



Fresh Start & Turning Point Recovery Centers

Residential Substance Use Treatment

Offer Hope Restore Dignity Transform Lives



Volunteers of America

Since 1896, Volunteers of America's mission has been to transform lives and help people reach their full potential. We are part of a national, faith-based, non-profit impacting communities across Ohio & Indiana.

Impact Areas

- Veterans
- Residential Reentry
- Behavioral Health
- Housing



Fresh Start Begins in 2015

- High intensity residential substance use disorder treatment (ASAM 3.5 LOC)
- Our focus is women who are pregnant and mothers
- Moms can have up to two children with her ages 5 and under



Services

- Medical Services
 - Nurse Practitioner / MD Evaluations
 - Medication Assisted Treatment
- Group and Individual Counseling
- Life skills and Parenting groups
- Case Management
- Aftercare for women who are pregnant and mothers with newborns



Fresh Start Recovery Center | Theodora House



- 24 beds
- Opened 2015
- 927 N. Pennsylvania Ave
Indianapolis, Indiana

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Fresh Start Recovery Center – Winchester House



- 18 beds
- Opened June 2018
- Rural Indiana

Fresh Start Recovery Center – Evansville House



- 18 beds
- Opened August 2019
- Southwest Indiana

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Fresh Start Recovery Center | Columbus House



- 20 beds
- Opened October 2020
- Southeast Indiana

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Opiate Use Pilot Grant Outcomes

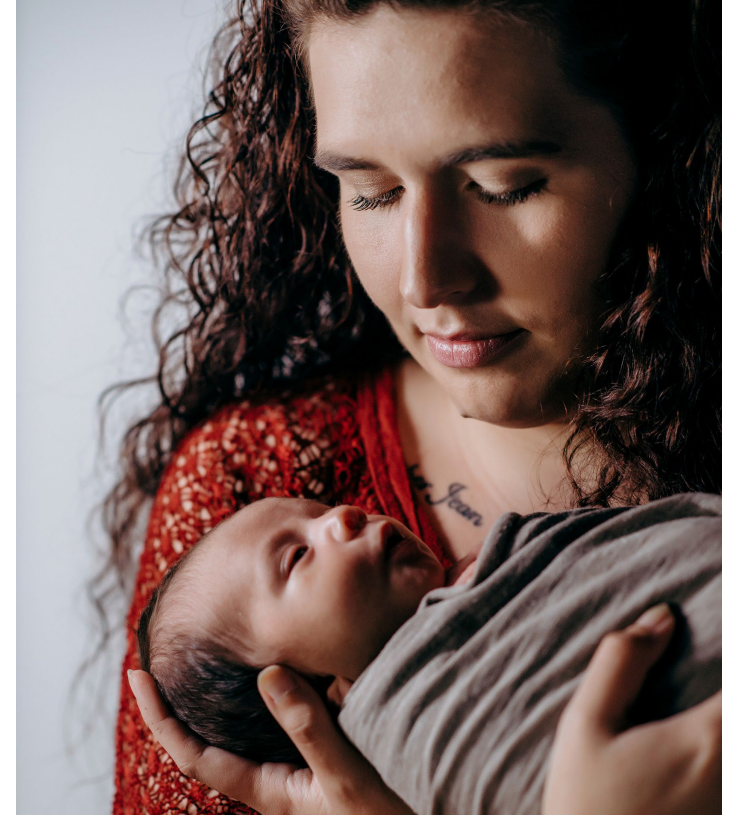


- 94 women who were pregnant
- 50 births
- 78% no NICU stay for Neonatal Abstinence Syndrome (NAS)
- 74% of newborns had no unprescribed medications in their system
- 67% of moms breast fed
- 96% immunizations
- 9 open DCS cases
- 78% of moms on Medication Assisted Treatment
- 73% completed the residential phase

Fresh Start Recovery Centers - Who to Refer

Women with SUD – particularly opioids

- At least 18 years old
- Pregnant or parenting
- With or without children
- With or without DCS involvement
- Releases/Violators
- Assess at 3.5 ASAM level of care



Family Preservation Services



- Family Preservation Services – Inpatient or Outpatient
- Central Indiana
- Family Coach

Early Learning Classroom



- Early Headstart at the Theodora House
- Ages 0 to 3
- Continued connection after discharge

Transitional Housing

- Legacy House
- ASAP
- Plainfield



Outpatient Treatment Center

Experienced clinicians providing individualized treatments plans through innovative, results-driven substance use and mental health treatment.

- Assessment, case management, intensive outpatient services each week
- Counseling for individuals, groups, couples, & families
- Social, coping, employment skills
- Medication Assisted Treatment (MAT)



Turning Point Recover Center – Men's Program

- Located in Indianapolis
- Focus on reentry/criminal justice populations
 - ASAM 3.5
 - Matrix Model
- Capacity 15
- Priority population - TRV



How to Refer

Contact our **Access Center** to speak with a trained specialist to initiate a referral:

833.659.4357 (Toll Free)

Call or Text

voaaccess@voahin.org

voahin.org/fresh-start

- Contacts are processed M-F from 8:00 am to 4:00 pm
- Determines eligibility, level of care, and funding sources
- Clients do not pay out of pocket. We accept Medicaid, DCS funding, and have other grants based upon eligibility

Free Stigma Reduction Training

Explore

- Explore the prevalence of Substance Use Disorder and Pregnancy in Indiana

Understand

Understand the Basics of Addiction & Consequences of untreated SUD during pregnancy

Consider

Consider why women with SUD may avoid treatment

Discover

Discover ways to reduce stigma and help address and contribute to providing the best care to this marginalized population



Thank you.

How can we help? Please reach out for next steps and any questions we may answer.

Tasha Brown

Director of Outreach & Program Development

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