



Fresh Start Recovery Centers

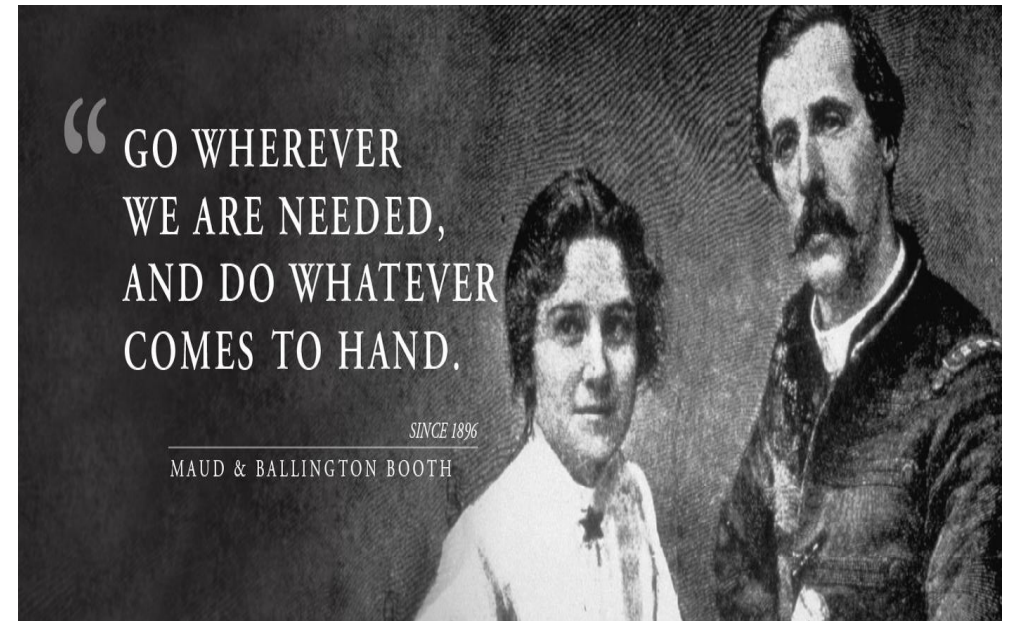
Kevin Moore

Senior Director/Outreach and Program Development

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Who is Volunteers of America?

- National Social Services Agency
- Around since 1896
- Multi-Service agency
- Homeless Veterans
- Re-entry
- Behavioral Health
- Housing



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Our Mission

- Develop an intervention to
 - Address the deadliest addiction crisis in recent history
 - Address the foster care crisis
 - Address the incredible increase of babies testing positive for opiates and other substances at birth
 - Ensure moms receive treatment while with child/children- no separation
 - Break the multigenerational addiction pathway that our families have been experiencing for decades
 - Provide treatment for individuals involved in the child services and/or criminal justice systems



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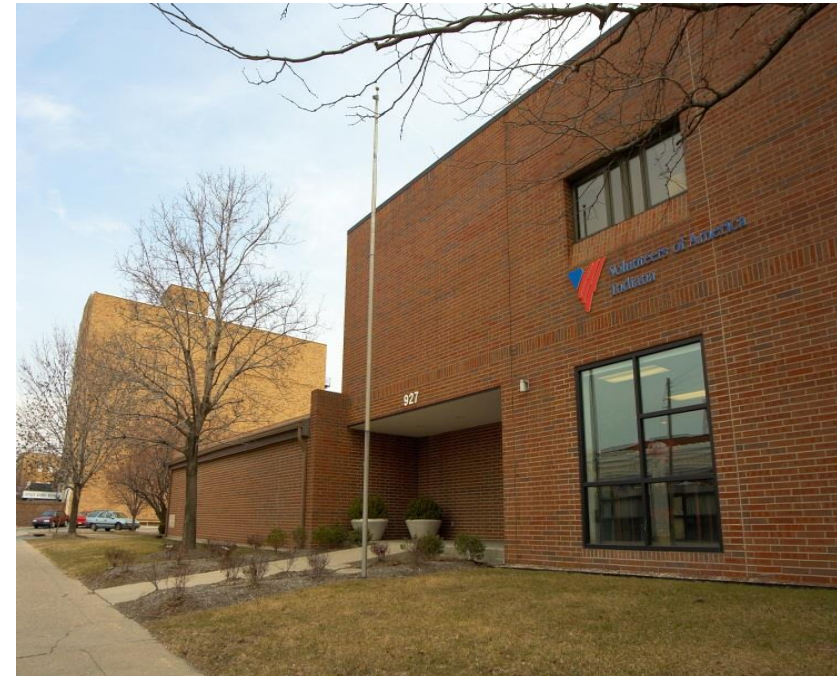
- Begin assisting women and their children in 2015
- Serves women with or without DCS cases
- Serves pregnant women
- Serves women with or without children

- High intensity residential substance use disorder treatment for pregnant women and mothers
- Can have up to two children with her ages 5 and under
- Target moms with newborns
- Parenting support and skills training

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Indianapolis

- 45 beds
- Update data
 - Served 271 Women (2018-2019)
 - Average age 30
 - 90% are DCS referrals
 - \$94,000 worth of barrier buster funding
 - Family Coach aftercare



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Winchester

- 23 beds
- Opened in June 2018
- Rural Indiana
- 115 women served (2018-2019)
- 73 children served



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Evansville

- Opened in August 2019
- 23 beds
- 77 Women served (2019-2020)
- 22 Children served



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Columbus

- Opened October 2020
- 25 beds



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Residential Phase 1 Acute

- Up to 30 days- May extend based on individual need
- Focus on initiating sobriety and recovery
- MAT Available
- 4 Hours of group treatment daily- includes processing and non-processing groups
- 1 Hour of weekly individual addiction treatment
- 1 Hour of weekly individual case management
- Clients cannot leave the facility without staff or approved formal or informal support by Case Manager or Treatment Counselor
- Family visitations can occur weekly
- Random drug screens

Residential Phase 2- Stepdown

- 54 Days- May extend based on individual needs
- Focus on aftercare planning and maintaining recovery
- 9 Hours of required group treatment weekly- includes processing and non-processing groups
- 1 Hour or more of required individual addictions treatment
- 1-2 Hours required of weekly individual case management
- Focus on community reintegration to utilize learned skills and remain in a safe and accountable environment.
- Can leave facility w/o providers or staff if pass is recovery focused
- Can obtain part-time employment, educational classes, or training
- Random drug screens, searches, and breathalyzers

COVID-19 Response and Prevention

- Daily wellness screening and temperature checks of clients and staff
- Restriction on passes
- Suspension of Saturday visitation
- Modified cell phone policy during Phase 1 (Acute Phase)
- Development of group cohorts (9 clients, 1 facilitator)
- Single room occupancy – census reductions



Access/ Referral

Access and Information Line- 1-833-659-4357

Email Referral Information- voaaccess@voaohin.org

- Team of trained staff providing information and community resources, prescreening, scheduling of assessment, and intake.
- Monday – Friday (8am-5:30pm)
- Emergency after hours access available

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Next Steps

- Providing accessibility to you and your teams
- Ensuring materials (brochures, access cards are provided to providers and patients)
- In-Services
- Contacts

Questions?

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