# Reducing Substance Use among Justice-Involved Youth: Strengthening Community-Level Partnerships between the Behavioral Healthcare and Juvenile Justice Systems

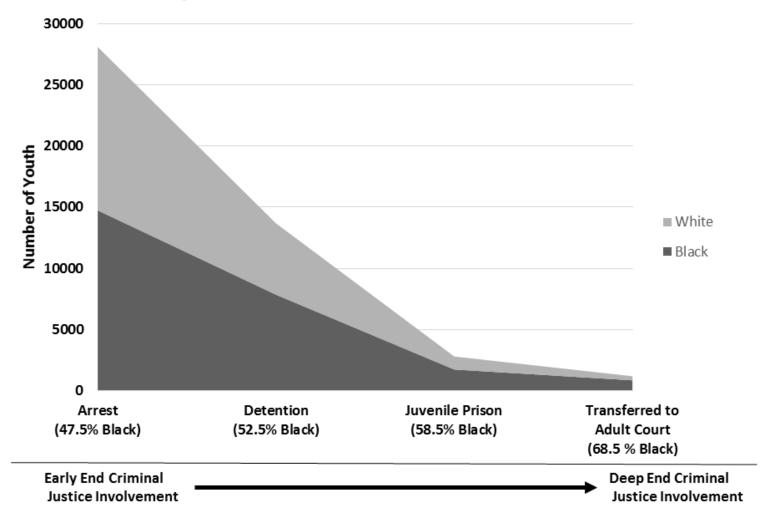
Matthew Aalsma, PhD
Professor of Psychology and Pediatrics
Director, Adolescent Behavioral Health Research Program
Director, IUSOM Juvenile Forensic Assessment Clinic
maalsma@iu.edu

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Figure 1. Disproportionate Minority Contact at Transitions within the Criminal Justice System: White and Black Youth



# Mental Health of Detained Youth

 Youth in juvenile justice system have high rates of psychopathology (60-75% of detained youth)

# Young men:

3% psychotic illness, 10% major depression, 11%
 ADHD, 52% conduct disorder

# Young women:

3% psychotic illness, 30% major depression, 18%
 ADHD, 52% conduct disorder

# Substance Use of Detained Youth

- Detained youth
  - Almost 50% of detained youth meet criteria for a substance use disorder
  - Roughly 10% have a comorbid mental health and substance use disorder
- Youth in general population
  - Roughly 10% meet criteria for substance use disorder

# Mental Health of Detained Youth

- Youth released from detention centers/correctional facilities tend to be rearrested
- Untreated mental health strong predictor of recidivism
- Effective treatment available (Multi-systemic therapy, Functional Family therapy, Wraparound)

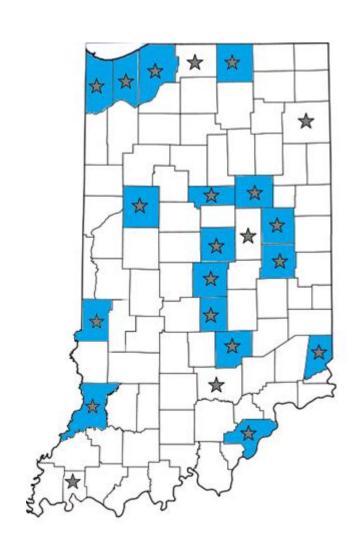
# Substance Use Treatment of Detained Youth

- Generally, treatment for adolescents with SUDs has been found to be effective for reducing SU
- However, very few youth in criminal justice system utilize services

# Indiana and Substance Use Treatment

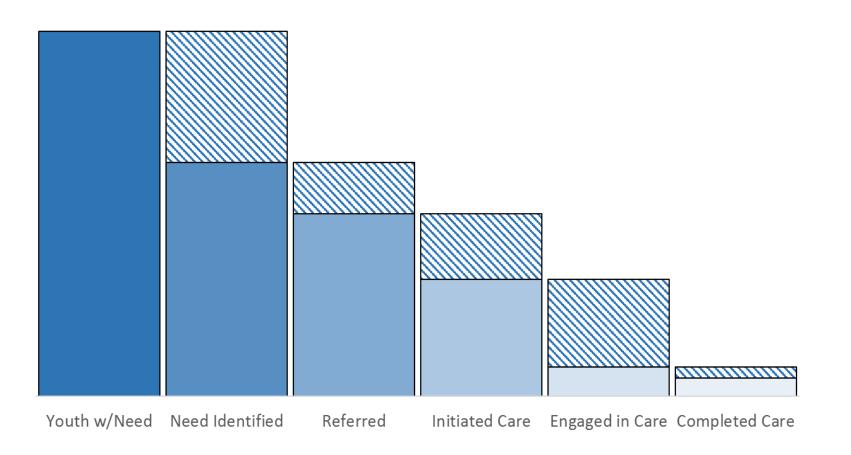
- Opioid crisis
  - Indiana 14<sup>th</sup> highest rate of drug overdose
  - More than 60% overdoses attributed to opioids
  - Rural jurisdictions have highest rates
- Indiana 46<sup>th</sup> worst for access to behavioral health/addiction care
  - Rural counties workforce development

# MH Screen Participating Counties 2019



## **Substance Use Disorder Care Cascade:**

Individuals involved in the justice system who need evidence-based (i.e., quality) addictions services are not getting access to or completing care



# Results - Organizational Properties

Juvenile Justice

Community Mental Health

- High flexibility & autonomy
- "CMHCs are like battle ships.
   The JJ system is like a speedboat, so it's just a difference in how we move about and navigate care and treatment." JJ administrator

- Formalized daily processes, little independence
- Have to adhere to funding requirements for multiple agencies
- Concern about time –
- "The therapist time, therapists are not easy to come by ... So devoting an extra hour a week [to supervision calls for the project] ... Might be a challenge."

# Results – Individual and Shared Perceptions

Juvenile Justice Community Mental Health

- Reported readiness to implement screening practices (ORIC Mean = 4.1)
- Organization focused on providing EBP services (Focus on EBP Mean = 4.5)
- Expressed worry that CMHC would not have capacity to take referrals

- High sense of focus on EBP (Mean = 4.1) and sense that organization was ready to implement EBP (Mean = 4.0)
- Therapist worries about time
- Case manager excitement about being involved in more clinical work, administrator excitement about utilizing case manager time

# Results – Work Performance

# Juvenile Justice

# Community Mental Health

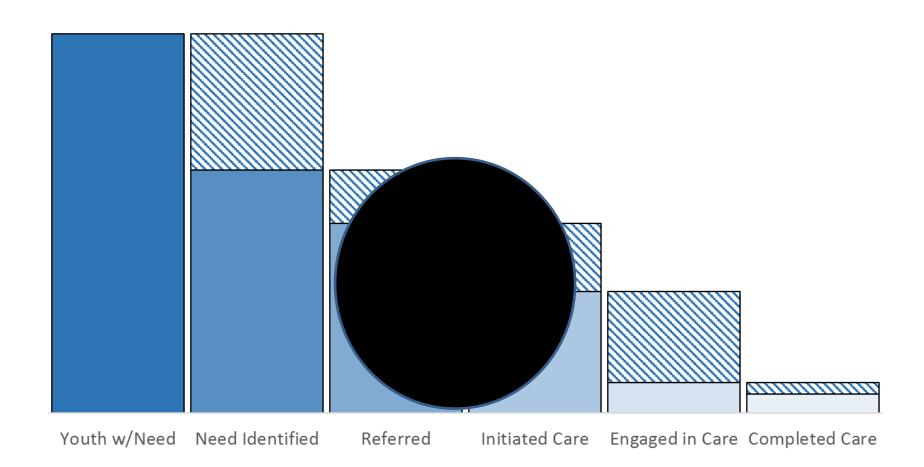
- Treating youth substance use is very important –
- "If we don't treat it now, they're just going to keep using and that just causes more problems for them and their families." – probation officer
- Skepticism about youth being "honest" reporting substance use during intake

- Also a sense that treating youth substance use is very important
- Concern that staff are not prepared/trained to treat substance use disorders –
- "from a case manager perspective, we have staff, but not staff trained in substance abuse." – clinic administrator

# Lessons learned

- JJ system can implement screening/assessment practices
- CMHCs open to training in EBP, with support for billing time lost
- Alliance between JJ and CMHCs was fraught
- Unclear on who showed up for services and when

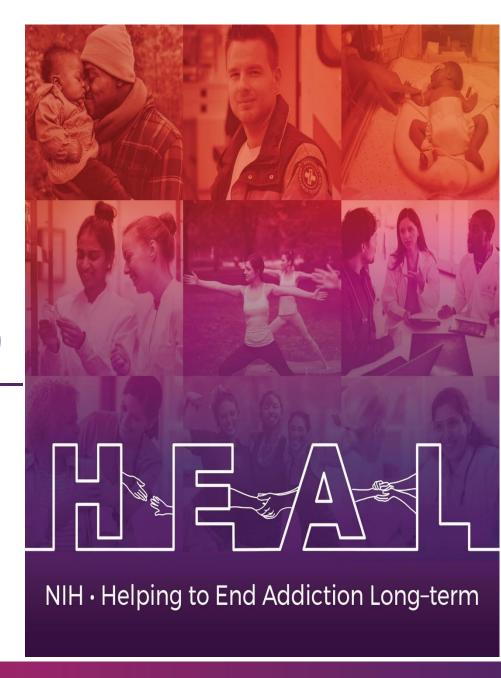
# Lessons learned



# Justice Community Opioid Innovation Network (JCOIN)

National Institute on Drug Abuse

https://heal.nih.gov/research/research-to-practice/jcoin



## **JCOIN Research Hubs: Protocols and Themes**

# STATE POLICY ROLLOUTS

#### **BAYSTATE (MA)**

Eval of new state policy mandating MOUD in jails

Jail (7)

#### NYSPI (NY)

Practice guidelines / state impl strategy for opioid court model

**Drug Court (10)** 

#### **YOUTH / PREVENTION**

#### IUPUI (IN)

Learning health systems + opioid care cascade in juvenile justice

Juvenile Justice (8)

# CASE MANAGEMENT / PEER NAVIGATION

#### U. of CHICAGO (IL)

Recovery case management + harm reduction

Jail (4) / Prison (2)

#### U. of KY (KY)

Telehealth / MOUD engagement for women

Jail (9)

#### TCU (TX, IL, NM)

System-level impl strategy + Opioid Tx Linkage Model

Probation/Parole (18)

#### CHESTNUT (IL)

Adaptive version of Recovery Management Checkups

Jail (6)

## YALE (CT, MN, NY, NC, PR)

Primary care + CHWs for OUD treatment engagement

Jail (6)

#### BROWN U. (RI, PA, NC)

Org-level impl strategy + Peer support specialists

Probation/Parole (7)

# MOUD COMPARATIVE EFFECTIVENESS TRIALS

#### NYU SOM

(NY, CT, DE, NH, OR)

XR-Naltrexone vs. XR-Buprenorphine (Sublocade)

Jail (5)

#### FRI (MD)

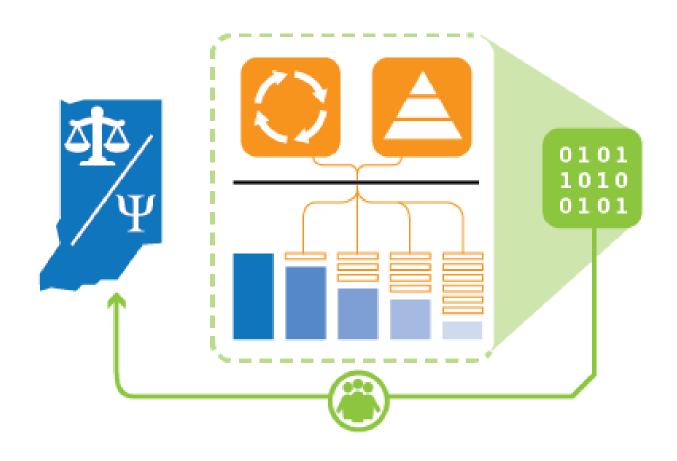
XR-Naltrexone vs. XR-Buprenorphine (CAM2038/Brixadi)

Jail (10)

Organizational intervention + client-level intervention

# Alliances to Disseminate Addiction Prevention and Treatment (ADAPT):

A Statewide Learning Health System to Reduce Substance Use among Justice-Involved Youth in Rural Communities



# **ADAPT Sites**

(and intervention dates)

#### Group 1, 10/01/20:

**Bartholomew** 

**Porter** 

Madison

#### Group 2, 04/01/21:

**Hendricks** 

**Delaware** 

Pulaski

#### Group 3, 10/01/21:

Monroe

Wabash

Tashi Teuschler

Assistant Director
Office: (317) 234-8773
Cell: (812) 360-2768
tashi.teuschler@courts.in.gov

Ashley Barnett

Office: (317) 234-8774 Cell: (317) 457-9925 ashley.barnett@courts.in.gov

Megan Horton

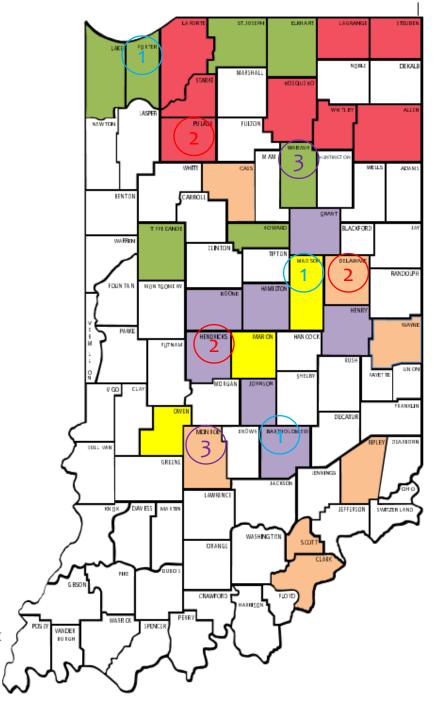
Office: (317) 234-9718 Cell: (419) 481-1900 megan.horton@courts.in.gov

Tyler Mason

Office: (317) 234-6007 Cell: (317) 412-0878 tyler.mason@courts.in.gov

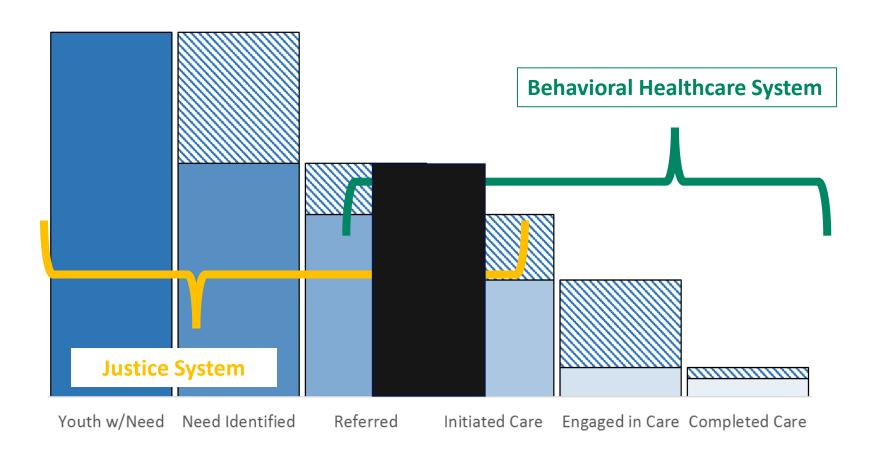
Brittany Simmons Office: (317) 234-8750

> Cell: (317) 621-2137 brittany.simmons@courts.in.gov



## **Substance Use Disorder Care Cascade:**

Justice-involved individuals navigate between two systems of care



# Alliance building (JJ+CMHC)

- Generate <u>joint</u> local solutions to Cascade
- Communicate and address roles and goals
- Learn about "black box"

# **Justice System**

- Flexibility & autonomy
- Focus on diversion
- "CMHCs are like battle ships.
   The JJ system is like a speedboat, so it's just a difference in how we move about and navigate care and treatment."

## **Behavioral Health System**

- Formalized daily processes, little independence
- Emphasis on care retention
- Funding requirements from multiple stakeholders
- "The therapist time [is] not easy to come by ... so devoting an extra hour a week [to regular meetings] might be a challenge."

# Data-driven continuous quality improvement

- Review local Cascade data to visualize gaps in care
- Tailor solutions to local needs
  - Screening at intake
  - Referral processes for diversion/informal probation
  - Peer recovery coaches
  - Brief substance use interventions
- Define intervention success and failure

# **Conclusion**

- Adolescents need access to evidence-based SUD services
- Facilitating care engagement is difficult
- Shifting landscape in JJ and CMHC systems provide opportunities for innovation
  - Role of probation officers
  - Emphasis on diversion
  - Peer recovery coaches

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