



OverdoseLifeline



Camp Mariposa – Aaron's Place

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Naloxone Distribution

- 300+ NaloxBoxes placed or in-progress
- 18 Naloxone vending machines placed or in-progress
- 200+ Naloxone Distributors



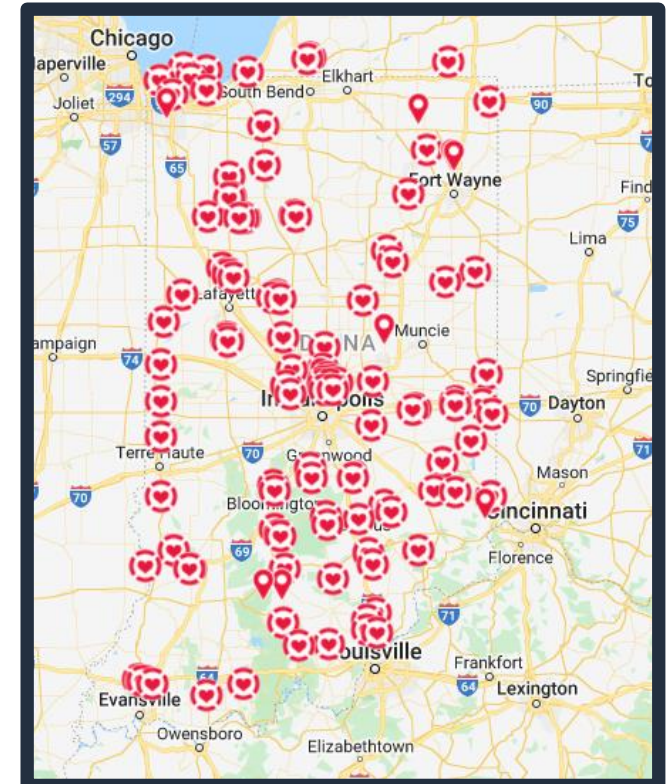


OverdoseLifeline

Visit Overdose Lifeline's website:

- Request FREE naloxone kit and Fentanyl Test Strips mailed to you
- Locate a local community partner that can provide naloxone
- Locate a NaloxBox: Free Naloxone.
Accessible 24 hours a day at an outside location, no personal interaction needed.

VISIT: OVERDOSELIFELINE.ORG



Indiana School Naloxone Project

Overdose Lifeline, through support from the CareSource Foundation, offers a **free training for** Indiana school nurse and health personnel on how to develop a Naloxone Emergency Preparedness and Response Plan within their school, the training also provides free naloxone, and emergency medication boxes.

In person and online training available. To learn more visit <https://www.overdoselifeline.org/indiana-school-naloxone-project/>



Youth Substance Use

- US fatal overdoses in teenagers have nearly doubled from 2019 – 2020.
 - **492** in 2019 to **954** in 2020
 - **77%** of all teen overdose deaths involved fentanyl (Chatterjee, 2022).
- **17.3%** of Indiana students ever took a prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (IDOH, 2022).
- **10,571** Indiana school suspensions or expulsions related to alcohol, tobacco and/or drug use (Indiana Department of Education, 2020).

Youth Substance Use Initiation

15

Median age of any
substance use

12

Average age of
early initiation
(10th percentile)

Indiana Youth Mental Health

2021 Indiana Youth Risk Behavior Survey:

30.7%

Mental health was “not good” most of the time or always

46.9%

Sad or hopeless every day for at least two weeks in a row

19.5%

Got the social support or help they need most of the time or always

27.7%

Seriously considered attempting suicide

22.2%

Made a plan

11.8%

Attempted suicide



Camp Mariposa – Aaron's Place is a year-round addiction prevention and mentoring program for youth ages 9-12 affected by the substance use disorder of a family member. Created by the Eluna Foundation.

We provide a safe and supportive environment where youth can connect with peers and caring adult mentors. We aim for a 1:3 mentor to camper ratio at every camp. At weekend camps, youth build confidence, learn coping skills that help break the cycle of addiction, and HAVE FUN!

Overnight weekend camp sessions (Friday-Sunday) occur 6 times per year. All Camp Mariposa-Aaron's Place activities are provided **free of charge**.

Adverse Childhood Experiences (ACEs)

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce



The Impact of ACEs

- In 2019, 60% of childhood household removals in Indiana were due to parental substance use (IYI, 2022).
- 20.9% of children in Indiana have experienced at least 2 ACEs (IYI, 2022).
- Early childhood trauma causes changes in brain development that can decrease the ability of children to manage stress, emotions, and ultimately increase the likelihood of substance use and addiction, creating an intergenerational cycle of addiction (Hays-Grudo et al., 2021).
- 45.5% of 8th Graders who engaged in substance misuse in Indiana reported a reason for use was household dysfunction (IYI, 2021).

Youth with high ACEs who experience connectedness within a community outside of their home are less likely to engage in substance misuse and risky behavior that contributes to violence (CDC, 2014). Enriching nurturing relationships and providing effective resources to these kids can mitigate some of the short- and long-term impacts of trauma (Hays-Grudo et al., 2021).



Target Population

- Camp Mariposa Aaron's Place 2022 Cohorts: 42 Youth ages 8-12 who are impacted by the substance use disorder of a family member
- Adverse Childhood Events (ACEs) and Risk Factors:
 - **52%** have experience in the foster care system
 - **81%** have family mental health conditions/diagnoses
 - **36%** have experienced abuse and/or neglect
 - **79%** have experienced grief or loss due to death, separation, or incarceration

Camp Mariposa: Aaron's Place Objectives

- Delay onset of first use of alcohol and substances
- Prevent or reduce involvement in juvenile justice system
- Connect program participants with caring and supportive mentors
- Create a positive peer support network for program participants
- Provide opportunities to participate in pro-social activities
- Build confidence and learn critical life skills
- Provide opportunities for kids to have fun



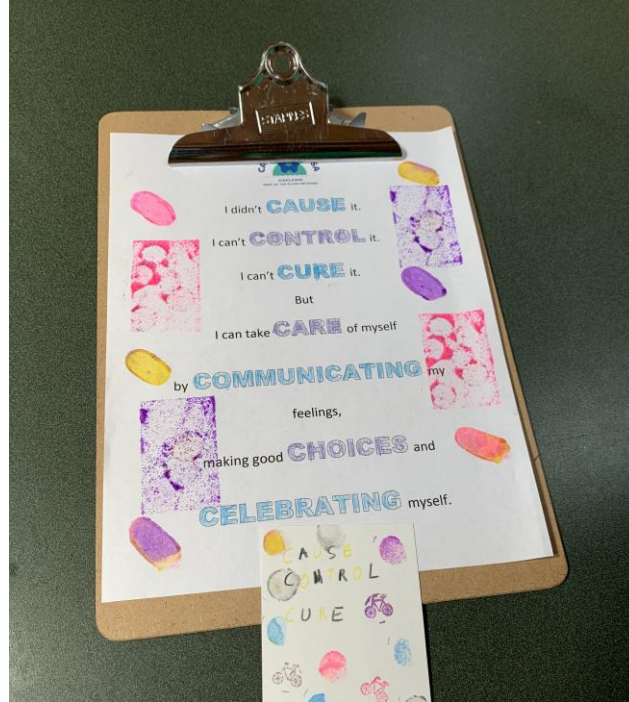


Indianapolis, IN



Bloomfield, IN

Camp Locations



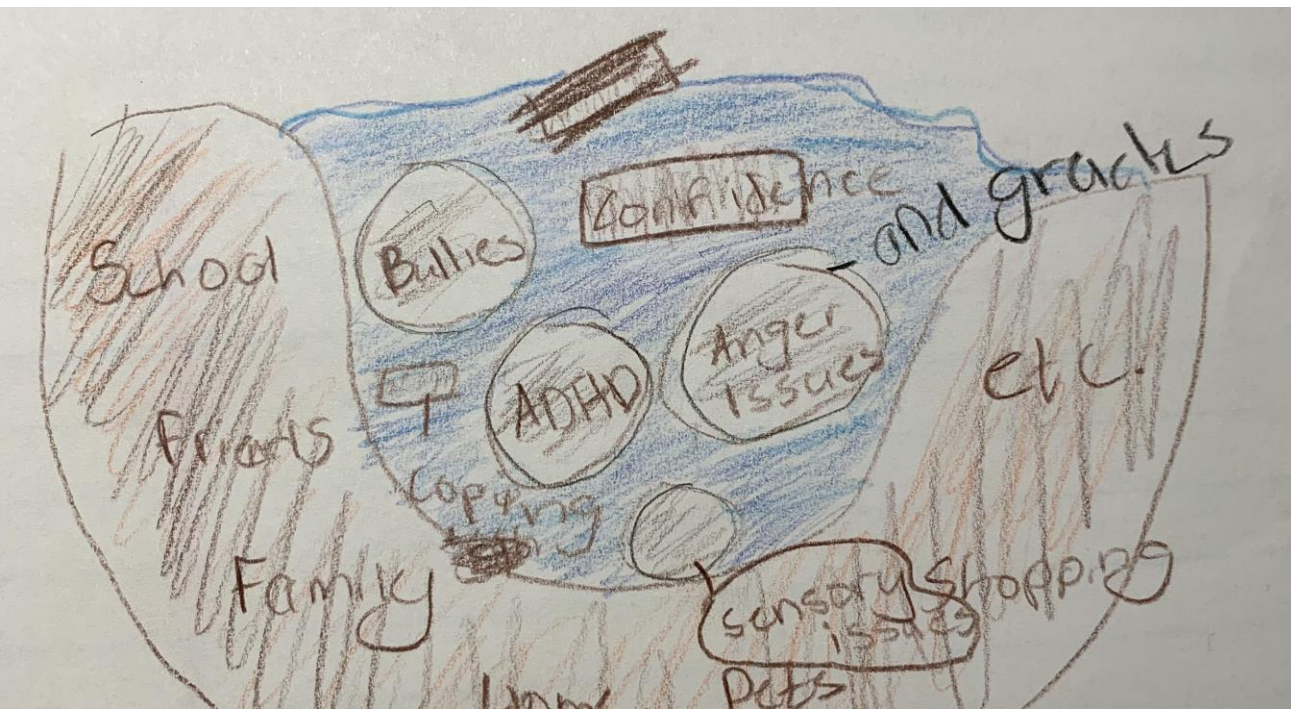
Curriculum

Each camp session incorporates a mindfulness activity, a therapeutic activity, and an arts & crafts activity to promote positive coping.

- Letter to Addiction
- Social Perspectives
- Signs of Suicide

Adaptation of Conceptual Models, Nature Themes, and Plenty of Time Outdoors

- ConTigo Model
- Kaplan's Attention Restoration Theory
- Kawa Model





Family Centered Harm Reduction

- Eliminate unnecessary barriers to treatment
- Improve preventative/protective factors for children
- Improve access to mental and behavioral health providers
- Create a ripple effect for trauma sensitive providers
- Support the family tangibly with resources
- Improve collaboration among organizations



The overarching goal of family centered harm reduction is to engage in shared community decision making recognizing the long-term and generational impact of substance use disorder (Wilburn, 2021).



Additional Activities

- Additional Family Activities are held throughout the year for campers, families, and mentors to attend, **free of charge.**
 - 2022 Activities include bowling, a day at Holiday World, Indianapolis Indians' Game, and more
 - Family Support Group
 - Parent Follow- up Emails
 - Letters to Campers
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Serving Families Across the Lifespan



Families and their
8-12 year olds



Families and their
0-2 year olds



Families and their
13-17 year olds



Questions

Thank you!

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