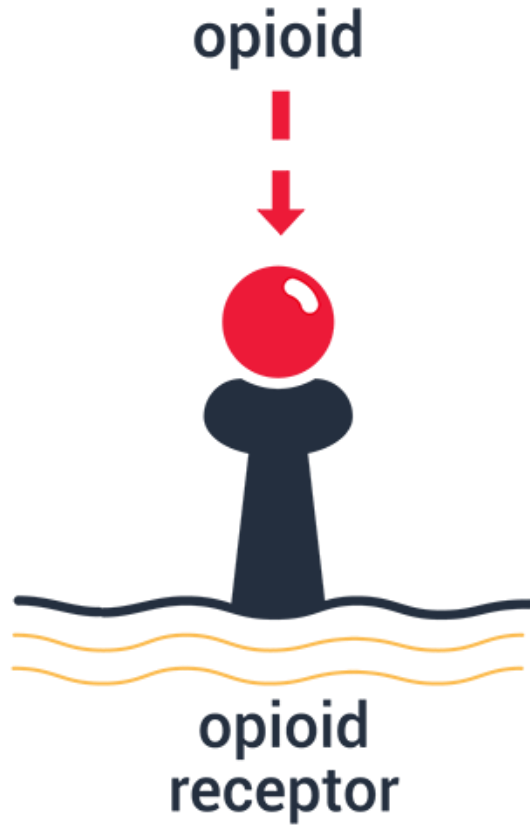
Community Programs



Naloxone/Harm Reduction

- Naloxone blocks the effects of opioids and reverses the effects of an overdose
- Indiana Aaron's Law (SEA-406) allows layperson access to naloxone without a prescription and protects from liability for administering it in good faith
- Indiana residents can receive free Naloxone through our website or through our Nalobox Program
- Nalobox program:
 - Clear acrylic ODL branded boxes with kits of intranasal naloxone
 - Placed outside of a public space to allow for 24/7 distribution of naloxone with no barriers





Naloxone/Harm Reduction

Free Naloxone | NaloxBoxes



Naloxone and NaloxBox Distribution

Since January 2020...



Over 40,000 total doses have been distributed across Indiana



69 NaloxBoxes have been ordered and 42 have been mounted



29 overdose reversals were reported in June 2021





NaloxBox Partners

- If you are interested in placing and monitoring the inventory of a NaloxBox, email justin@overdoselifeline.org
- Requirements:
 - Be a public space/agency
 - Monitor supply levels once or twice a week and order more when needed
 - Report number of naloxone distributed each month
 - Notify ODL if you hear of any attempted overdose reversals in your area





CRAFT Family Support Group

Virtual and In-Person

7 organizers | Across Indiana



12-week workshop with accompanying workbook

**Proven to help families move their loved one toward treatment,
reduce the loved one's alcohol and drug use,
and improve the lives of concerned family and friends**

7 out of 10 loved ones enter treatment as a result of CRAFT

**3x more patient engagement into treatment
than other family type groups**

Free facilitator training for Indiana residents



CRAFT Family Support Group



- CRAFT (Community Reinforcement and Family Training) model is a non-confrontational evidence-based intervention
- Helps family and friends develop effective strategies for helping their loved one with a substance use disorder and for feeling better themselves
- Teaches skills in rapport building, positive reinforcement, communication, problem solving, motivation techniques, analyzing substance use patterns, how and when to intervene, and more

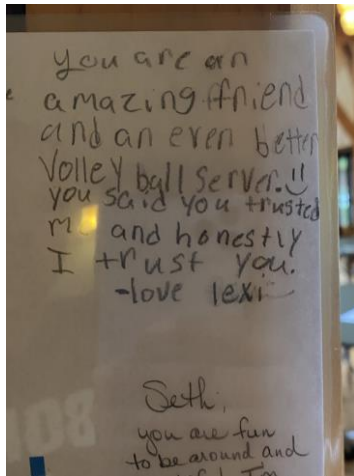




Youth Programs



Camp Mariposa Aaron's Place



20 Campers | Weekend Camp | Monthly Activities



Camp Mariposa Aaron's Place

- Year-round addiction prevention and mentoring program for youth affected by the substance use disorder of a family member
- For youth aged 9-12
- Junior counselor program for teens who age out of camp
- 6 weekend-long camps combined with additional social activities throughout the year



Award-winning, evidence-based program through Eluna Network

Led by mental health professionals and trained adult mentors

Build confidence, learn coping skills, and break cycle of addiction

Allows kids to connect with other children facing similar situations

Offered free of charge for all children





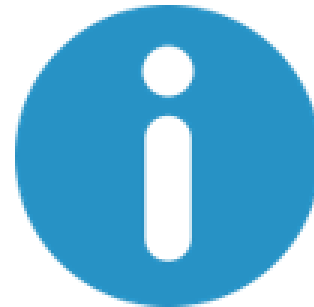
Prevention and Education

Over 100,000 Students | 400 Partners | 28 States



This is (Not) About Drugs

- An outcomes-driven, science-based youth opioid prevention program - incorporating NIDA principles, risk and protective factors which meets with health and wellness education standards.
- Takes a peer-to-peer approach and makes use of personal stories to educate and influence the decisions – or choices – someone makes about their own body and health.



Specifically addresses the national opioid health crisis

Fits 45 minute classroom schedule | Ability to expand

Designed to prevent the first misuse

Pre/Post Student Survey~ 3rd party evidence-based results

Free facilitator training for Indiana residents



"Drugs can really mess up someone's life. More than anyone thinks in the first place, but listening to someone describe how hard it was to get through hit me in ways that are indescribable."

"Practically any drug out there could really screw up your plans for life. If I want to do big things, I can't let something stupid like a little pill affect my grades, my goals, and my friendships/relationships."

"After Overdose Lifeline presented in our classroom we had multiple students open up about experiences around drug culture/drug use and we were able to assist in finding students resources."



TINAD Results

- 75% of students agree that prescription pain pills are the same type of drug as heroin (23% pre-test)
- 65% of students disagree that overdose only happens with heavy drug use (54% pre-test)
- 56% of students agree they would be able to recognize if someone were having an overdose (38% pre-test)
- 79% of students reported they were more likely to talk to someone if they are concerned about themselves or someone else

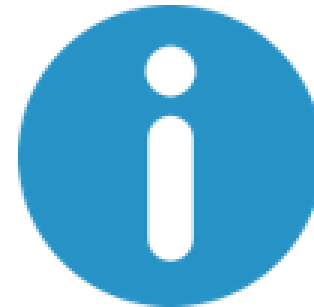


PreVenture Program



PreVenture Program

- An evidence-based personality targeted intervention for adolescent substance use prevention
- Sensation Seeking, Impulsivity, Anxiety Sensitivity, Negative Thinking
- Uses a motivational interviewing and cognitive behavioral therapy approach
- ODL is the only official US provider of PreVenture training



Addresses substance use and social emotional learning

2-4 sessions | Flexible to fit classroom schedules

Designed to prevent use and initiation

Reduces mental health problems

Free facilitator training for Indiana residents



PreVenture Results

- Delayed initiation and reduced frequency of cannabis use
- Alcohol use and binge drinking reduced by 50%
- Reduced risk of anxiety & depression
- Drug use reduced by 50%





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