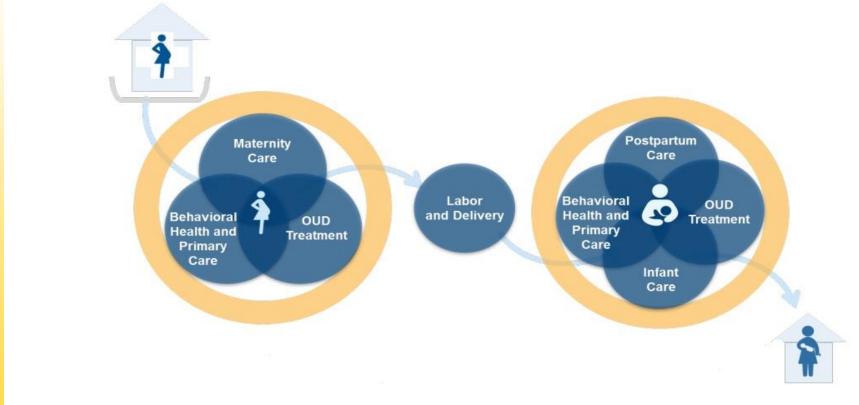


## Indiana Pregnancy Promise Program

Promoting Recovery from Opioid use: Maternal Infant Support and Engagement

A part of the U.S. Centers for Medicare & Medicaid Services Maternal Opioid Misuse grant

## U.S. Centers for Medicare & Medicaid Services Maternal Opioid Misuse grant





### Figure 25: Did substance use disorder contribute to the death? MMRIA Decisions Form (n=63)

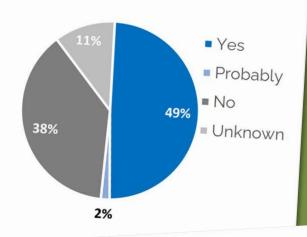
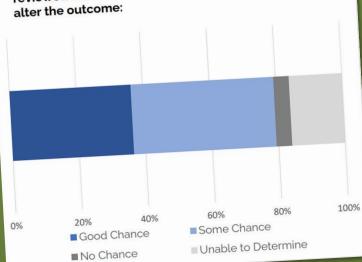


Figure 28: Chance to alter outcomes
Almost 80% of all pregnancy-associated deaths
reviewed had either a Good Chance or Some Chance to
alter the outcome:



# Why is the IN Pregnancy Promise Program Important? MMRC December 2020-2022:

- OUD is increasing in Indiana and nationwide, especially among women
- Substance use disorder was the most common contributing factor to maternal deaths, and likely contributing to over half of all pregnancyassociated deaths in 2018, 2019, and 2020
- The Maternal Mortality Review Committee deemed 87% of reviewed pregnancy-associated deaths were preventable.
- MOUD during pregnancy has a high rate of success

## What is the Indiana Pregnancy Promise Program?

The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past.

The goals of the Pregnancy Promise Program are for participants to:

- Enter prenatal care, postpartum and other physical and mental health care
- Access opioid treatment needed to achieve sustained recovery
- Address health-related social needs of the family
- Provide hope during pregnancy and after; set a strong foundation for the future



## Who can participate?

The Pregnancy Promise Program is available to pregnant individuals in the state of Indiana. To be eligible, participants must meet the following criteria:

- Pregnant or within 90 days of the end of pregnancy
- Identify as having current or previous opioid use
- Be eligible for or receive Medicaid health coverage

## **Pregnancy Promise Program Care Delivery Partners Managed Care Health Plans**









### **Referral Information**

To make a referral for yourself or someone you know:

Visit: PregnancyPromise.in.gov

Email: PregnancyPromise@fssa.in.gov, or

Call: 317-234-5336 or toll-free 888-467-2717



### Indiana Pregnancy Promise Program



### What are the Pregnancy Promise Program benefits?

- Connection: Participants in the Pregnancy Promise Program will be matched with a case manager. Case managers will offer confidential support during enrollment to be sure parents and infants receive the care and resources they need during and after pregnancy to be healthy and well.
- Coordination: Pregnancy Promise Program case managers will work with participants and their team of doctors and providers to coordinate care and identify community resources for families.
- Prevention: By connecting pregnant individuals with health care and treatment as early as
  possible, the Pregnancy Promise Program aims to reduce and prevent the negative impacts of
  opioid use to the parent and child.

To make a referral for yourself or someone you know, visit <a href="www.PregnancyPromise.in.gov">www.PregnancyPromise.in.gov</a>, email <a href="mailto:PregnancyPromise@fssa.in.gov">PregnancyPromise@fssa.in.gov</a>, call 317-234-5336 or call toll-free 888-467-2717.

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  negative impacts of opioid use to the parent and child.



## Program Experience

- Identify pregnant member with OUD
- Referral ("No Wrong Door" approach)
- Consent from potential enrollee
- Indiana Pregnancy Promise Program enrollment
- Initial assessments and screenings
- Care plan development
- Frequent engagement prenatal and postpartum
- Periodic review, reassessment and referrals
- Care coordination through 12 months for mother/infant
- Transition/program exit



### **Child Care Incentive**

- The Pregnancy Promise Program has partnered with the Office of Early Childhood and Out of School Learning (OECOSL) to provide access to childcare funds for Pregnancy Promise Program Enrollees.
- The childcare incentive waives the standard work and education requirements for individuals seeking childcare and replaces them with the individual's treatment and postpartum care follow- up needs.
- Participants will be given priority to receive childcare funds to access to safe, regulated childcare while they are attending appointments and treatment during the 12- month postpartum period.



# Join us for ECHO learning opportunities

- Treating OUD in pregnancy: for providers caring for pregnant members
- Supporting OUD in pregnancy: for case managers, community health workers and home visitors
- Caring for infants with NAS/NOWS: for providers in NICU/pediatrics



https://oudecho.iu.edu/tracks/



Indiana Pregnancy Promise Program
Promoting Recovery from Opioid use:
Maternal Infant Support and Engagement

2022 ANNUAL REPORT

"With the Pregnancy Promise Program,
I felt treated like a human,
I felt like SOMEONE
was listening to me."





### YEAR 1: JULY 1, 2021, TO JUNE 30, 2022

275 Pregnancy Promise Program enrollments

6 Program retention rate

82% Of infants born at healthy birth weight

75% Of infants with hospital stay of five days or fewer

% Of participants achieved sustained recovery during enrollment

100% Survival rate (overdose or otherwise)

>>> Highest enrollment among Maternal Opioid Misuse Model states in Year 1 🕢

#### **OUTREACH AND ENROLLMENT, YEAR 1**

20 Hospital and community events with My Healthy Baby initiative (IDOH, DCS, FSSA collaboration)

Of Indiana's 92 counties with enrollment

158 Community partner organizations engaged

394 Website referrals

Prospective enrollees identified and contacted

Of participants enrolled during the prenatal period

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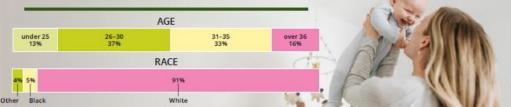
## 8

### Indiana Pregnancy Promise Program

Promoting Recovery from Opioid use: Maternal Infant Support and Engagement

### 2022 ANNUAL REPORT

### **ENROLLEE DEMOGRAPHICS\***





#### PROVIDERS AND CASE MANAGEMENT

12 Full-time RN or LSW case managers

35:1 Enrollee to case manager ratio

826 Provider professionals trained through our collaboration with IU project ECHO

,764 Successful case manager

98% Of enrollees screened for health-related social needs within seven days

219 Health-Related Social Needs referrals made (housing, transportation, safety, etc.)

### **SERVICE UTILIZATION, YEAR 1**

78% Of participants received OUD treatment services

85% Of participants who enrolled during pregnancy received prenatal care

**72%** Received medication for opioid use disorder

24 Infants enrolled in Pregnancy Promise childcare benefit









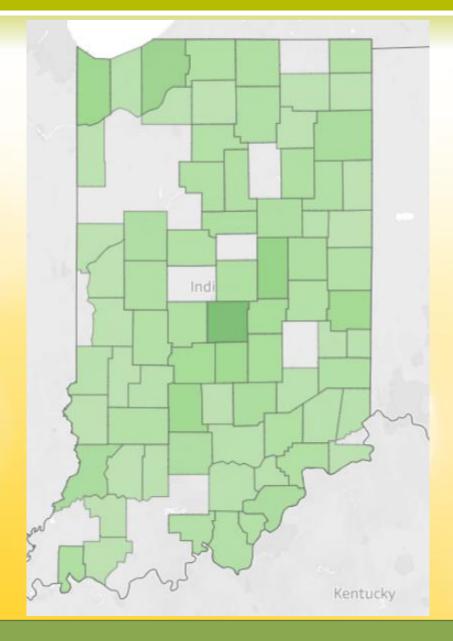


"Being a Pregnancy Promise Program case manager

has been so fulfilling, both intellectually and emotionally.

I am making a difference in someone's life."

\*A link to the full report can be found on the Pregnancy Promise Program website: www.pregnancypromise.in.gov



# Referral and Enrollment Updates as of 3/20/2023

- 3,051 individuals outreached statewide
- 435 individuals enrolled
- 887 referrals received through the FSSA website
  - 723 self-referrals
  - 45 loved one referrals
  - 119 provider referrals
- 74 counties with enrollment

## **Program Enrollee Testimony**

- "The Pregnancy Promise Program has been helpful for not only me but my family too. Our life is going in a new direction and I feel that the Pregnancy Promise Program case manager I worked with listened and helped me become the best version of myself. I feel like now I understand myself better and I know who I am. Without this program, my life may have been very different. I would recommend this program to others."
- "With the Indiana Pregnancy Promise Program I felt treated like a human, I felt like someone was listening to me."
- "Because of the Pregnancy Promise Program, I would like to take classes to become a peer recovery coach."
- "I was able to leave a violent situation with my baby and go to a safe community with my infant. This program allowed me to get child care while I work on safety, stability and recovery
- Prior to Indiana Pregnancy Promise Program I had miscarriages. This program helped me get treatment and I'm in love with my baby. I am working on housing and employment. I even got help going to the dentist."



## **Thank You!**



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