



Tough Love is for Your Mama

STIGMA IN TREATING SUD DURING PREGNANCY

Brooke Schaefer MSN, FNP-C, RN

- ▶ Director Perinatal Substance Use Disorder Program
- ▶ Nurse Practitioner for the CHOICE Program (East, Anderson, Kokomo)
- ▶ Wife, mother, hippy, terrible CrossFitter, gardener, succulent obsessed



Disclosures:
None

Bias

- ▶ Inevitable
- ▶ Can be for or against a group or person
- ▶ Occurs in all aspects of life
- ▶ Controllable
- ▶ Can be subconscious

Implicit
Bias

- Hidden
- Sneaky

Explicit
Bias

- Loud
- Active intent

Which is worse?

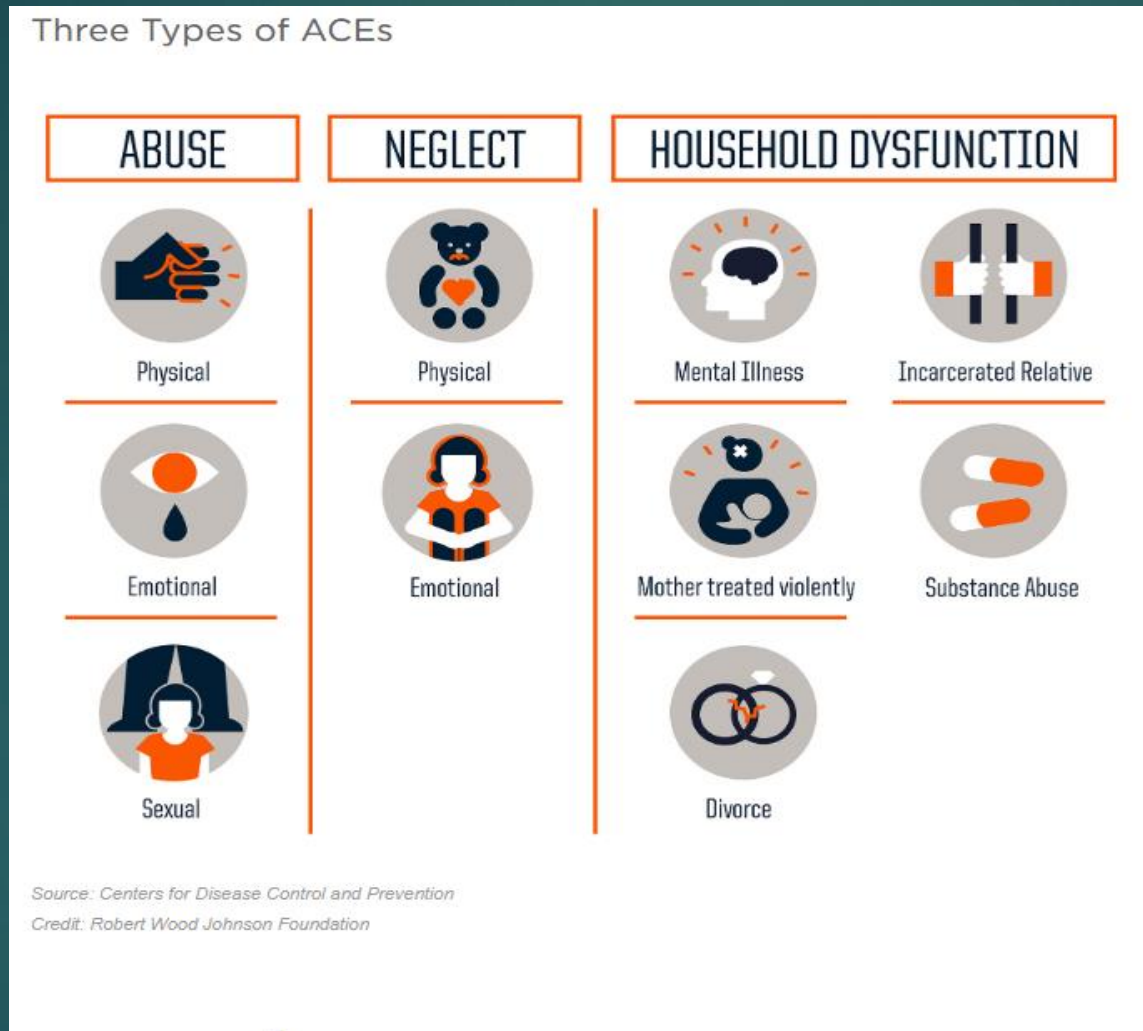
Implicit bias – an example

“Compared to white patients, black patients were 40% less likely to receive medication to ease acute pain and Hispanic patients were 25% less likely”

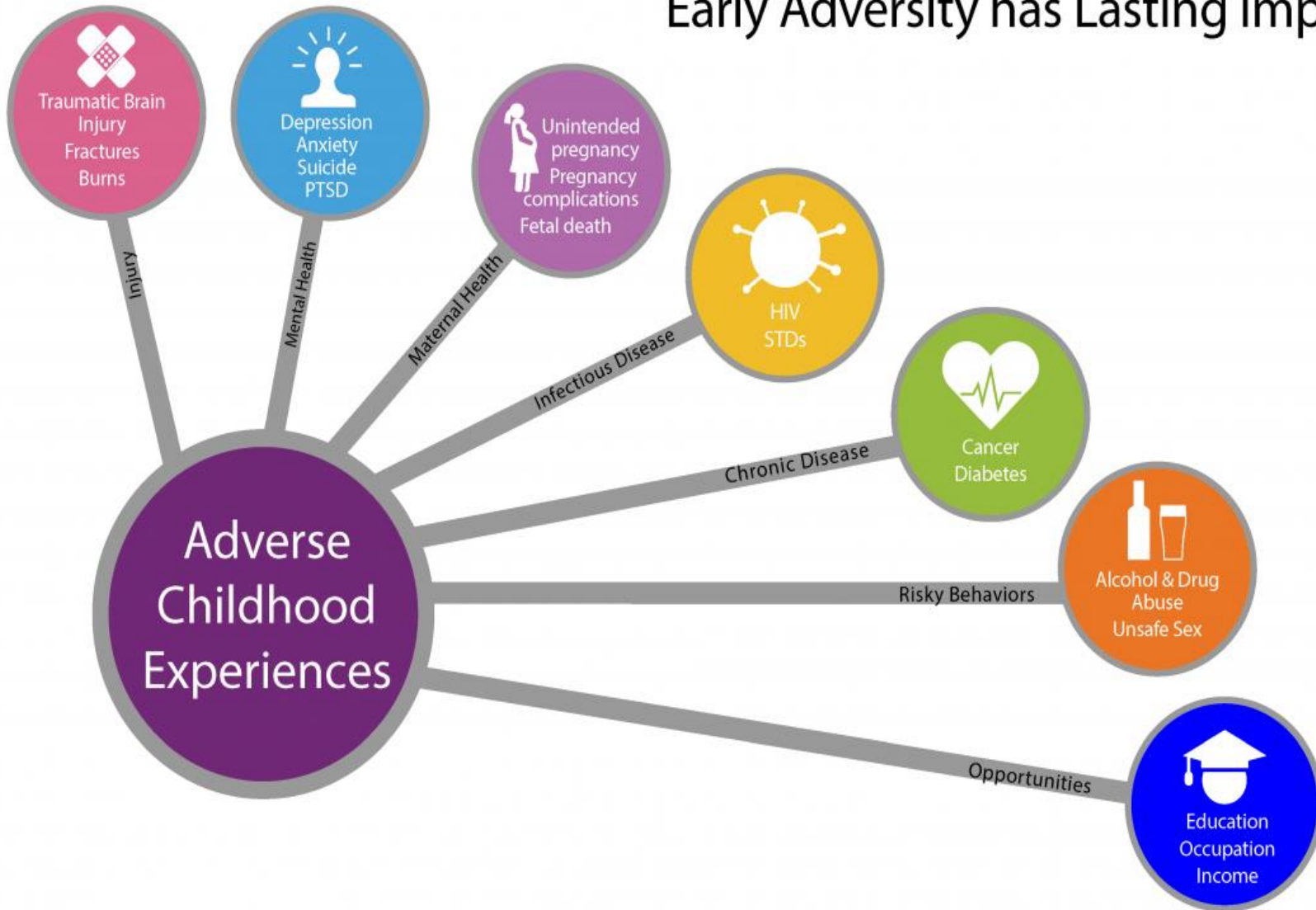


Being AWARE of our
biases help us fight
them

Trauma and it's link to SUD -

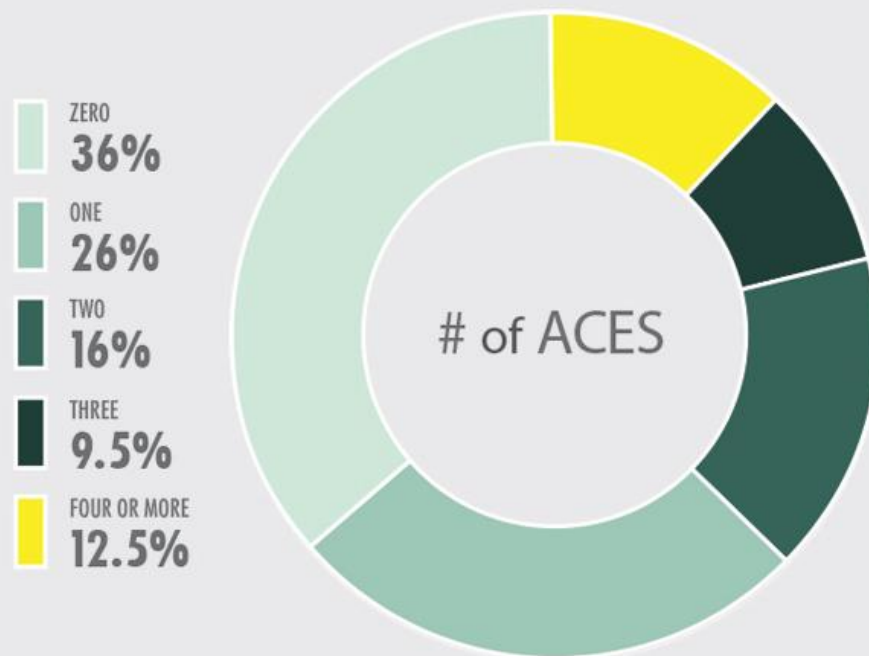


Early Adversity has Lasting Impacts



How Common are ACES?

ACE Study



https://www.cdc.gov/violenceprevention/acestudy/resources.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fchildabuseandneglect%2Facestudy%2Fresources.html



TANGENT STOP!!!

Let's dive in to stop!!!

Addiction vs. Dependency

Addiction:

-Use of substance regardless of harm and consequences

Dependency:

-Physical need
-Tolerance and withdrawal potential

Why should you care?

- ▶ Because:
 - ▶ You have to, even if you don't like it
 - ▶ Tell the fart story
 - ▶ It is the right thing to do
 - ▶ You like people or you wouldn't be here

7:18



Ashley Falconer
If you have a child that's addicted to drugs because you are! That should be a automatic felony they



Amy Stutz
They should all be taken away. And not give the parents a chance to get them back. If they didn't care enough while carrying the baby chances are they won't care much after having the baby either. This has become way too common and if nothing is done about it then why would they

Comments

Done

your mouth shut!!!

4y Like Reply



Maryam Dawn Fleming
What the hell is wrong with people. They need to steilize these women so they dont cause any 8njury to any little child.Right away they should lose their babies. No ands, if, or buts! !!!



Carolann Casagni
OMG People need to get there things under control !!!! I'm saying this out loud life sucks if your on drugs any kind don't bring a life into this world !!!!!!! Get your self fixed there is one thing our government can do give ever person on drugs mandatory birth control the end !SO SAD

11:09

5GE

Comments

Done



Gladys Ochoa
Mandatory sterilization for everyone under a certain age. You should pass a test and be licensed to have children. While yes they are addicts his will stop unwantes babirs from happening. Don't make enough money to support a kid? You wouldnt be able to have one if you were sterilized. No drugged up babies, or babies born to incompetent mothers.



Avery Maliikapu
These drug addict females should be spayed!!

7:15

5GE

Comments

Done



Hannah Brook Replied · 4 Replies



Bee Smith
If the moms continue to take drugs while carrying a baby soon as she as given birth take the child off her and remover her insides so she can't hurt another baby

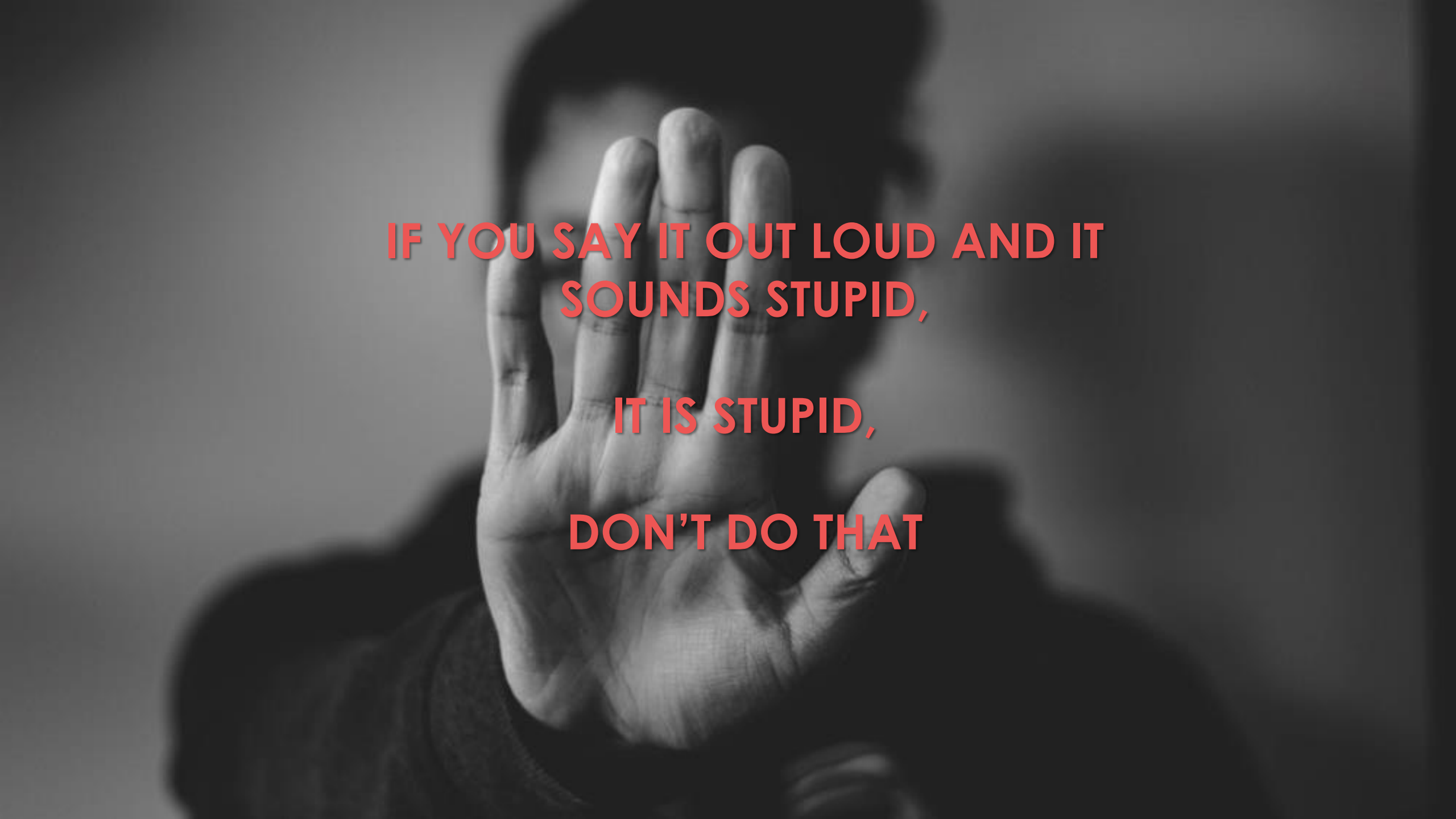
Why would people not get treatment?

Two main rules:



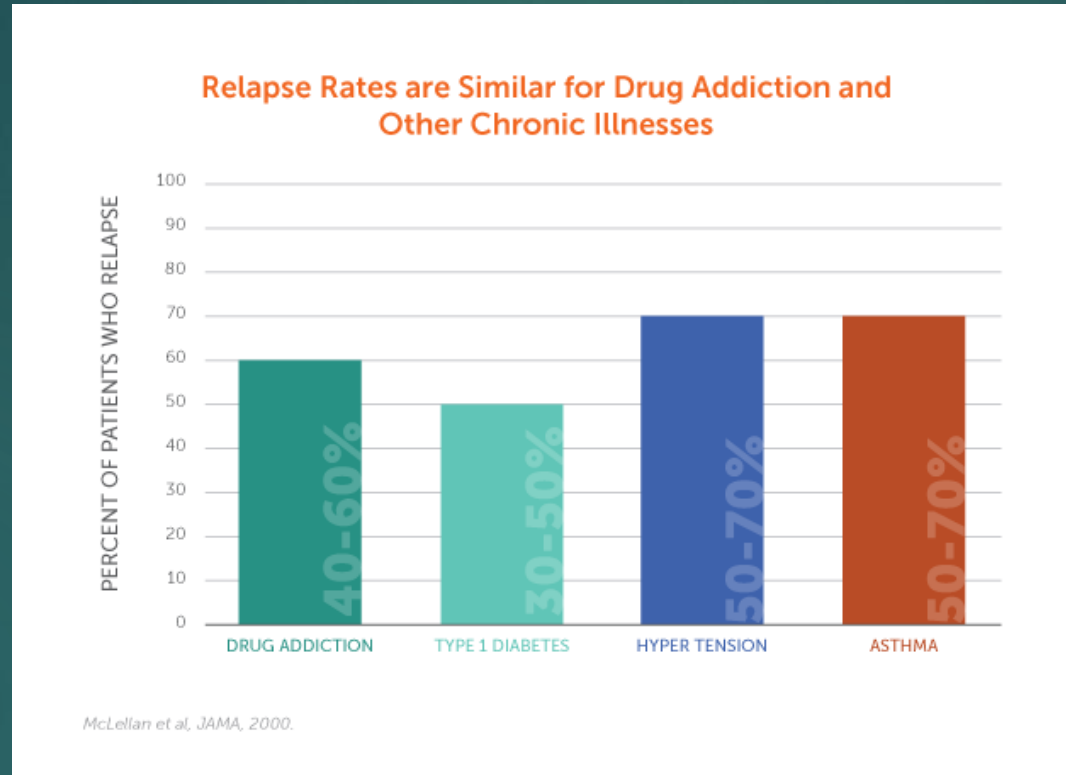
BE NICE

and...



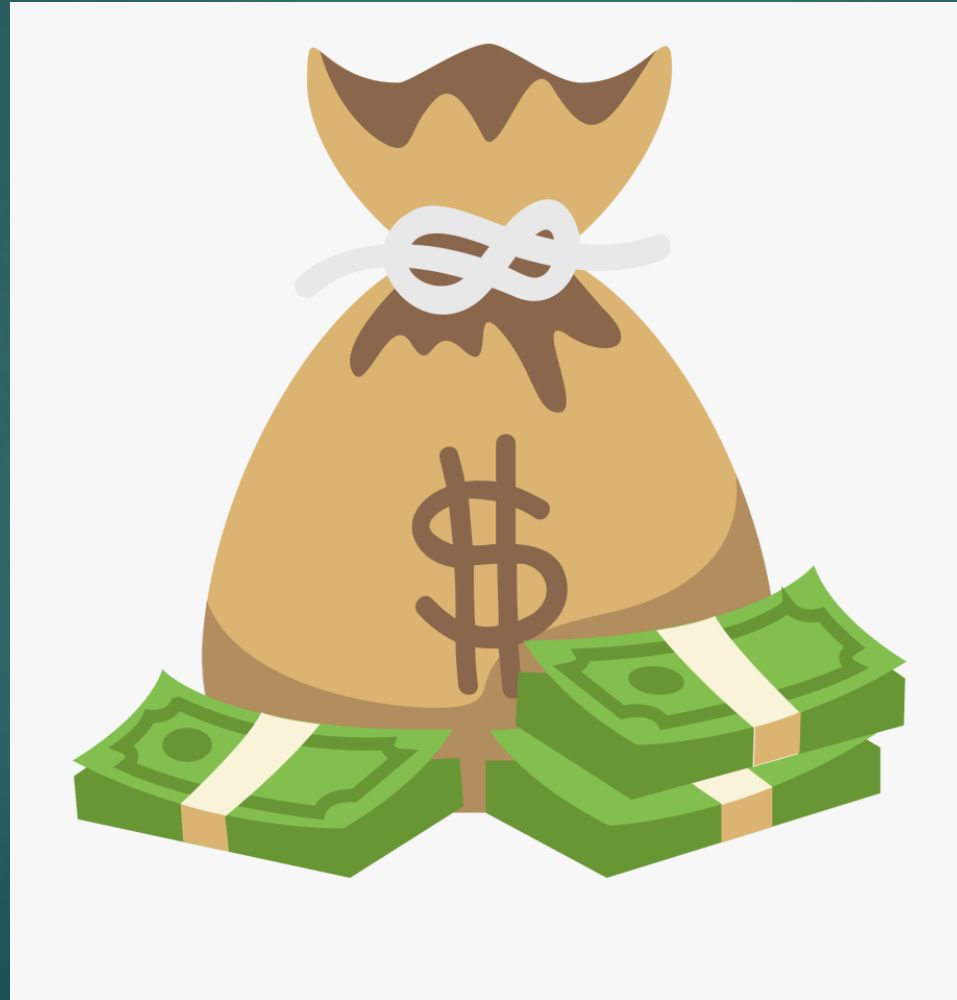
**IF YOU SAY IT OUT LOUD AND IT
SOUNDS STUPID,
IT IS STUPID,
DON'T DO THAT**

Relapse/Set Back? Not a failure!



- AND usually because they stopped therapy or treatment

If you can't get people to care for
the right reasons...



Results from our program:

- ▶ \$764K in savings over two years
- ▶ 39.9% reduction in neonatal length of stay
- ▶ Babies whose mothers took buprenorphine had a 25% lower incidence of neonatal abstinence syndrome (NAS) than babies whose mothers took methadone and spent 15.5 fewer days in the hospital.

Questions?



References

- ↵ https://www.healthcatalyst.com/success_stories/neonatal-abstinence-syndrome-chnw
- ↵ Luty J, Nikolau V, Bearn J. Is opioid detoxification unsafe in pregnancy? J Subst Abuse Treat. 2003;24:363–7. <https://www.sciencedirect.com/science/article/pii/S0740547203000357?via%3Dihub>
- ↵ Bell J, Towers CV, Hennessy MD, Heitzman C, Smith B, Chattin K. Detoxification from opioid drugs during pregnancy. American J of Obstet & Gynecol. 2016;; p. Proof Pending.
<https://www.sciencedirect.com/science/article/abs/pii/S0376871618300231>
- ↵ <https://www.cdc.gov/violenceprevention/childabuseandneglect/aces/fastfact.html>
- ↵ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4917415/>