



Substance Use Trends in the US – NSDUH 2020

Carol Ott, PharmD, BCPP

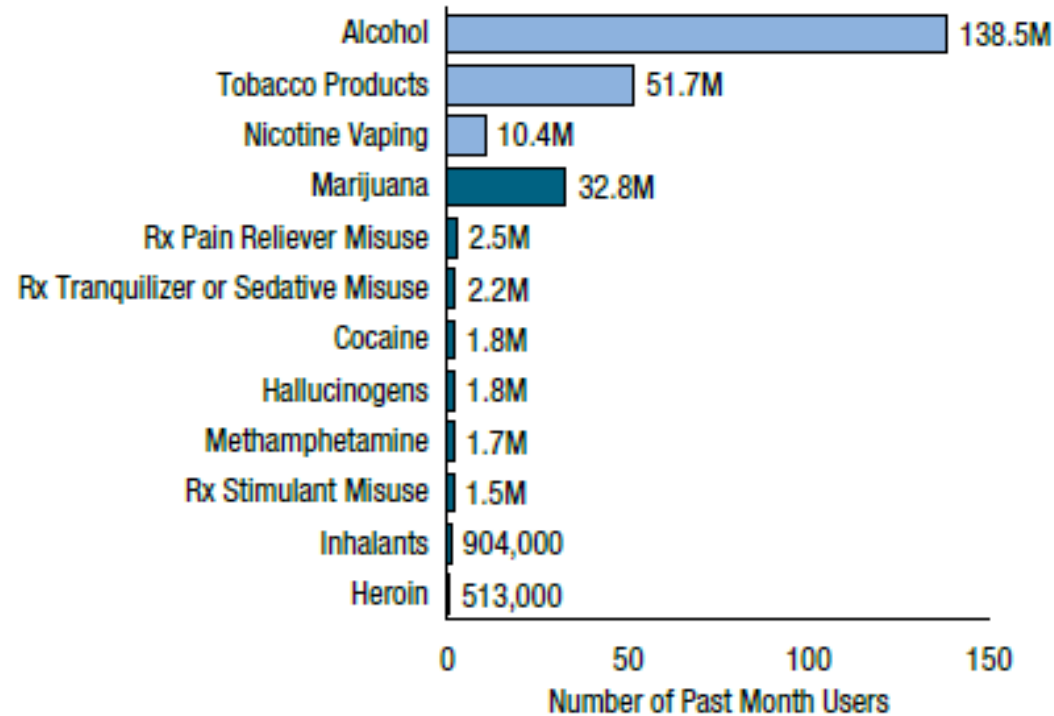
Clinical Professor of Pharmacy Practice, Purdue University

Clinical Pharmacy Specialist, Psychiatry and Gender Health, Eskenazi Health



NSDUH 2020 Past Month General Substance Use and Nicotine Vaping – Aged 12 and Older

Figure 1. Past Month General Substance Use and Nicotine Vaping: Among People Aged 12 or Older; 2020



Rx = prescription.

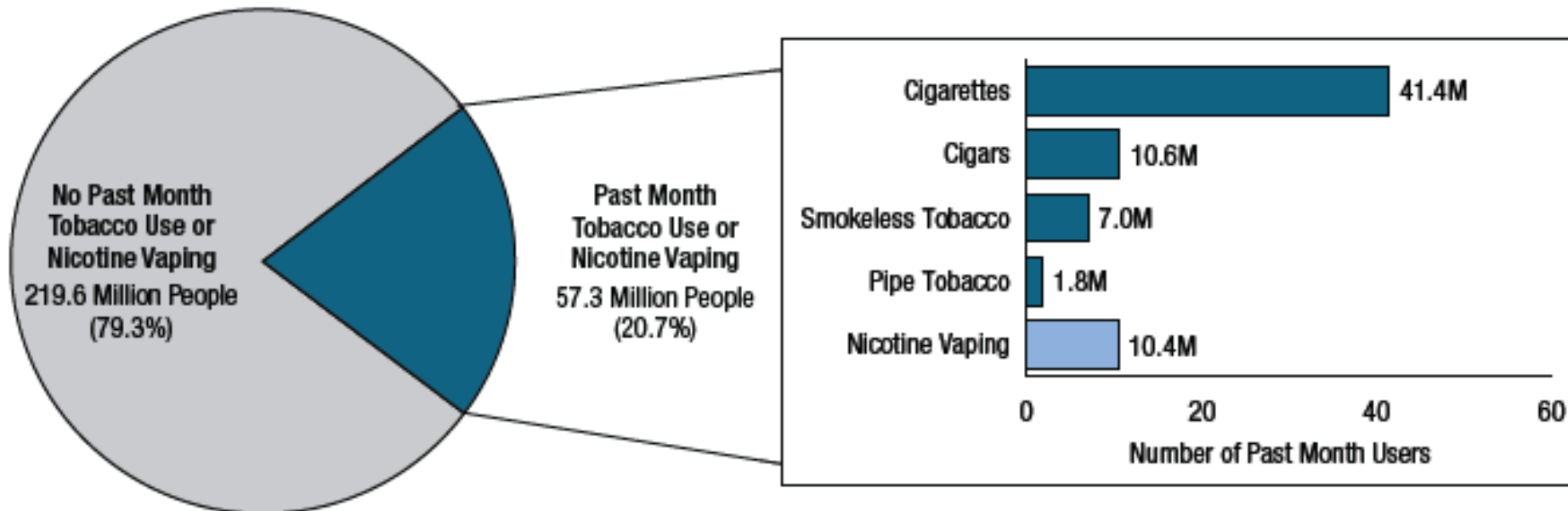
Note: General Substance Use includes any illicit drug, alcohol, and tobacco product use. Tobacco products are defined as cigarettes, smokeless tobacco, cigars, and pipe tobacco.

Note: The estimated numbers of current users of different substances are not mutually exclusive because people could have used more than one type of substance in the past month.



Tobacco Use and Nicotine Vaping

Figure 2. Past Month Tobacco Use and Nicotine Vaping: Among People Aged 12 or Older, 2020



Note: The estimated numbers of current users of different tobacco products or nicotine vaping are not mutually exclusive because people could have used more than one type of tobacco product or used tobacco products and vaped nicotine in the past month.

NSDUH 2020 – First inclusion of nicotine vaping in survey, previously only tobacco smoking

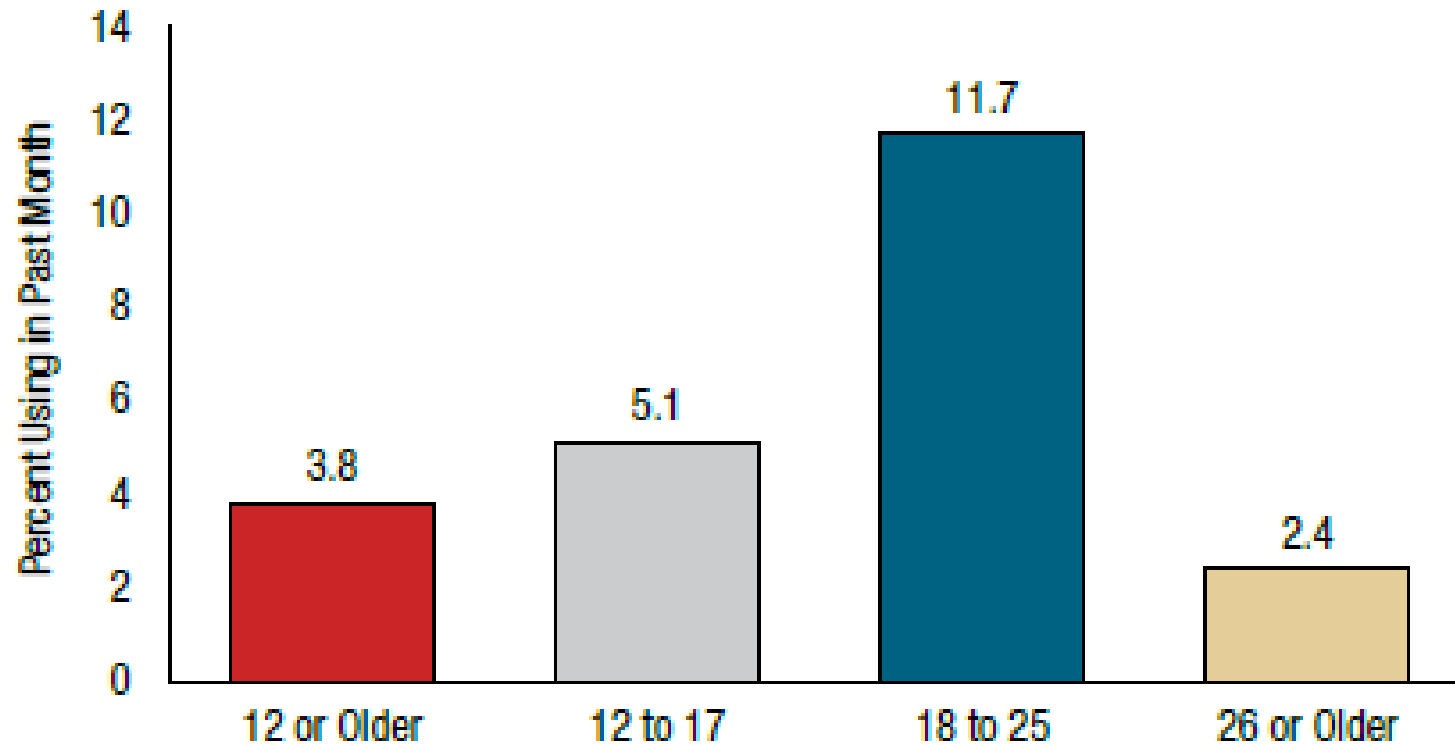
Past month cigarette use declined compared to 2019

December 2019 – federal minimum age to purchase tobacco products raised to 21



Nicotine Vaping

Figure 5. Past Month Nicotine Vaping: Among People Aged 12 or Older; 2020



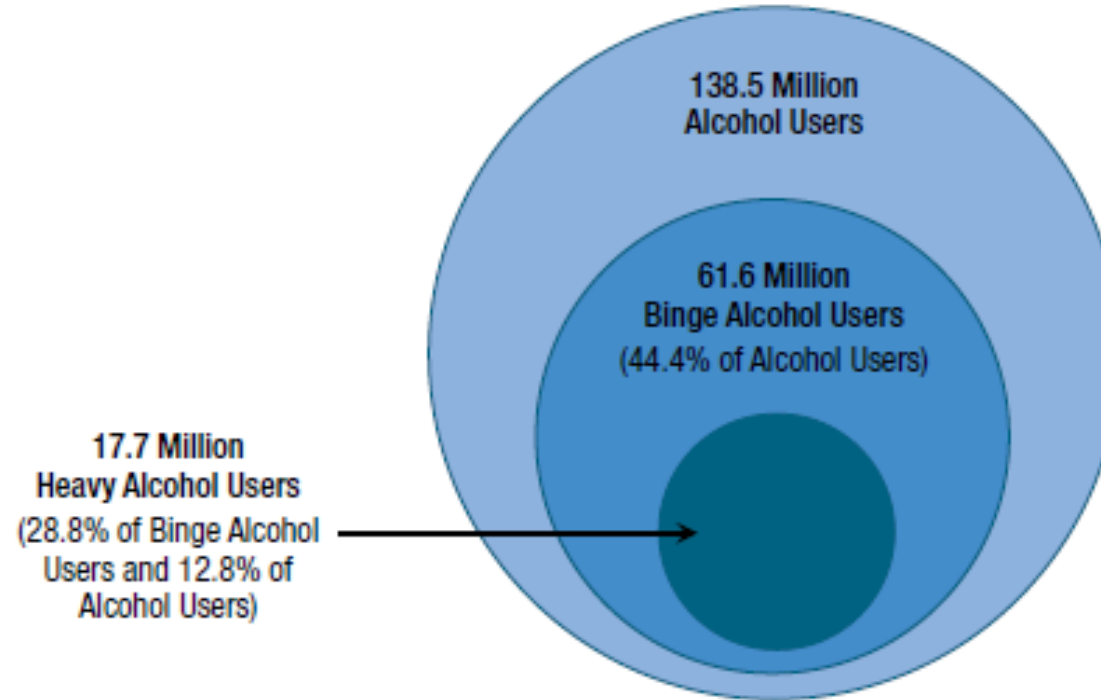


Current, Binge, Heavy Alcohol Use

Figure 6. Current, Binge, and Heavy Alcohol Use: Among People Aged 12 or Older; 2020

Past month binge alcohol use remained consistent with 2019 for all age groups

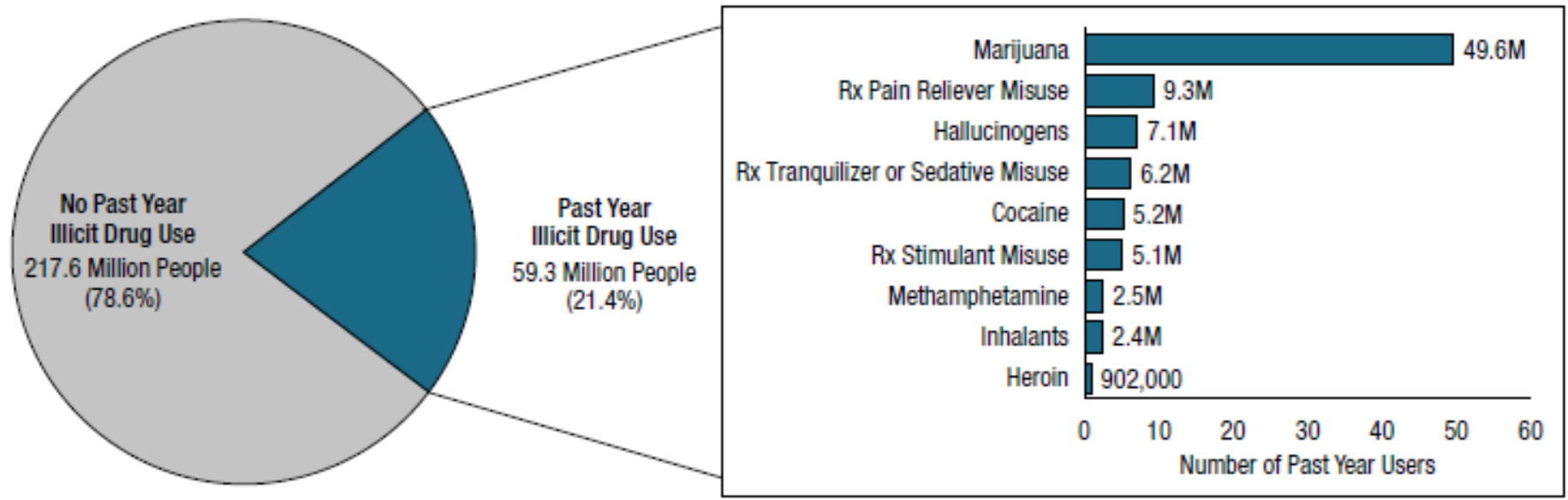
Past month heavy alcohol use declined for ages 18 – 25



Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as binge drinking on the same occasion on 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.

Any Illicit Substance Use

Figure 9. Past Year Illicit Drug Use: Among People Aged 12 or Older; 2020



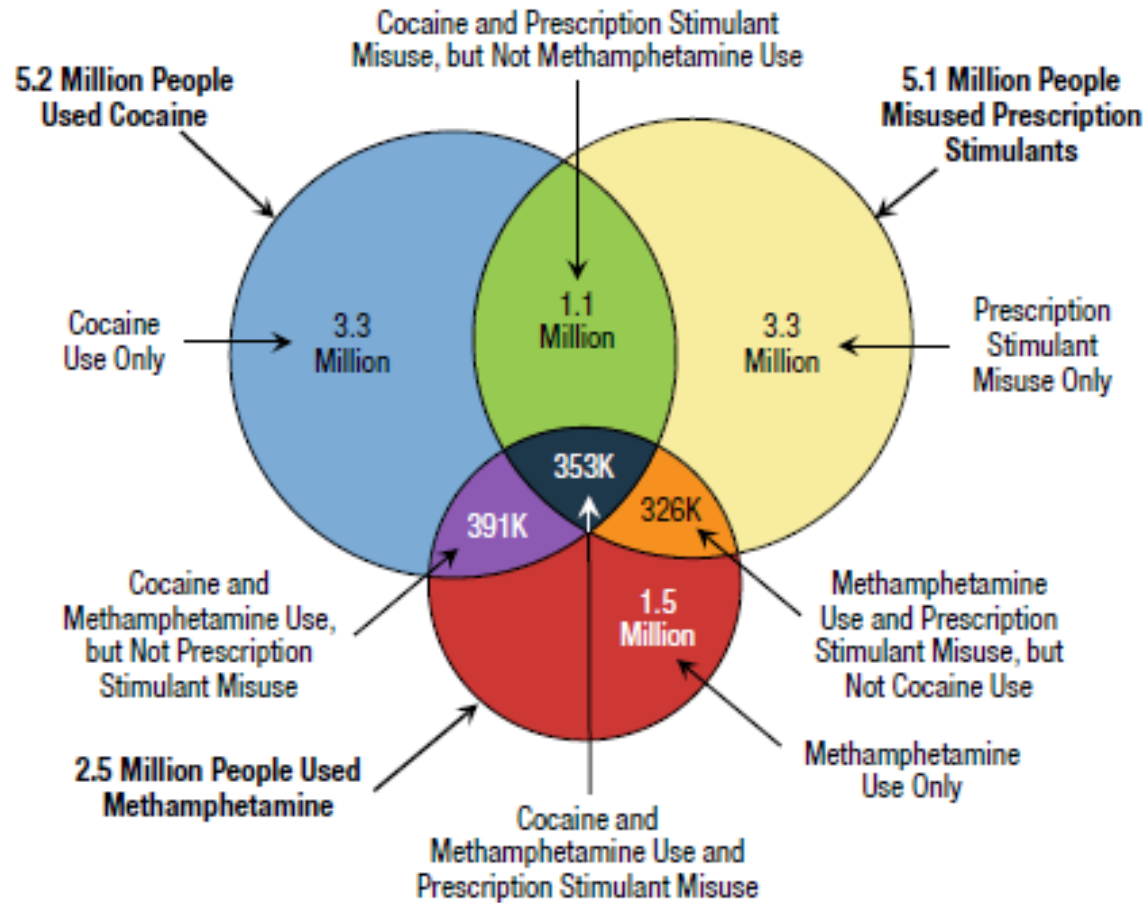
Rx = prescription.

Note: The estimated numbers of past year users of different illicit drugs are not mutually exclusive because people could have used more than one type of illicit drug in the past year.



Stimulant Misuse

Figure 20. Past Year Central Nervous System (CNS) Stimulant Misuse: Among People Aged 12 or Older; 2020

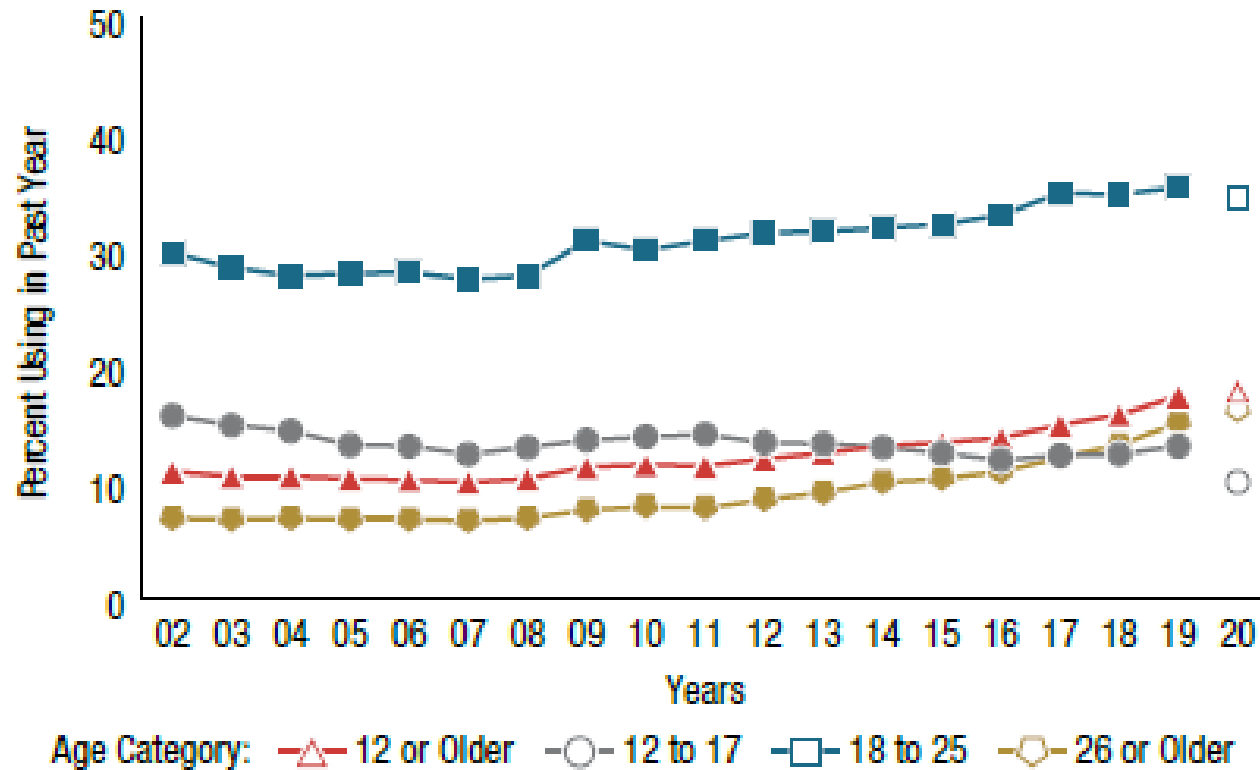


10.3 Million People Aged 12 or Older with Past Year CNS Stimulant Misuse



Past Year Marijuana Use

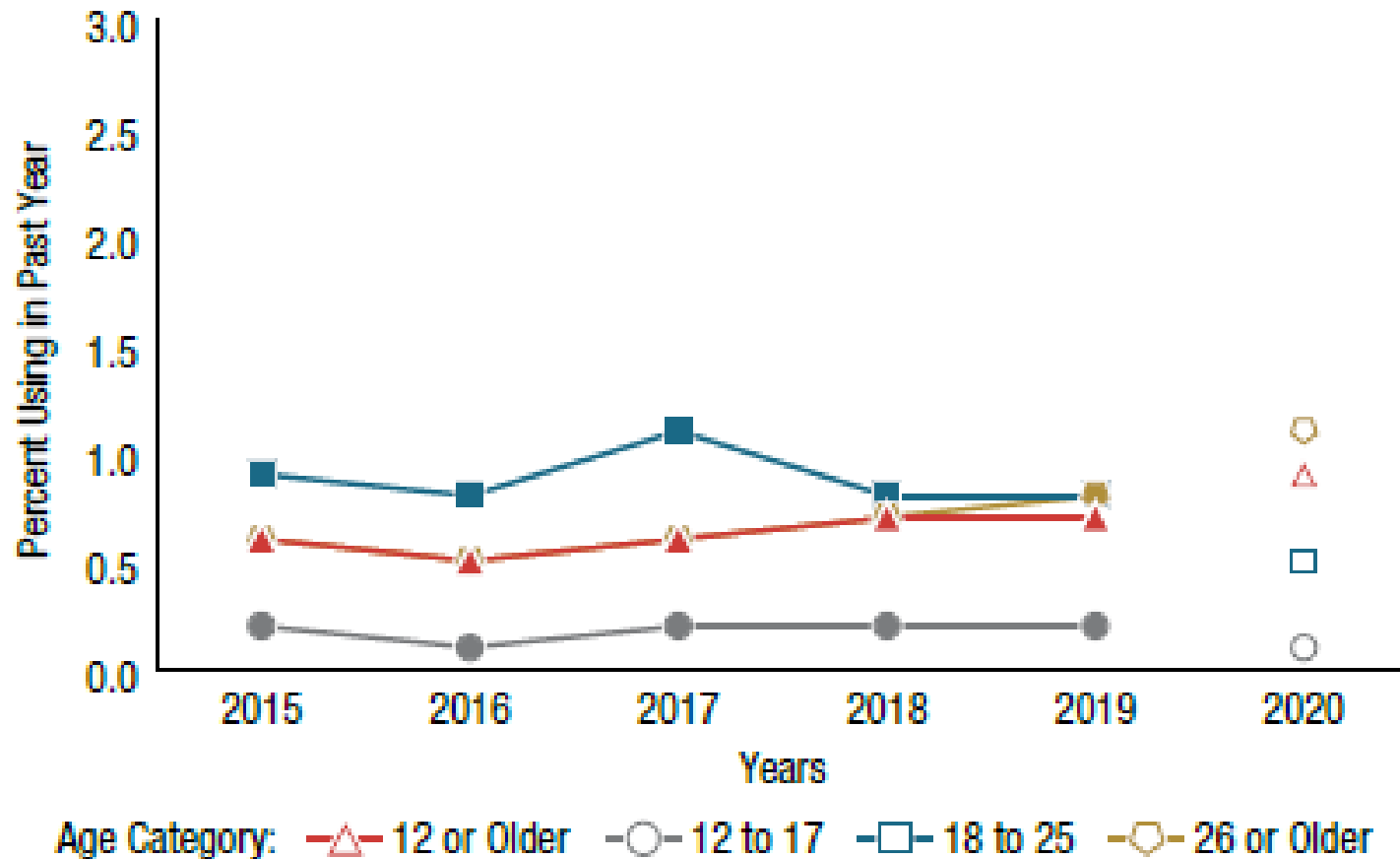
Figure 11. Past Year Marijuana Use: Among People Aged 12 or Older; 2002-2020





Past Year Methamphetamine Use

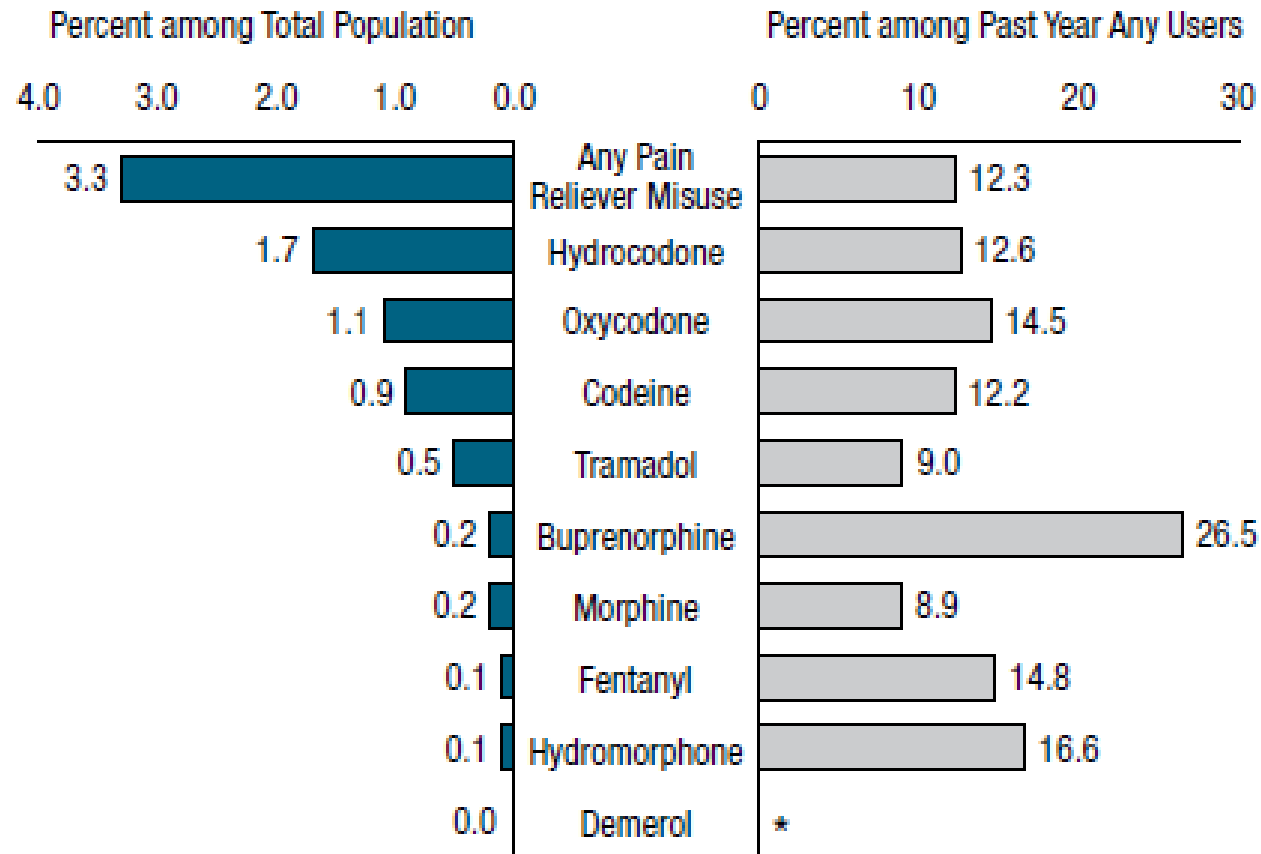
Figure 12. Past Year Methamphetamine Use: Among People Aged 12 or Older; 2015-2020





Past Year Prescription Pain Reliever Misuse

Figure 17. Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older; by Selected Pain Reliever Subtype, 2020

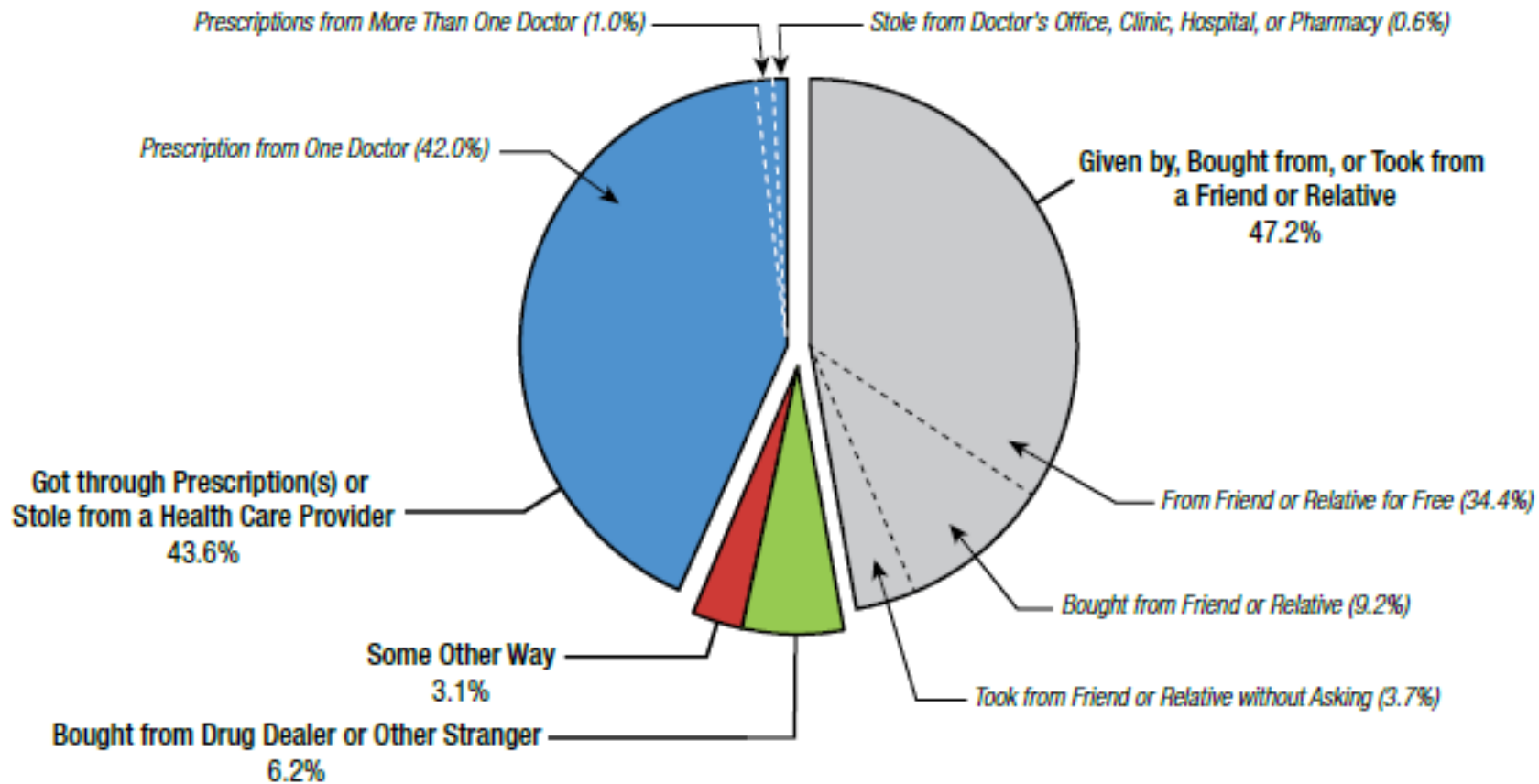


* Low precision; no estimate reported.



Sources For Misused Pain Relievers

Figure 18. Source Where Pain Relievers Were Obtained for Most Recent Misuse: Among People Aged 12 or Older Who Misused Pain Relievers in the Past Year; 2020

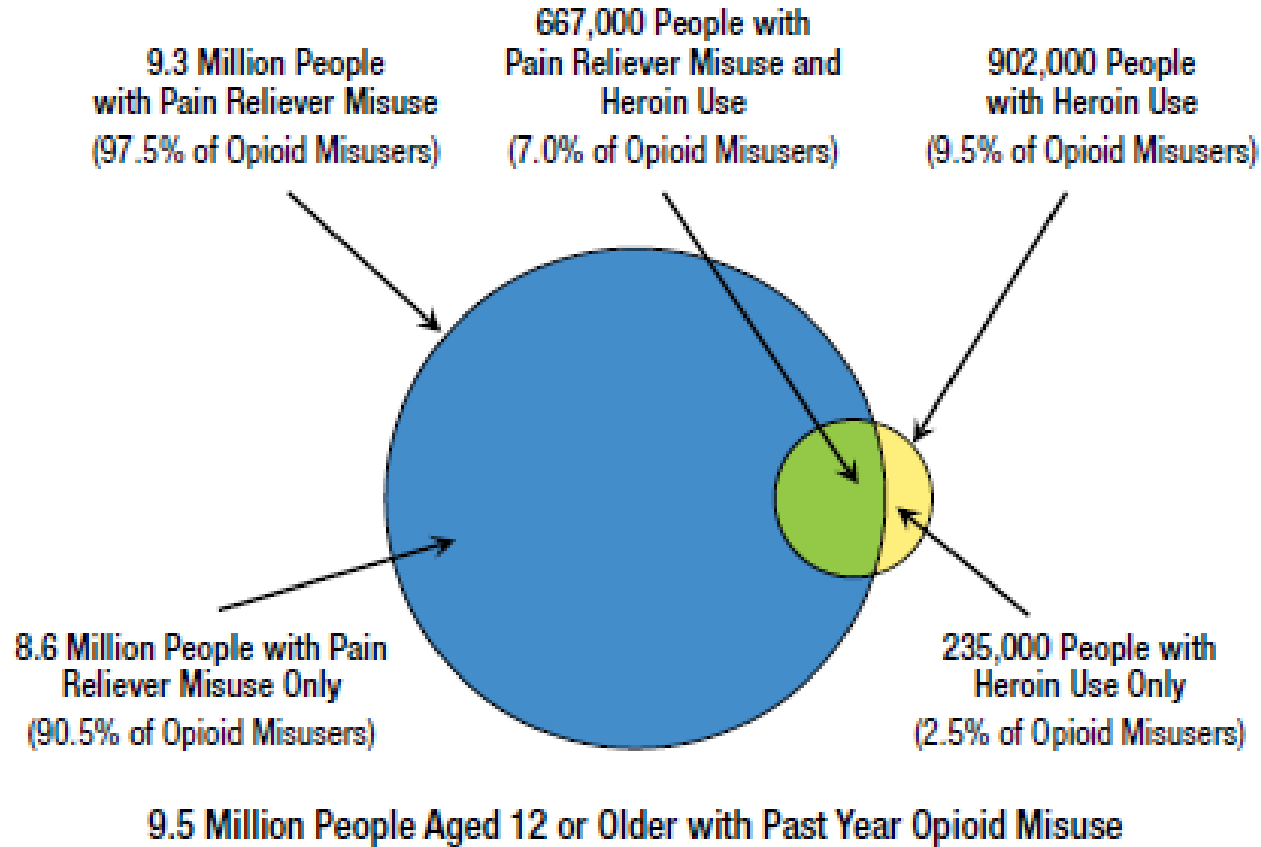


9.3 Million People Aged 12 or Older Who Misused Pain Relievers in the Past Year



Past Year Opioid Misuse

Figure 19. Past Year Opioid Misuse: Among People Aged 12 or Older; 2020





Other Substance Use Statistics in the Past Year

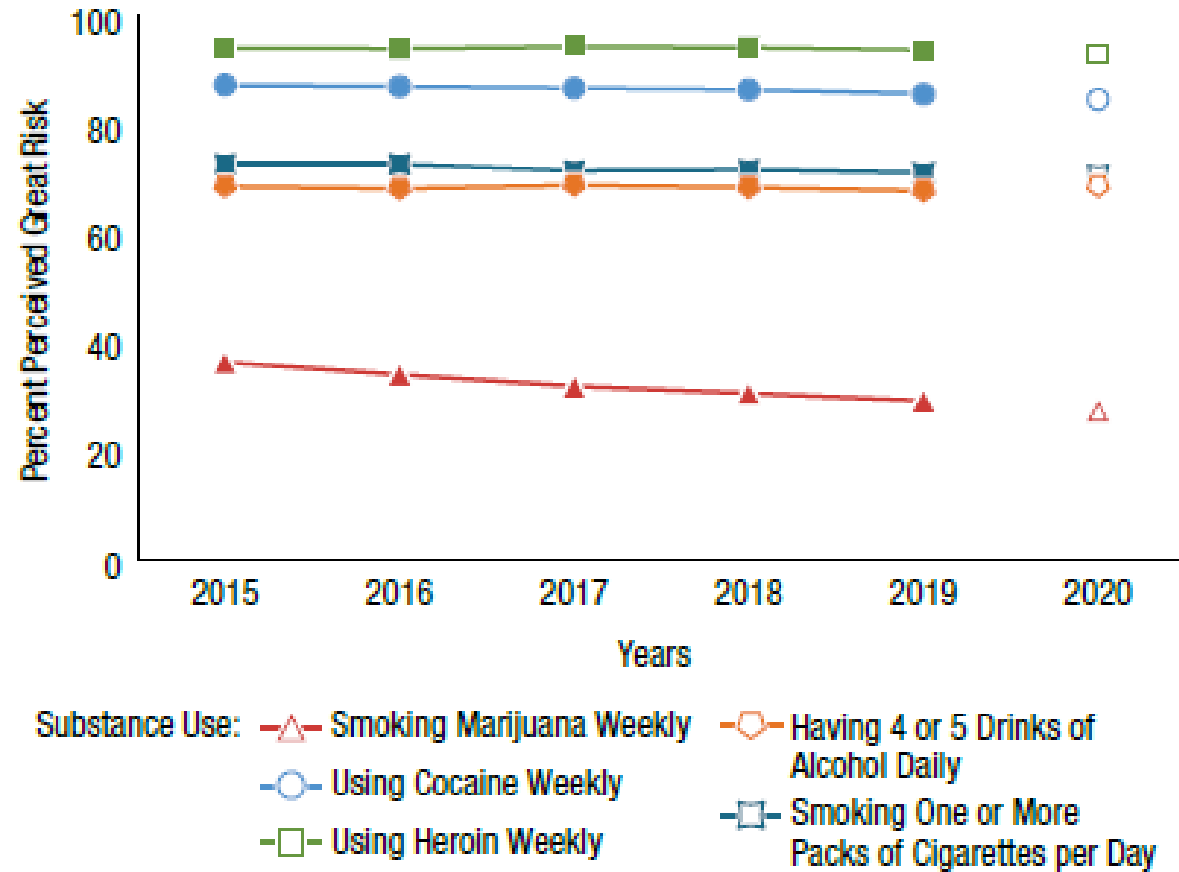
- GHB – 0.1% (183,000 people)
- Nonprescription Cough Syrup and Cold Medicine – 0.9% (2.4 million people)
- Kratom – 0.8% (2.1 million people)
- Synthetic Marijuana (K2/Spice) – 0.4% (1.1 million people)
- Synthetic Stimulants (Bath Salts) – 0.1% (118,000 people)

- 2020 is the first year that SUD is assessed using DSM-5 (instead of DSM-IV) criteria
- 40.3 million people aged 12 or older (14.5%) had an SUD in the past year
 - 28.3 million alcohol use disorder
 - 18.4 million other substance use disorder
 - 6.5 million (16.0%) had both an alcohol and other substance use disorder
 - Highest in age 18 – 25 (15.6% - 5.2 million)



Perceived Risk from Substance Use

Figure 25. Perceived Great Risk from Substance Use: Among People Aged 12 or Older; 2015-2020





Medication for Substance Use Disorders

- Alcohol Use Disorder – 28.3 million people
 - Only 1.0% (292,000 people) received medication
- Opioid Use Disorder – 2.6 million people
 - 30.5% (798,000 people) received medication



NSDUH 2020

<https://www.samhsa.gov/data/report/2020-nsduh-annual-national-report>

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