

Overdose Lifeline, Inc.



Indiana nonprofit on the front-lines of the opioid epidemic since 2014

ADVOCACY >>

HARM REDUCTION >>

TRAINING + EDUCATION >>

YOUTH PREVENTION + EDUCATION >>

SUPPORT >>

www.overdoselifeline.org

Dedicated to helping individuals, families,
and communities affected by the disease of
addiction/substance use disorder through
advocacy, education, and support



Overdose Lifeline Programming

Education

- Online self-directed learning courses including a 20-hour certificate with CEUS
- Youth Prevention Programs
- Naloxone training programs

Advocacy

- Removing the Stigma
- Public Advocacy
- Overdose Awareness Day
- Naloxone and Fentanyl Test Strip Distribution

Support

- Camp Mariposa-Aaron's Place
- Heart Rock Justus Family Recovery Center
- Indiana School Naloxone Project
- CRAFT Family Support
- Lifeline for Loss
- Remembrances



Indiana State Naloxone Laws

IC 16-42-27 - Aaron's Law (2015)

- Allows for layperson access to naloxone
- Third Party prescription or standing order
- Allows for state registered distribution entities to distribute naloxone to the public without a prescription
- Protected under the Good Samaritan Law
- Amended in July 2016 to state-wide standing order.

IC 16-31-12 (Expanded 2013)

- Expands first responder use of naloxone to EMTs, Police Officers and Firefighters.



Who is at Risk to Overdose?

People that get opioids from multiple sources	Elderly people prescribed opioids
People who use opioids for non-medical reasons (misuse)	Children who accidentally take opioids
People that use opioids prescribed to others	Anyone on high doses of opioids, even if taking medications as prescribed
Those who take more than, or more often than they are prescribed	People using pain-reliever patches incorrectly
Former opioid users recently released from prison or treatment >> lowered tolerance	People taking multiple respiratory depressants (alcohol, benzodiazepines)
People who snort or inject the opioid	People with chronic lung disease or sleep apnea taking opioids

Fentanyl



Used in clinical settings since 1968 post surgery or for pain management.

Illicit Fentanyl is the primary driver for the overdose health crisis today

Illicit Fentanyl is cheap to manufacture, components easy to acquire, and concentrated (small amount goes a long way).

Fentanyl via the street market comes in white, gray or tan powder form and can be injected, smoked or snorted. There are recent reports across 20+ U.S. states of “rainbow fentanyl” (variety of colors, shapes, and sizes)

Has been found in other drugs like heroin, cocaine, meth & pressed pills.

Street Drugs Laced with Fentanyl

Illicitly manufactured fentanyl is often added to other drugs because of its extreme potency, which makes drugs cheaper, more powerful, more addictive, and more dangerous.

"It's rare to find people who only overdose on cocaine or who only overdose on methamphetamines," said Dr. Nora Volkow, head of the National Institute of Drug Abuse. "Fentanyl is being used to lace the illicit drug market because it's very profitable."

Fentanyl overdose is now the No. 1 cause of death among Americans ages 18 to 45.

Opioid Overdose **Signs and Symptoms**

May Be Unresponsive to a Sternal Rub

Can't be Awakened. Can't Talk.

May Have Pinpoint Pupils

Blueish Lips or Fingertips

Vomiting, Gurgling, or Choking Noises

Slow Breadth, Respiration, or Heartbeat

They are Unresponsive

Opioid Overdose **Signs and Symptoms**

May Be Unresponsive to a Sternal Rub

Can't be Awakened. Can't Talk.

IMMEDIATELY CALL 911
Administer Naloxone

Vomiting, Gurgling, or Choking Noises

Slow Breadth, Respiration, or Heartbeat

They are Unresponsive

What is naloxone (NARCAN)?



Naloxone is an opioid antidote (antagonist) that reverses an opioid overdose.



During an opioid overdose, the respiratory and central nervous systems are depressed. Breathing slows or stops.



Naloxone blocks the effects of opioids and reverses an overdose. Allowing a person to breathe normally.



Naloxone will not get a person high. Is not addictive. Will not harm a person if opioids are absent.

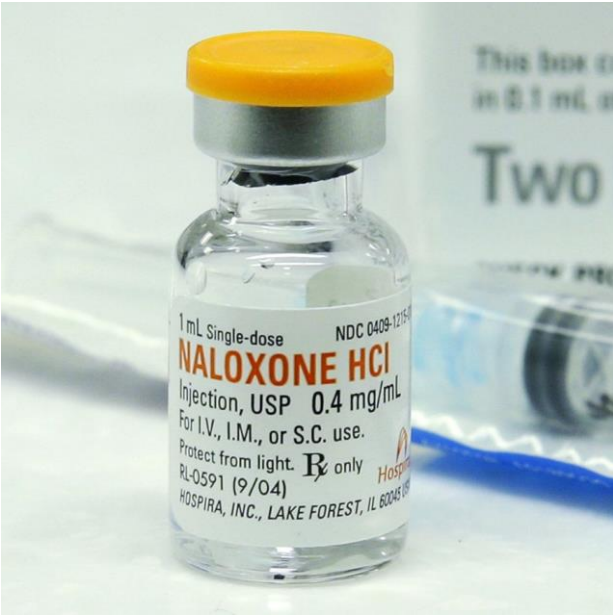
Naloxone Devices

Intravenous

Hospital & Health Care



Intramuscular



Intranasal



Intranasal Naloxone Administration

Administration steps for intranasal naloxone options follow the same stepped process. For demonstration purposes instructions for Emergent, NARCAN intranasal spray is presented.



Visit the individual company website for more information.

Intranasal Naloxone Administration

1



4



2



5



3



6



Administer a repeat dose in the other nostril if no response in 2-3 minutes

Step-by-Step Instructions Inside the Naloxone Package

If you are trained or certified, apply CPR or Rescue Breathing.

Medication action

Following administration —

Individual may begin
to wake-up

Pupils may begin to
dilate (get larger)

Respirations may
begin to increase

There is a minimal possibility of vomiting and/or combativeness as the individual comes around. Based on the dose and route (intra-nasal) that you will be administering, the chances are remote.

General Naloxone Information

Making naloxone available **does NOT** encourage people to use more

Naloxone **acts as a bridge** between the call to 911 and when help arrives

Naloxone has **no effect** on persons not suffering an opioid overdose

A **repeat dose** may be administered if no response in 2-3 minutes

Naloxone lasts for 30-60 minutes. The half-life of an opioid may be much longer – **risk of re-overdosing**, stressing the importance of calling 911.

Storage: Do not expose to **extreme temperatures** (hot/cold)

Packaging displays expiration date



Naloxone Distribution

- 300+ NaloxBoxes placed or in-progress
- 18 Naloxone vending machines placed or in-progress
- 200+ Naloxone Distributors



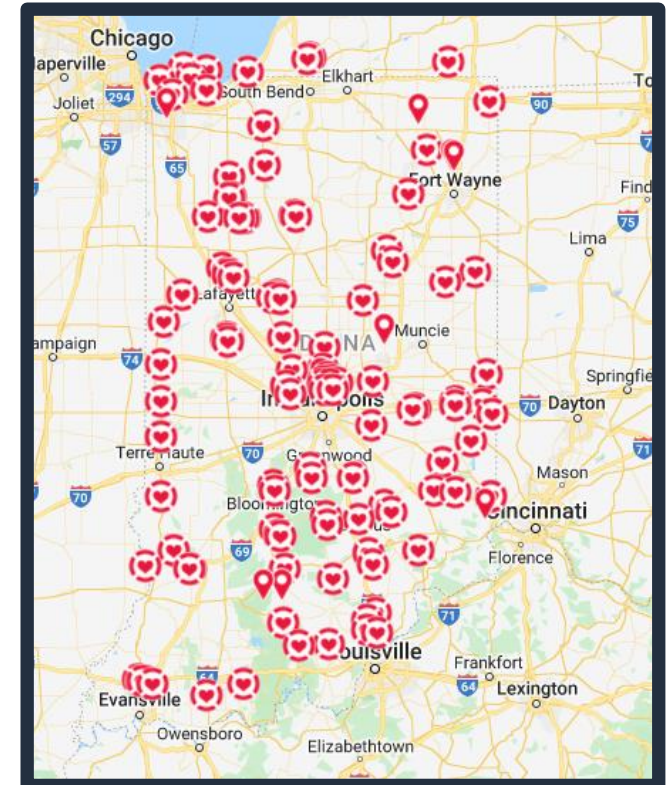


OverdoseLifeline

Visit Overdose Lifeline's website:

- Request FREE naloxone kit and Fentanyl Test Strips mailed to you
- Locate a local community partner that can provide naloxone
- Locate a NaloxBox: Free Naloxone.
Accessible 24 hours a day at an outside location, no personal interaction needed.

VISIT: [OVERDOSELIFELINE.ORG](https://www.OverdoseLifeline.org)





NaloxBox Partners

- If you are interested in placing and monitoring the inventory of a NaloxBox, email breanna@overdoselifeline.org
- Requirements:
 - Be a public space/agency
 - Monitor supply levels once or twice a week and order more when needed
 - Report number of naloxone distributed each month
 - Notify ODL if you hear of any attempted overdose reversals in your area



Indiana School Naloxone Project

Overdose Lifeline, through support from the CareSource Foundation, offers a **free training for** Indiana school nurse and health personnel on how to develop a Naloxone Emergency Preparedness and Response Plan within their school, the training also provides free naloxone, and emergency medication boxes.

In person and online training available. To learn more visit <https://www.overdoselifeline.org/indiana-school-naloxone-project/>



Heart Rock Justus Family Recovery Center

- Heart Rock is holistic recovery housing for pregnant and parenting women. It will provide evidence-based trauma focused programs coupled with holistic healing treatment.
- Heart Rock is currently accepting applications. Visit <https://heartrockrecovery.org/> to learn more.





Youth Programs



Camp Mariposa Aaron's Place



20 Campers | Weekend Camps in Indy and Bloomfield | Monthly Activities





I Have
Scars that
will never go
away



this is not about drugs



Prevention and Education

Over 140,000 Students | 500+ Partners | 32 States



PreVenture Program



Overdose Awareness Day

- Overdose Awareness Day is observed annually on August 31st.
- Join us August 20th at 8:30 am to place an Overdose Awareness Day ribbon in the yard of our building. These ribbons represent the number of lives lost each day to overdose.
- Join us August 28th from 6 – 8 pm at the Indiana State Museum to honor and recognize lives lost. RSVP to contact@overdoselifeline.org.





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Advocacy – Education – Support – Resources