



Fresh Start & Turning Point Recovery Centers

Residential Substance Use Treatment

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Senior Director, Outreach & Program Development

Offer Hope Restore Dignity Transform Lives

Volunteers of America

Since 1896, Volunteers of America's mission has been to transform lives and help people reach their full potential. We are part of a national, faith-based, non-profit impacting communities across Ohio & Indiana.

Impact Areas

- Veterans
- Residential Reentry
- Behavioral Health
- Housing



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Fresh Start Begins in 2015

- High intensity residential substance use disorder treatment (ASAM 3.5 LOC)
- Our focus is women who are pregnant and mothers
- Moms can have up to two children with her ages 5 and under



Services

- Medical Services
 - Nurse Practitioner / MD Evaluations
 - Medication Assisted Treatment
- Group and Individual Counseling
- Life skills and Parenting groups
- Case Management
- Aftercare for women who are pregnant and mothers with newborns



Fresh Start Recovery Center | Theodora House



- 40 beds
- Opened 2015
- 927 N. Pennsylvania Ave
Indianapolis, Indiana

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Fresh Start Recovery Center – Winchester House



- 18 beds
- Opened June 2018
- Rural Indiana

Fresh Start Recovery Center – Evansville House



- 16 beds
- Opened August 2019
- Southwest Indiana

Fresh Start Recovery Center | Columbus House



- 14 beds
- Opened October 2020
- Southeast Indiana

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Pregnant & Parenting Program Outcomes

- Our focus is any woman who is pregnant in Indiana with substance use disorder
- Started January 2018
- Ball State College of Health is evaluating
- Residential Phase—Fresh Start Recovery Center
- Aftercare Phase—Family Coach
- Referred by:
 - Health care (43%)
 - Self (36%)

Pregnant & Parenting Program Outcomes

Opiate use pilot grant for pregnant women

- 94 women who were pregnant
- 50 births
- 78% no NICU stay for Neonatal Abstinence Syndrome (NAS)
- 74% of newborns had no unprescribed medications in their system
- 73% completed the residential phase





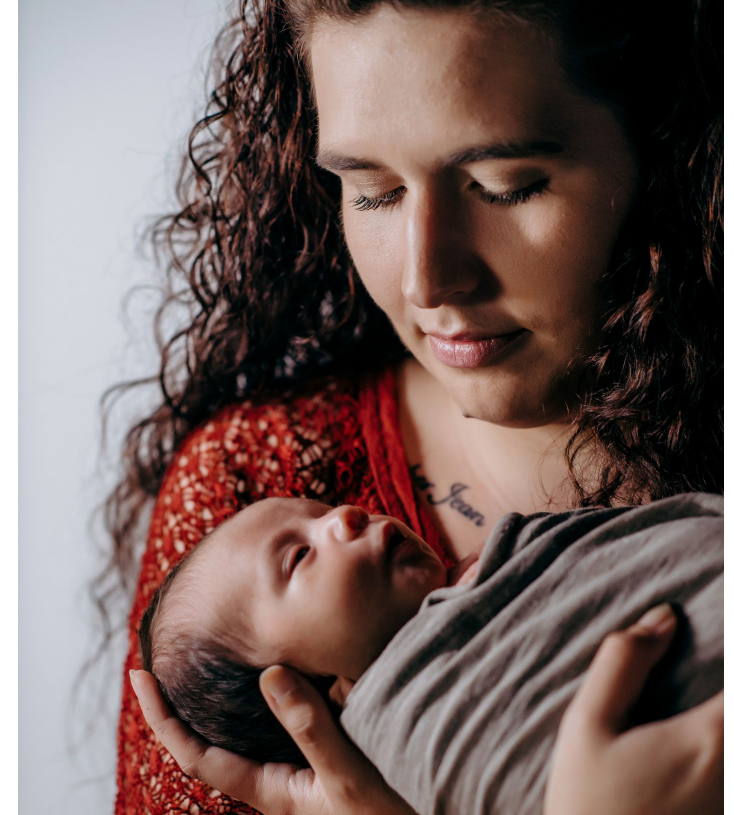
Pregnant & Parenting Pilot Outcomes

- 67% of moms breast fed
- 96% immunizations
- 9 open DCS cases
- 78% of moms on Medication Assisted Treatment

Fresh Start Recovery Centers - Who to Refer

Women with SUD – particularly opioids

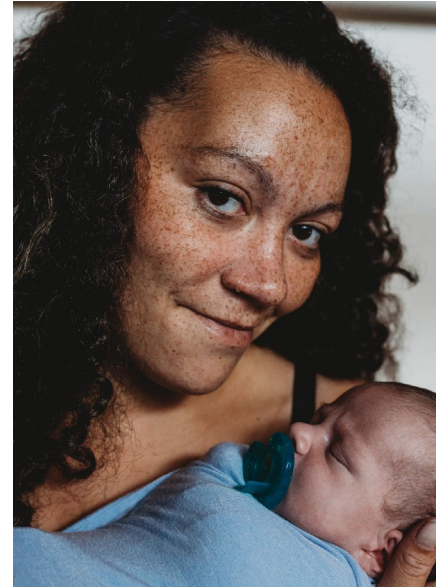
- At least 18 years old
- Pregnant or parenting
- With or without children
- With or without DCS involvement
- Releases/Violators
- Assess at 3.5 ASAM level of care



Family Preservation Services

Keeping families together through family-focused supportive services at home with a Family Coach.

- Focus on mothers of Fresh Start Recovery Centers during and after residential treatment
- Marion County & within 1hr radius
- Parenting & life skills development
- Individual, group, & family therapy



Outpatient Treatment Center

Experienced clinicians providing individualized treatments plans through innovative, results-driven substance use and mental health treatment.

- Assessment, case management, intensive outpatient services each week
- Counseling for individuals, groups, couples, & families
- Social, coping, employment skills
- Medication Assisted Treatment (MAT)



Turning Point Recover Center – Men's Program

- Located in Indianapolis
- Focus on reentry/criminal justice populations
 - ASAM 3.5
 - Matrix Model
- Capacity 15
- Priority population - TRV



How to Refer

Contact our **Access Center** to speak with a trained specialist to initiate a referral:

833.659.4357 (Toll Free)

voaaccess@voaohin.org

voaohin.org/fresh-start

- Contacts are processed M-F from 8:00 am to 4:00 pm
- Determines eligibility, level of care, and funding sources
- Clients do not pay out of pocket. We accept Medicaid, DCS funding, and have other grants based upon eligibility

Marion Co.
Health Dept.
Stigma
Reduction
Training –
FREE – All
participants
receive \$10
gift card

Explore

- Explore the prevalence of Substance Use Disorder and Pregnancy in Indiana

Understand

Understand the Basics of Addiction & Consequences of untreated SUD during pregnancy

Consider

Consider why women with SUD may avoid treatment

Discover

Discover ways to reduce stigma and help address and contribute to providing the best care to this marginalized population



Thank you.

How can we help? Please reach out for next steps and any questions we may answer.

Tasha Brown

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