

# Case Management for OUD in Pregnancy ECHO Screening

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# Why screen?

- ▶ Infants
  - ▶ Increased likelihood of developmental and behavioral concerns
- ▶ Parents
  - ▶ Increased chances of co-morbid behavioral health concerns
- ▶ Family
  - ▶ Increased chances of problems related to social determinants of health (SDOH)

*We want to catch these early when interventions are most effective!*

# Purposes of Screening

- ▶ Identify individuals who need more thorough assessment—*We do NOT diagnosis from a screening tool.*
- ▶ Facilitates communication with other professionals
- ▶ Supports referral request with evidence-based measure
- ▶ Helps plan supportive and preventive activities
- ▶ Helps engage the family in identifying a need to gather more information to address questions

# Screening vs. Assessment

## Screening

- ▶ Brief
- ▶ Inexpensive
- ▶ Identifies need for further assessment
- ▶ Done by trained providers

## Assessment

- ▶ Comprehensive
- ▶ Ongoing
- ▶ May result in diagnosis
- ▶ Done by qualified professionals

# Introducing the Screening Tool

- ▶ Always explain what the tool is assessing
- ▶ Frame the process positively: Seeking to understand and access help or resources instead of finding problems
- ▶ Explain confidentiality limits
- ▶ Let parents know that their information is valuable
- ▶ Attend to cultural issues and personal experiences that may shape how parent understands the process
- ▶ Allow time for questions and concerns

# AAP Screening Guidelines in Early Childhood

- ▶ Administration of a screening tool at 9, 18, 30 (or 24 months) to screen overall development
  - ▶ Screen for autism at 18 & 24 months
- ▶ AAP Task Force on Mental Health
  - ▶ Perform S-E screener if above measures raise concern  
OR
  - ▶ Behavioral indicators: poor growth, attachment issues, behavioral symptoms, regression

# Recommended Tools for Child Screening

- ▶ Ages and Stages Questionnaires-3 (<https://brookespublishing.com/product/asq-3/>)
- ▶ Survey of Well-being of Young Children (SWYC) (<https://www.tuftschildrenshospital.org/The-Survey-of-Wellbeing-of-Young-Children/Overview>)
- ▶ Modified Checklist for Autism in Toddlers (MCHAT) ([https://mchatscreen.com/wp-content/uploads/2015/09/M-CHAT-R\\_F\\_Rev\\_Aug2018.pdf](https://mchatscreen.com/wp-content/uploads/2015/09/M-CHAT-R_F_Rev_Aug2018.pdf))
- ▶ Ages and Stages: Social-Emotional (ASQ: SE2) (<https://agesandstages.com/wp-content/uploads/2017/09/ASQS-E2-At-A-Glance.pdf>)
- ▶ Early Childhood Screening Assessment (Gleason et al., 2010) (<http://www.infant institute.org/>)

# Screening for Child Trauma

Young Child PTSD Screen (2010):

<https://medicine.tulane.edu/sites/g/files/rdw761/f/YCPS.pdf>

Safe Environment for Every Kid (SEEK):

[https://seekwellbeing.org/wp-content/uploads/2019/09/English\\_PQ-R.pdf](https://seekwellbeing.org/wp-content/uploads/2019/09/English_PQ-R.pdf)



# Screening for Parents and Family

- ▶ Depression
  - ▶ Edinburgh Postpartum Depression Scale (<https://psychology-tools.com/test/epds>)
  - ▶ Patient Health Questionnaire Screener (<https://www.phqscreeners.com>)
- ▶ Anxiety
  - ▶ General Anxiety Disorder-7 (<https://www.mdcalc.com/gad-7-general-anxiety-disorder-7>)
  - ▶ Perinatal Anxiety Screening Scale (PASS): <https://drsarahallen.com/wp-content/uploads/2015/10/PerinatalAnxietyScreeningScale2.pdf>
- ▶ Trauma
  - ▶ Primary Care PTSD Screen for DSM 5 (<https://www.ptsd.va.gov/professional/assessment/screens/pc-ptsd.asp>)
- ▶ Social Determinants of Health
  - ▶ Social Needs Screening Tool ([https://www.aafp.org/dam/AAFP/documents/patient\\_care/everyone\\_project/hops19-physician-form-sdoh.pdf](https://www.aafp.org/dam/AAFP/documents/patient_care/everyone_project/hops19-physician-form-sdoh.pdf))
  - ▶ Accountable Health Communities Health Related Social Needs Tool (<https://innovation.cms.gov/files/worksheets/ahcm-screeningtool.pdf>)

# Surveillance and Conversational Screening

- ▶ How have you (and your partner) been handling all these changes?
- ▶ How is everyone sleeping?
- ▶ Who is helping you?

# Next Steps for Positive Screen

Conveying the results

Providing Immediate Support

Referral for Follow Up  
Assessment and/or Interventions

# Sharing Results of Screening Tools

- ▶ Remind parent of the purpose of the tool
- ▶ Explain that the parent's report tells us that more assessment is needed to understand the
  - ▶ Child's development
  - ▶ Child's behavior
  - ▶ Parent needs
  - ▶ Family needs
- ▶ State that you will help the parent decide on the next steps

# Providing Support

- ▶ Provide space for parents to hear and react to results
- ▶ Accept the possibility of negative feelings such as guilt, denial
- ▶ Use skills such as active listening and motivational interviewing as appropriate
- ▶ Share your willingness to help; provide suggestions as requested
- ▶ Explore parent feelings about decisions, next steps

# Identifying and Making Referrals

- ▶ Encourage the family to share results with the PCP
- ▶ For concerns about infant/toddler development: Indiana First Steps (<https://www.in.gov/fssa/firststeps/about-first-steps/>)
- ▶ For concerns about child or parent social-emotional concern:
  - ▶ Community Mental Health Centers (<https://indianacouncil.org/>)
  - ▶ Parent can consult their insurance

# Safety and Emergency Action Steps

- ▶ Parent discloses any intention to self-harm
- ▶ Concerns for child safety
- ▶ Family struggles to meet basic needs

# Know Your Local Resources

- ▶ Food
- ▶ Housing
- ▶ Transportation
- ▶ Employment
- ▶ Legal help
- ▶ Financial assistance
- ▶ Healthcare/Insurance
- ▶ Parent to parent support



# Resources

- ▶ Postpartum Support International: <https://www.postpartum.net/>
- ▶ CDC's LTSAE: <https://www.cdc.gov/ncbddd/actearly/index.html>
- ▶ Birth to 5, Watch Me Thrive: <https://www.acf.hhs.gov/ecd/child-health-development/watch-me-thrive/families>
- ▶ American Academy of Pediatrics STAR Center: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Screening/Pages/Screening-Tools.aspx>
- ▶ American Academy of Pediatrics Mental Health Initiatives: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/Primary-Care-Tools.aspx>
- ▶ National Child Traumatic Stress Network: <https://www.nctsn.org/>
- ▶ American Academy of Family Physicians: <https://www.aafp.org/family-physician/patient-care/the-everyone-project/neighborhood-navigator.html>
- ▶ Indiana Family to Family: <https://www.INF2F.org/>

# Thank You!

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