

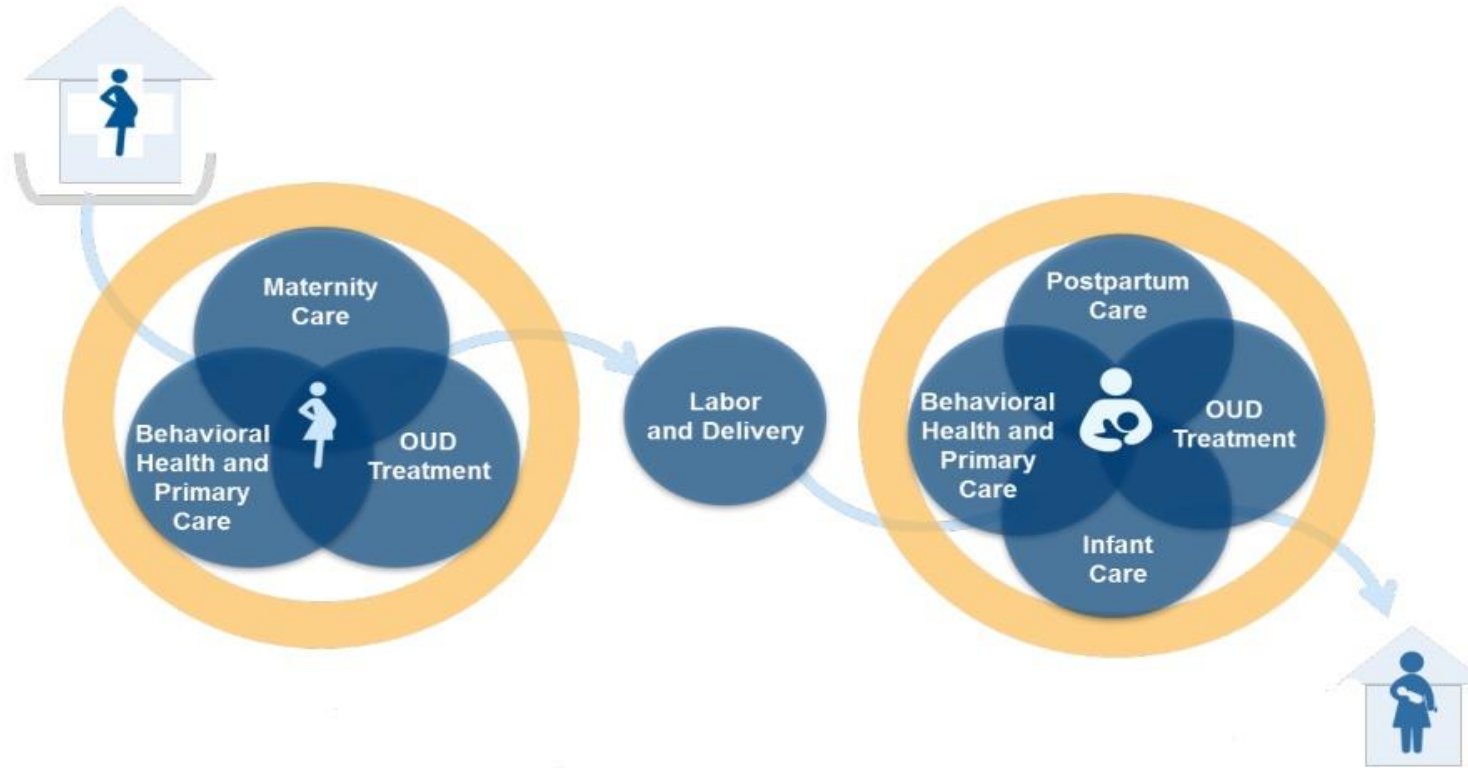


Indiana Pregnancy Promise Program

**Promoting Recovery from Opioid use:
Maternal Infant Support and Engagement**

A part of the U.S. Centers for Medicare & Medicaid Services Maternal Opioid Misuse grant

U.S. Centers for Medicare & Medicaid Services Maternal Opioid Misuse grant



This presentation is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,211,309 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government

Pregnancy Promise Program Project Team

- Elizabeth Wahl- Program Director
- Carey Michels- Project Specialist
- Dr. Maria Finnell- Chief Medical Officer
- Janice Childress- Data Coordinator
- Isaac Alumbaugh- Data Scientist
- Andrea Vermeulen- Federal Grants Coordinator
- Dr. Daniel Rusyniak- FSSA Secretary- Grant Applicant



Figure 25: Did substance use disorder contribute to the death?
MMRIA Decisions Form (n=63)

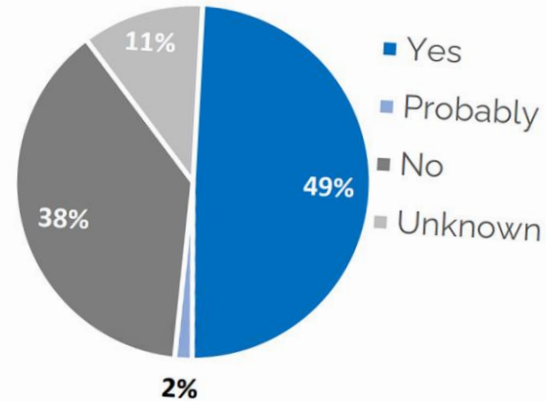
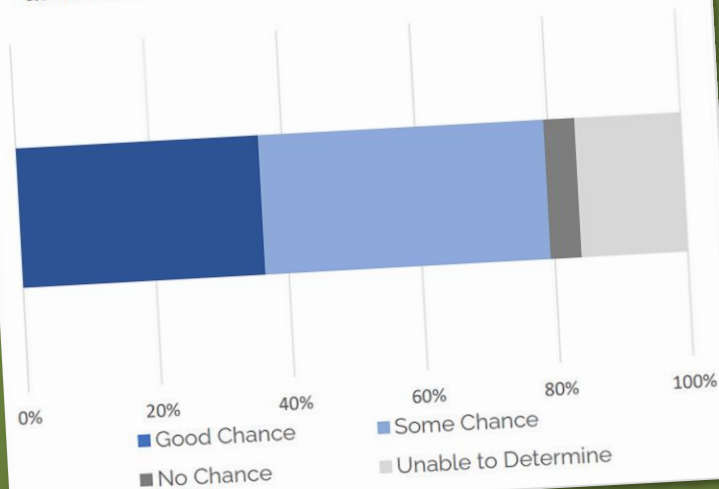


Figure 28: Chance to alter outcomes
Almost 80% of all pregnancy-associated deaths reviewed had either a **Good Chance** or **Some Chance** to alter the outcome:



Why is the IN Pregnancy Promise Program Important? MMRC December 2020-2022:

- OUD is increasing in Indiana and nationwide, especially among women
- Substance use disorder was the most common contributing factor to maternal deaths, and likely contributing to over half of all pregnancy-associated deaths in 2018, 2019, and 2020
- The Maternal Mortality Review Committee deemed 87% of reviewed pregnancy-associated deaths were preventable.
- MOUD during pregnancy has a high rate of success

What is the Indiana Pregnancy Promise Program?

The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past.

The goals of the Pregnancy Promise Program are for participants to:

- Enter prenatal care
- Access opioid treatment needed to achieve sustained recovery
- Receive ongoing support and follow-up care for the mother and infant during and after pregnancy
- Provide hope and set a strong foundation for the future



Who can participate?

The Pregnancy Promise Program is available to pregnant individuals in the state of Indiana. To be eligible, participants must meet the following criteria:

- Pregnant or within 90 days of the end of pregnancy
- Identify as having current or previous opioid use
- Be eligible for or receive Medicaid health coverage



Pregnancy Promise Program Care Delivery Partners Managed Care Health Plans



Referral Information

To make a referral for yourself or someone you know:

Visit: PregnancyPromise.in.gov

Email: PregnancyPromise@fssa.in.gov, or

Call: 317-234-5336 or toll-free 888-467-2717



Indiana Pregnancy Promise Program



What are the Pregnancy Promise Program benefits?

- **Connection:** Participants in the Pregnancy Promise Program will be matched with a case manager. Case managers will offer confidential support during enrollment to be sure parents and infants receive the care and resources they need during and after pregnancy to be healthy and well.
- **Coordination:** Pregnancy Promise Program case managers will work with participants and their team of doctors and providers to coordinate care and identify community resources for families.
- **Prevention:** By connecting pregnant individuals with health care and treatment as early as possible, the Pregnancy Promise Program aims to reduce and prevent the negative impacts of opioid use to the parent and child.

To make a referral for yourself or someone you know, visit www.PregnancyPromise.in.gov, email PregnancyPromise@fssa.in.gov, call 317-234-5336 or call toll-free 888-467-2717.

Making A Referral



I am submitting this form for?*

Please select an option

CONTINUE >

- After clicking **continue** you will be able to select between:
 - Myself
 - On behalf of a loved one and I have their consent
 - On behalf of a loved one and I do not have their consent
 - I'm a provider submitting this form on behalf of a patient

What are the Pregnancy Promise Program Benefits?

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Program Experience

- Identify pregnant member with OUD
- Referral (“No Wrong Door” approach)
- Consent from potential enrollee
- Indiana Pregnancy Promise Program enrollment
- Initial assessments and screenings
- Care plan development
- Frequent engagement prenatal and postpartum
- Periodic review, reassessment and referrals
- Care coordination through 12 months for mother/infant
- Transition/program exit



Child Care Incentive

- The Pregnancy Promise Program has partnered with the Office of Early Childhood and Out of School Learning (OECOSL) to provide access to childcare funds for Pregnancy Promise Program Enrollees.
- The childcare incentive waives the standard work and education requirements for individuals seeking childcare and replaces them with the individual's treatment and postpartum care follow-up needs.
- Participants will be given priority to receive childcare funds to access to safe, regulated childcare while they are attending appointments and treatment during the 12- month postpartum period.
- As of February 6th, 2023, 33 children have been able to access childcare as a result of this incentive.



Increase Provider Capacity

Project ECHO: free trainings, CMEs & CEUs

- Treating OUD in pregnancy: for providers caring for pregnant members
- Caring for infants with NAS/NOWS: for providers in NICU/pediatrics
- Supporting OUD in pregnancy: for case managers, community health workers and home visitors



CMS and Program Measures

- Address health-related social needs
- Initiation and engagement of OUD treatment
- Continuity of MOUD in pregnancy, at delivery and after
- Postpartum care and healthy birth-spacing, family planning (LARC)
- Infant outcomes, birth weight, NICU stay, pharmacological treatment





“With the Pregnancy Promise Program,
I felt treated like a human,
I felt like **someone**
was listening to me.”



YEAR 1 : JULY 1, 2021, TO JUNE 30, 2022

275 Pregnancy Promise Program enrollments
75% Of infants with hospital stay of five days or fewer
97% Program retention rate
93% Of participants achieved sustained recovery during enrollment
82% Of infants born at healthy birth weight
100% Survival rate (overdose or otherwise)



» Highest enrollment among Maternal Opioid Misuse Model states in Year 1 «

OUTREACH AND ENROLLMENT, YEAR 1

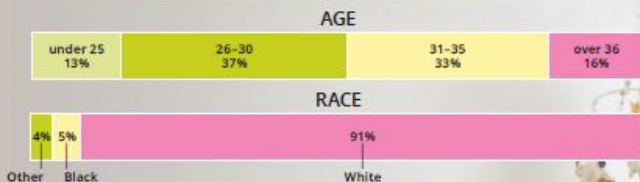
20 Hospital and community events with My Healthy Baby initiative (IDOH, DCS, FSSA collaboration)
394 Website referrals
68 Of Indiana’s 92 counties with enrollment
1,776 Prospective enrollees identified and contacted
158 Community partner organizations engaged
64% Of participants enrolled during the prenatal period



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ENROLLEE DEMOGRAPHICS*



PROVIDERS AND CASE MANAGEMENT

12 Full-time RN or LSW case managers
1,764 Successful case manager and enrollee contacts
35:1 Enrollee to case manager ratio
98% Of enrollees screened for health-related social needs within seven days
826 Provider professionals trained through our collaboration with IU project ECHO
219 Health-Related Social Needs referrals made (housing, transportation, safety, etc.)



SERVICE UTILIZATION, YEAR 1

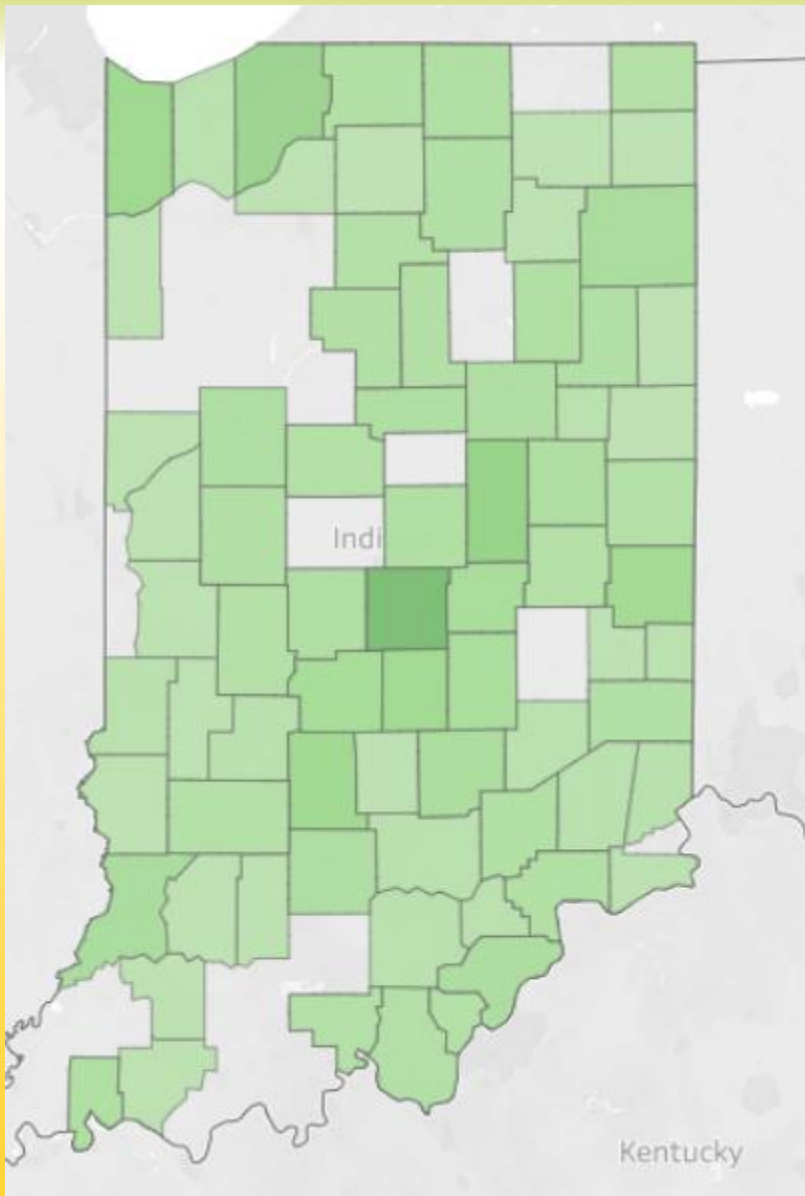
78% Of participants received OUD treatment services
72% Received medication for opioid use disorder
85% Of participants who enrolled during pregnancy received prenatal care
24 Infants enrolled in Pregnancy Promise childcare benefit.



“Being a Pregnancy Promise Program case manager has been so fulfilling, both intellectually and emotionally. I am making a difference in someone’s life.”

*A link to the full report can be found on the Pregnancy Promise Program website: www.pregnancypromise.in.gov

Referral and Enrollment Updates as of 3/6/2023



- 2,940 individuals outreached statewide
- 414 individuals enrolled
- 861 referrals received through the FSSA website
 - 699 self-referrals
 - 45 loved one referrals
 - 117 provider referrals
- 74 counties with enrollment
- FSSA Referrals Fully Enrolled-102

Program Enrollee Testimony

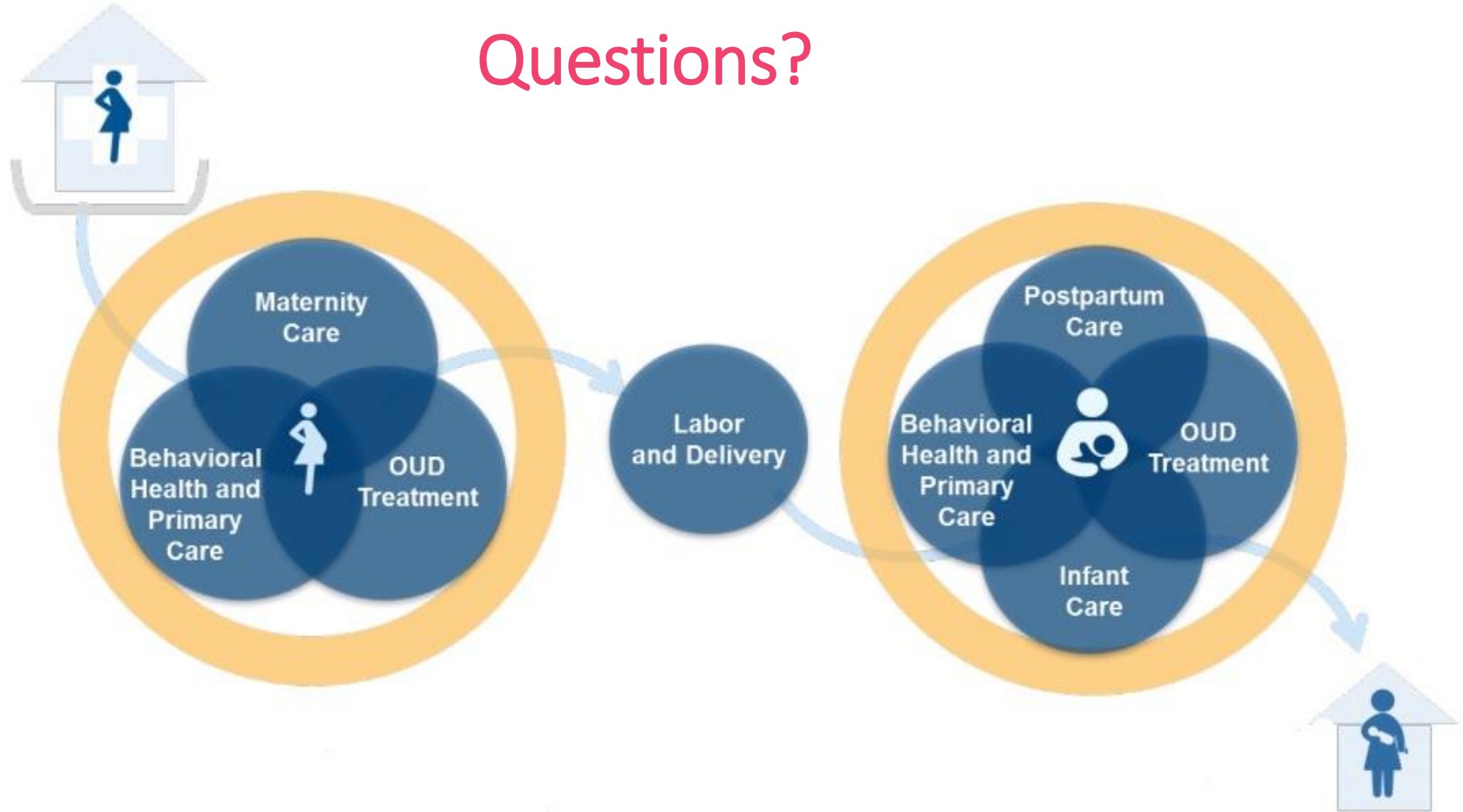
- “The Pregnancy Promise Program has been helpful for not only me but my family too. Our life is going in a new direction and I feel that the Pregnancy Promise Program case manager I worked with listened and helped me become the best version of myself. I feel like now I understand myself better and I know who I am. Without this program, my life may have been very different. I would recommend this program to others.”
- “With the Indiana Pregnancy Promise Program I felt treated like a human, I felt like someone was listening to me.”
- “Because of the Pregnancy Promise Program, I would like to take classes to become a peer recovery coach.”
- “I was able to leave a violent situation with my baby and go to a safe community with my infant. This program allowed me to get child care while I work on safety, stability and recovery
- “Prior to Indiana Pregnancy Promise Program I had miscarriages. This program helped me get treatment and I’m in love with my baby. I am working on housing and employment. I even got help going to the dentist.”



Pregnancy Promise Program case manager perspective

- “ I wasn’t searching for a new job when I came upon the opening for an Indiana Pregnancy Promise Program case manager position. As I read the description, there was something that called me to apply. Being a Pregnancy Promise Program case manager has been so fulfilling, both intellectually and emotionally. I have helped members who are actively using substances seek recovery. I have helped members who have been in recovery for years find community resources for housing, day care and other social determinates of health. I am able, with the help of many community resources, to give many members the boost that they so desperately need. I have left some days feeling defeated, but most days I feel like I am making a difference in someone’s life.”
- “ I became a nurse because I wanted to help others. Specifically, I wanted to have the knowledge to help family, friends and my community in times of medical emergencies and needs. I wanted to make a difference in the health and well-being of others. Opioid use disorder has taken the lives of many in my community. I wanted to help in some way and this position and program has allowed me to help those in the most critical areas of need. Helping a soon-to-be mother and unborn infant is very rewarding. I enjoy helping them achieve whatever goals they may have to accomplish overcoming this disorder.”

Questions?



Thank You!



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