Infant Milestones

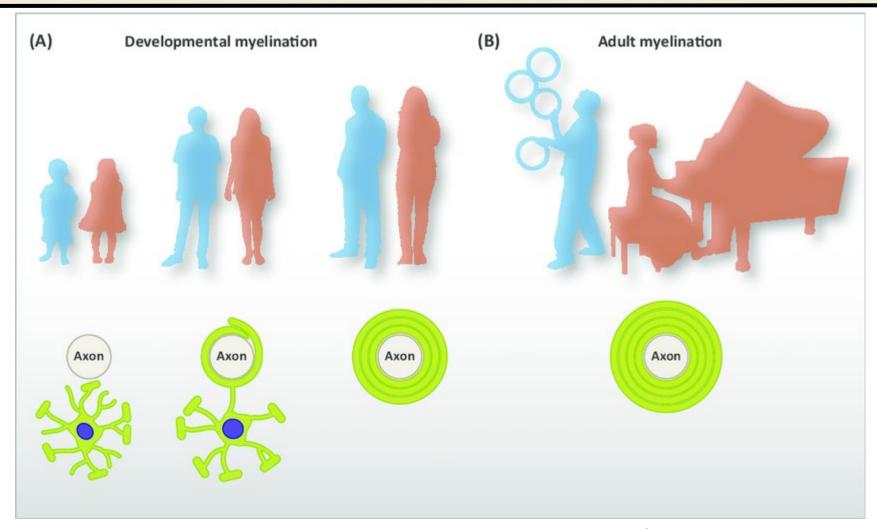


Tara Holloran, MD, MBA

Financial conflicts of interest: None



DEVELOPMENT







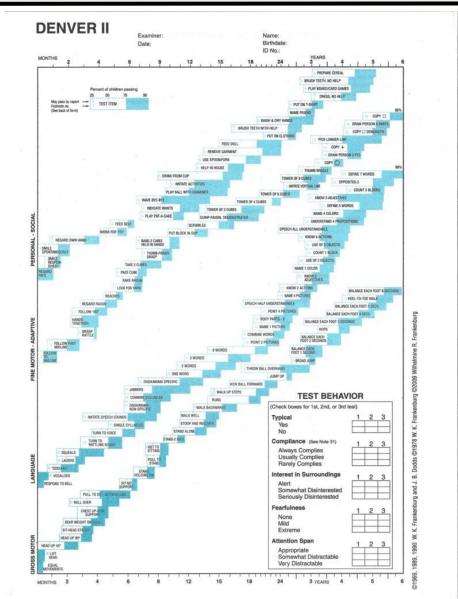
Fed is best!

- Fat is GOOD!

- NO water

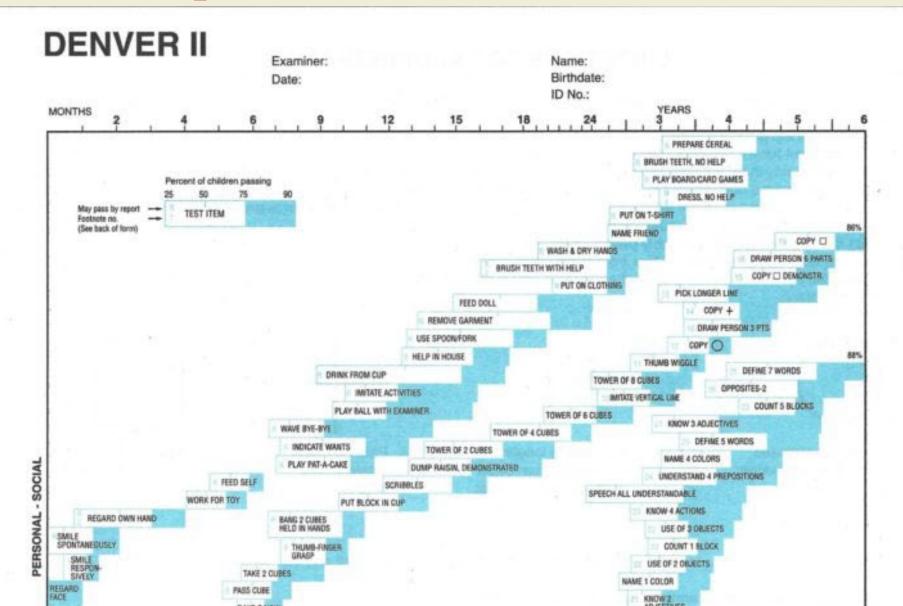


Developmental milestones





Developmental milestones



Infancy – the 1st year of life





Eyes "Does she recognize you?" 1 month

Social smile Just in time! 2 months

Head control tummy-time! 3 months

Hands to midline

Rolling Baby-proofing 4 months

Sitting
 6-8 months

Pull-to-stand and cruise
 8-12 months

Walk

Riley Hospital for Children
Indiana University Health

Stranger anxiety





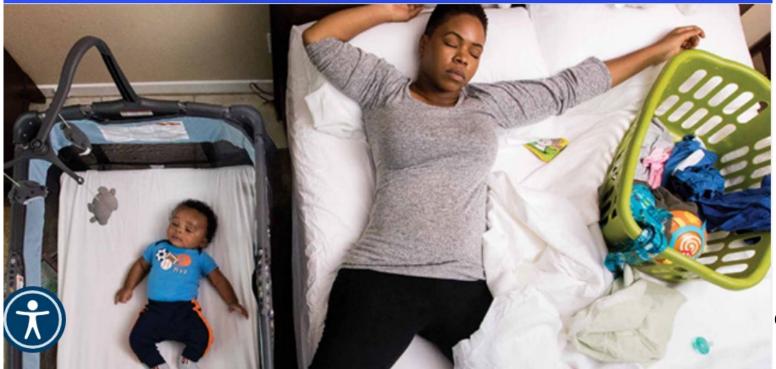




Patient Care

Safe Sleep

Home / Patient Care / Safe Sleep



Children

"Suffocation prevention"





- Be selective about caretakers!
- Innocent-until-proven-guilty is not a parenting mandate



You cannot spoil your baby!!



You're doing great, momma!

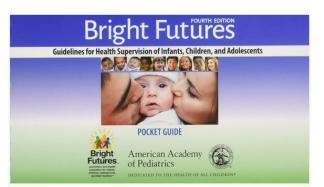








Resources:



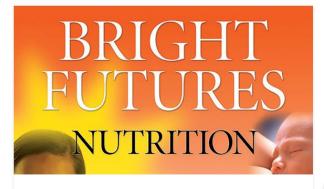
Bright Futures Guidelines and Pocket Guide

An essential resource that provides health care professionals with updated background and recommendations for pediatric health promotion, health supervision, and anticipatory guidance for 31 age-based visits



Bright Futures Tool and Resource Kit, 2nd Edition

Health care professionals can use or adapt these materials to meet the needs of their practices and ensure they are following the recommendations presented in the Bright Futures Guidelines, 4th Edition when delivering care to patients and their families.



Bright Futures: Nutrition, 3rd Edition and Pocket Guide

Bright Futures: Nutrition, 3rd Edition focuses on health promotion and disease prevention for infants, children, adolescents, and families.



tdubay@iu.edu



