

# Regional Recovery Hubs Project of IRN & MHA



- FUNDING PROVIDED BY FSSA/DMHA
- PARTNERSHIP WITH EXISTING RECOVERY SUPPORT ORGANIZATIONS WITHIN FIVE REGIONS
- UTILIZING PEER SUPPORTS- CERTIFIED ADDICTION PEER RECOVERY COACH (CAPRC), COMMUNITY HEALTH WORKER (CHW), CERTIFIED RECOVERY SPECIALIST (CRS)
- COMMUNITY BASED SUPPORTS, MEETING INDIVIDUALS WHERE THEY ARE



What is a  
Recovery  
Hub?

# Recovery Organizations

- ▶ Recovery Community Organizations (RCO)
- ▶ Recovery Engagement Centers
- ▶ Drop in Centers
- ▶ Recovery Café
- ▶ Recovery Community Centers
- ▶ Recovery Coalitions

## Purpose of Regional Recovery Hub Project:

- ▶ MOBILIZE PEER WORKFORCE
- ▶ HELP MOST MARGINALIZED POPULATION
- ▶ HUBS HAVE CRITICAL RELATIONSHIPS THROUGHOUT COMMUNITY
- ▶ CAN TRIAGE ALL 92 COUNTIES
- ▶ ACCESS POINT FOR COMMUNITY
- ▶ BOTH FOR MENTAL HEALTH AND/OR SUBSTANCE USE ISSUES.
- ▶ FULL CONTINUUM – NOT JUST TREATMENT
- ▶ HUBS CAN PROVIDE SUPPORT TO INDIVIDUALS PRE AND POST TREATMENT

# Client Driven?

## Meet people where they are at?

### Community Based Model

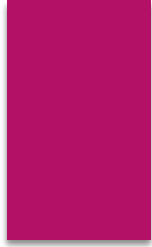
- Operates in grey and fills system gaps

### Individualized Recovery Plan

- Strength Based, utilizing recovery capital

### Independent Broker of Resources

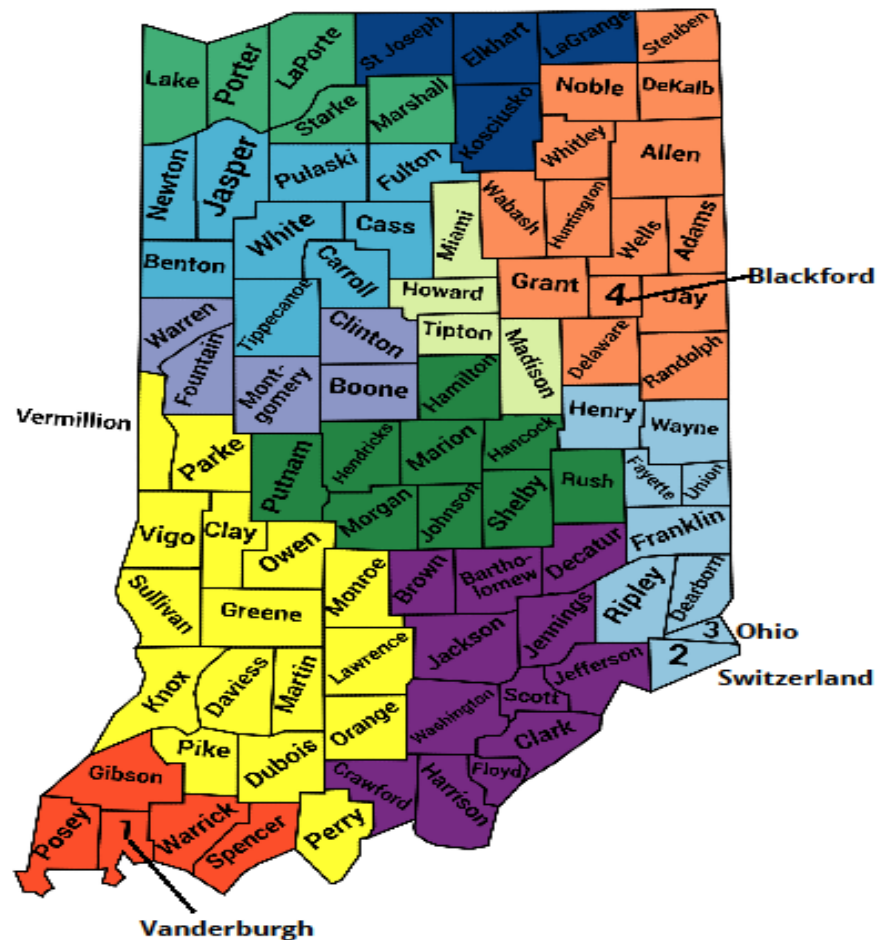
- Not tied to one treatment center/provider



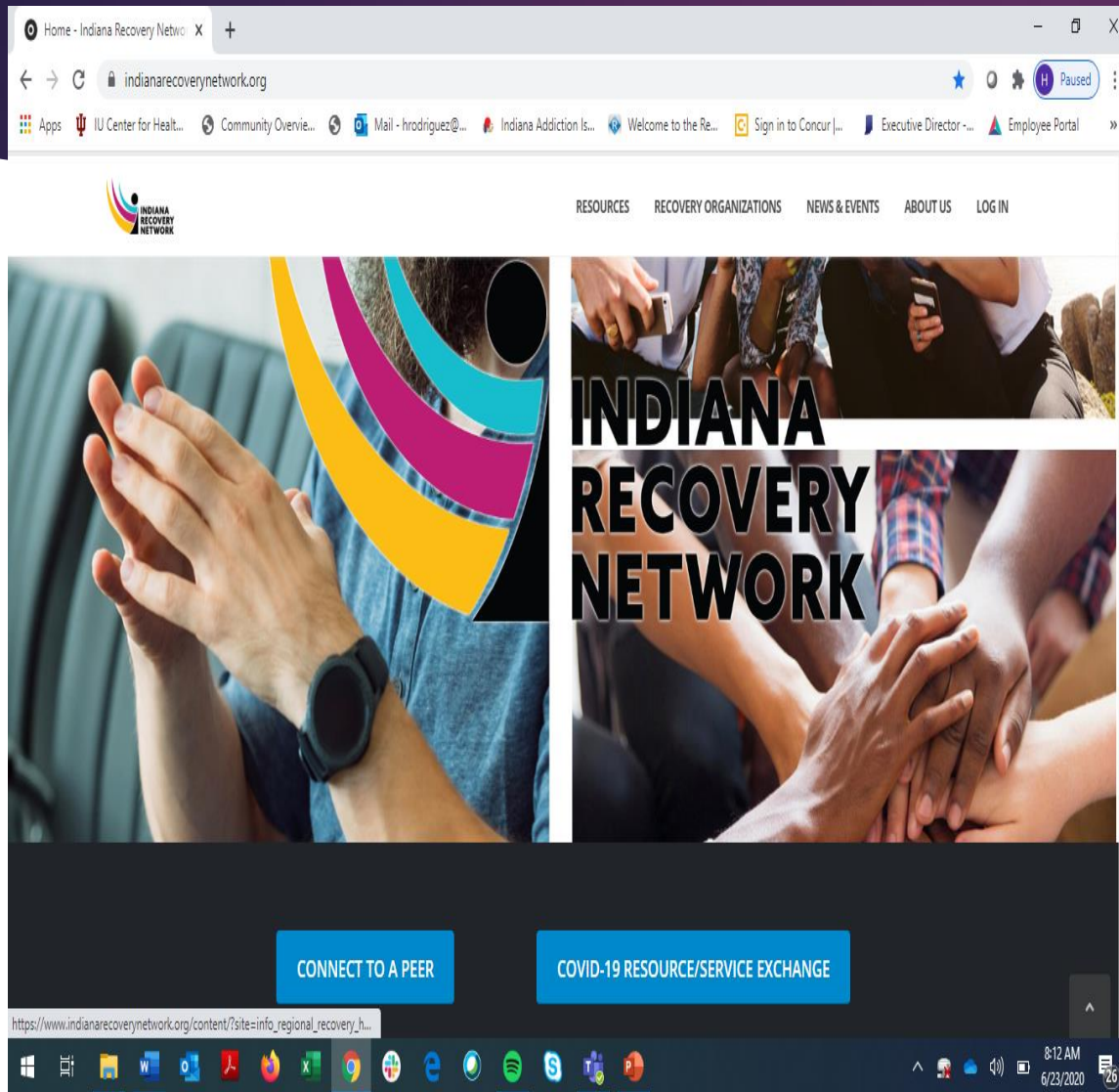
# Indiana Regional Recovery Hubs

## Regions Served by County

- NW – The Artistic Recovery
- NW – InWell
- NW – Phoenix Paramedic QRT
- NE – Oaklawn
- NE – Jay Co. Drug Prevention Coalition
- NE – Turning Point SOC, Pick Yourself Up
- CENTRAL – IAIC, PACE, MRCI, Recovery Cafe Indy
- SW – Wabash Valley Recovery
- SW – Peace Zone
- SE – Scott Co. T.H.R.I.V.E
- SE – 1 Voice



# Connect to the hubs:



## REGIONAL RECOVERY HUBS

Indiana Recovery Network, a program of Mental Health America of Indiana (MHAI) has created Regional Recovery Hubs distributed geographically around the state. These Hubs will expand our ability to connect Hoosiers with mental health and substance use disorders to treatment and recovery supports through Certified Peer Recovery Coaches, Community Health Workers, and Certified Recovery Specialists. These Regional Recovery Hubs will be able to assist individuals with mental health and substance use disorders, regardless of where someone is in their recovery journey.



### WHERE

- Northwest Indiana Organizations: Integrative Wellness, LLC (InWell), The Artistic Recovery, Phoenix Recovery Solutions QRT
- Northeast Indiana: Jay County Drug Prevention Coalition, Oaklawn, Turning Point SOC/ Pick Yourself Up
- Southwest Indiana: Wabash Valley Recovery Center, Next Step Foundation, Peace Zone
- Southeast Indiana: Scott County THRIVE, 1 Voice
- Central Indiana: Indiana Addictions Issues Coalition



### HOW

- The RRH project is community based, meaning services are not tied to a specific provider. This ensures that individuals can continue to engage with peer supports without restraints.
- Peers can refer individuals to detox, treatment, transitional housing, recovery residences, RCOS, RECS, food pantries, etc.

**CONTACT US:** Danielle Burkett - 317-943-3331  
[www.indianarecoverynetwork.org](http://www.indianarecoverynetwork.org)  
Download the IRN app in the App Store!



# Peer 2 Peer recovery meeting's

- ▶ 15 meetings a week
- ▶ Strength-based approach
- ▶ Facilitated by certified peer supports
- ▶ Open to all pathways of recovery
- ▶ Individuals in or contemplating recovery
- ▶ Recovery from SUD, AUD, and/or mental health concerns



## WHAT IS PEER 2 PEER?

P2P is a digital strengths based, judgement-free, gathering for anyone in recovery or thinking about recovery. The gathering is hosted by a trained peer support that can offer their personal experience and resources. Gatherings are available 5 days a week, 3 times a day.

## WHAT IS A PEER SUPPORT?

A trained peer support is someone who has lived experience with substance use or mental health disorders, and can provide support and resources.

## READY TO CONNECT?

### JOIN US!

## MONDAY - FRIDAY

- 10 AM (EST)
  - ZOOM MEETING ID: 408-405-356
  - PHONE: 1-301-715-8592, 408405356#
- 2 PM (EST)
  - ZOOM MEETING ID: 823-305-457
  - PHONE: 1-301-715-8592, 823305457#
- 7 PM (EST)
  - ZOOM MEETING ID: 574-544-947
  - PHONE: 1-301-715-8592, 574544947#





# Regional Recovery Hubs and 211

Connection to RRH Peers through 211

Peers are available 7 days a week from 9 a.m. to 8 p.m.

Connection to 211 crisis counselors available during overnight hours

Peers are trained on how to access and route individuals to additional resources available in 211

# Contact the Indiana Recovery Network

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[Indianarecoverynetwork.org](http://Indianarecoverynetwork.org)

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