

Supporting Families Impacted by Opioid Use Disorder – Compassion and Stigma

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12:00PM-1:00PM

Special Thanks to Brooke Schaefer, MSN, FNP-C, RN

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Disorder Program

Nurse Practitioner for the CHOICE
Program



Case Management is Relationship- Based Work



Two Fundamental Questions

Universally asked by **ALL** parents

Am I a good enough parent?

Will my child be alright?

T. Berry Brazelton, MD





“There is no such thing as a baby, there is a baby and someone...”

D. W. Winnicott



Babies are not Born Blank Slates

Infant & Early Childhood Mental Health

As defined by Zero to Three, refers to the developing capacity from birth to 6 to **experience, regulate and express emotions, to form close relationships, and to explore the environment** and learn all in the context of family, community and cultural expectations for young children



Attachment, Brain Development & Themes of Safety for Young Children

“The most important part of attachment is the **quality** of attachment formed, as it predicts later development.” (ZERO to THREE)

Secure Base and Secure Attachment



Center on the Developing Child
Harvard University

Term used to describe the feeling of safety provided to an infant or toddler by a safe, loving, consistent caregiver

Over time the infant begins to predict the caregiver's response and trusts the caregiver to meet his or her needs consistently

Children who develop secure attachments to one or more adults are *more likely* to develop positive social and emotional skills

The Parent's Own Experience Matters

Case Managers play an important role in understanding the family's story as context for Care Planning

- Learn about the parent's own experiences of being parented – what was the parenting model like?
- Learn about risk factors and protective factors present in a family system
- Learn about vulnerabilities and trauma history
- Learn about strengths and resilience
- All in the context of a trusting relationship

Compassionate Care Coordination and Opioid Use In Pregnancy

Addiction is a chronic medical disease.

Opioid use is different from other substances. It can lead to physical dependence faster.

Wondering and withholding judgement is key to compassionate care.

Our words
matter & can
combat
misconceptions



HRSA Toolkit: Caring for Women with OUD

<https://www.hrsa.gov/sites/default/files/hrsa/Caring-for-Women-with-Opioid-Disorder.pdf>

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<u>Words to avoid</u>	<u>Words to use</u>	<u>Why?</u>
Opioid misuse or abuse	Opioid use, "experience with opioids"	Medically accurate and non-judgmental language emphasizes that OUD is a medical disease, not misconduct by the woman.
Non-compliant	Not engaged with healthcare plan	
Relapsed	Had a setback, recurrence of use	
Addict, junkie, drug seeker	Woman with OUD	Person-first language does not define a woman by her medical disease.
Former addict	Woman in recovery	
Opioid replacement	Medications for Opioid Use Disorder (MOUD)	Medically accurate language emphasizes that medication is a critical part of treatment rather than implying that illegal opioid use is replaced with legal opioid use.
Medication is a crutch	Medication is a treatment tool	
Being "clean"	In recovery	Non-judgmental language does not imply that a woman using opioids is dirty.
"Dirty" drug screen	Positive drug screen	

Addiction vs. Dependency:

Babies are not addicted to substances

Addiction

Use of substance
regardless of harm
and consequences,
mental & physical
reliance

Dependence

Physical dependence
characterized by
symptoms of
tolerance and
withdrawal

Examining and Acknowledging Our Bias

IMPLICIT BIAS

May be more subtle, less aware, damaging and harmful

Individual biases, and can be rooted and embedded in Institutions and Systems

EXPLICIT BIAS

May be more active, intentional, loud, damaging and harmful

Individual biases, and can be rooted and embedded in Institutions and Systems

Implicit Bias

An attitude or belief we may be unwilling or unable to report. (Project Implicit)

“ Compared to white patients, Black patients were 40% less likely to receive medication to ease acute pain and Hispanic patients were 25% less likely.” (citing expression and perception of pain) 2019

<https://www.physiciansweekly.com/nonwhite-patients-get-less>

EXPLICIT

7:18



Ashley Falconer
If you have a child that's addicted to drugs because you are! That should be a automatic felony they need put in jail

Co



Amy Stutz
They should all be taken away. And not give the parents a chance to get them back. If they didn't care enough while carrying the baby chances are they won't care much after having the baby either. This has become way too common and if nothing is done about it then why would they

5G

Comments Done

your mouth shut!!!

4y Like Reply 2



Maryam Dawn Fleming
What the hell is wrong with people. They need to steilize these women so they dont cause any 8njury to any little child.Right away they should lose their babies. No ands, if, or buts! !!!

7:15 5G

Comments Done

Hannah Brook Replied - 4 Replies



Bee Smith
If the moms continue to take drugs while carrying a baby soon as she as given birth take the child off her and remover her insides so she can't hurt another baby



Carolann Casagni
OMG People need to get there things under control !!!! I'm saying this out loud life sucks if your on drugs any kind don't bring a life into this world !!!!!!! Get your self fixed there is one thing our government can do give ever person on drugs mandatory birth control the end !SO SAD

11:09 5G

Comments Done



Gladys Ochoa
Mandatory sterilization for everyone under a certain age. You should pass a test and be licensed to have children. While yes they are addicts his will stop unwantes babirs from happening. Don't make enough money to support a kid? You wouldnt be able to have one if you were sterilized. No drugged up babies, or babies born to incompetent mothers.

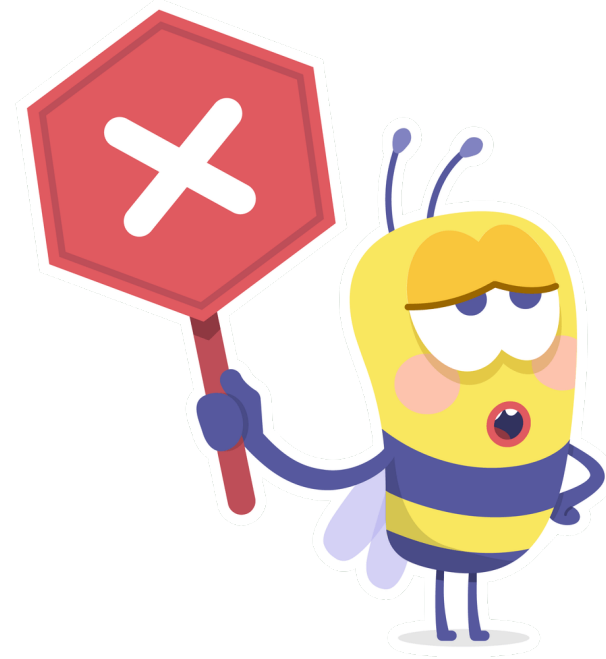


Avery Maliikapu
These drug addict females should be spayed!!

Practicing Compassion and De-stigmatization

“What’s wrong with them?? I would never do that!!”

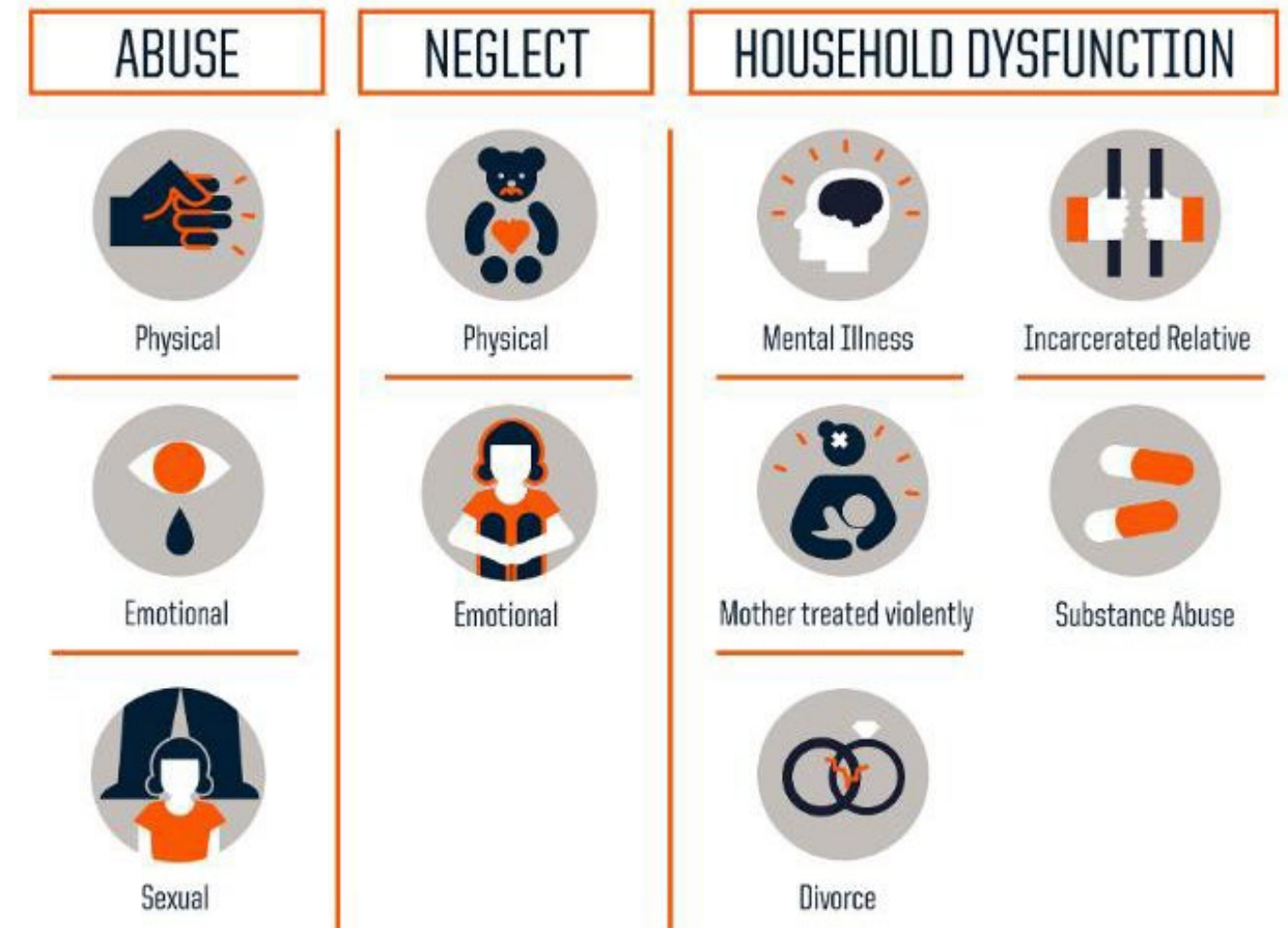
- ❑ Stop and notice our own thinking
- ❑ Wonder where this attitude or belief came from
- ❑ Turn assumptions into Self-awareness
- ❑ Increased self-awareness can lead to compassion and competence
- ❑ Engage in Reflective Supervision Practices



Using a Trauma-Informed Lens

“I wonder what happened to her?”

“I wonder if you might tell me about your experiences so that I can better understand.”



Source: Centers for Disease Control and Prevention

Trauma and Link to SUD


IMPORTANCE OF USING A TRAUMA-INFORMED, COMPASSIONATE, EMPATHETIC LENS TO FOSTER RESILIENCE AND SUPPORT SUSTAINED RECOVERY



https://www.cdc.gov/violenceprevention/acestudy/resources.html?CDC_AA_refVal=https%3A%2F

Pregnancy & Early
Parenthood Offers
Unique
Opportunity for
Multi-Generational
Healing





Case Managers Contribute Significantly to...

- High quality, safe, effective, efficient, and timely healthcare services
- Benefit patients & family through knowledge and communication

Case Managers: The Unsung Heroes of a Complex Health System, 2019

Case Managers are Unsung Heroes of COVID-19 Hospital Care, Dec 2020

Unsung Heroes: How Case Managers are Leading the Movement Towards Value-Based Care, 2017

Unsung Heroes – Case Managers United to End Homelessness, 2021

For more information, please visit:



<https://www.infancyonward.org>

Thank You

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