



PEER RECOVERY SUPPORT SERVICES

Brandon George
Executive Director
Indiana Addiction Issues Coalition

Today's Overview

1

- Familiarize with peer supports

2

- Establish how to connect

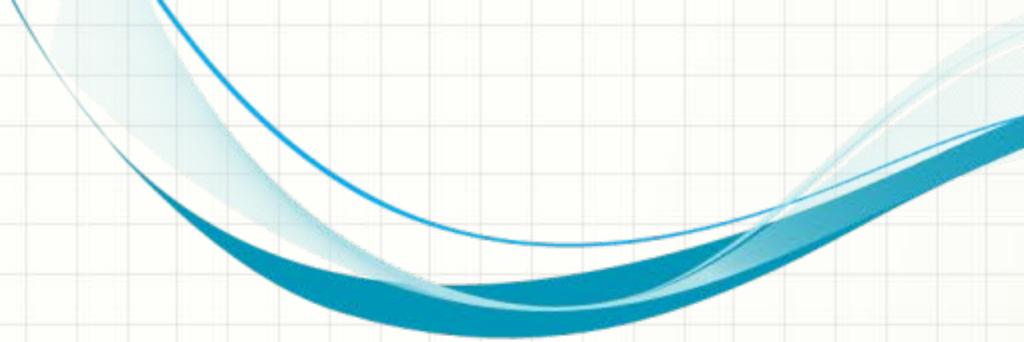
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- Identify other social supports



Peer Recovery Support Services (PRSS)

- How?
- Who/what are they?
- Where do they work?
- How do they fit?



Recovery Community Services Program (RCSP), the Substance Abuse and Mental Health Services Administration/Center for Substance Abuse Treatment (SAMHSA/CSAT) funds grant projects across the country to develop and deliver these services.

-SAMHSA



Types?

Peer Recovery Coach (PRC)

Certified Recovery Specialist (CRS)

Youth Peer Recovery Coach (yPRC)

Forensic Peer Specialist

Parent Recovery Coach



Who does what?

Type of PRSS	Specialty
Certified Recovery Specialist	Combined physical health, mental health, (includes an SUD endorsement)
Forensic Peer Specialist	Primary focus on those incarcerated
Youth Peer Recovery Coach	Youth with Substance Use Disorder



Recovery Coach

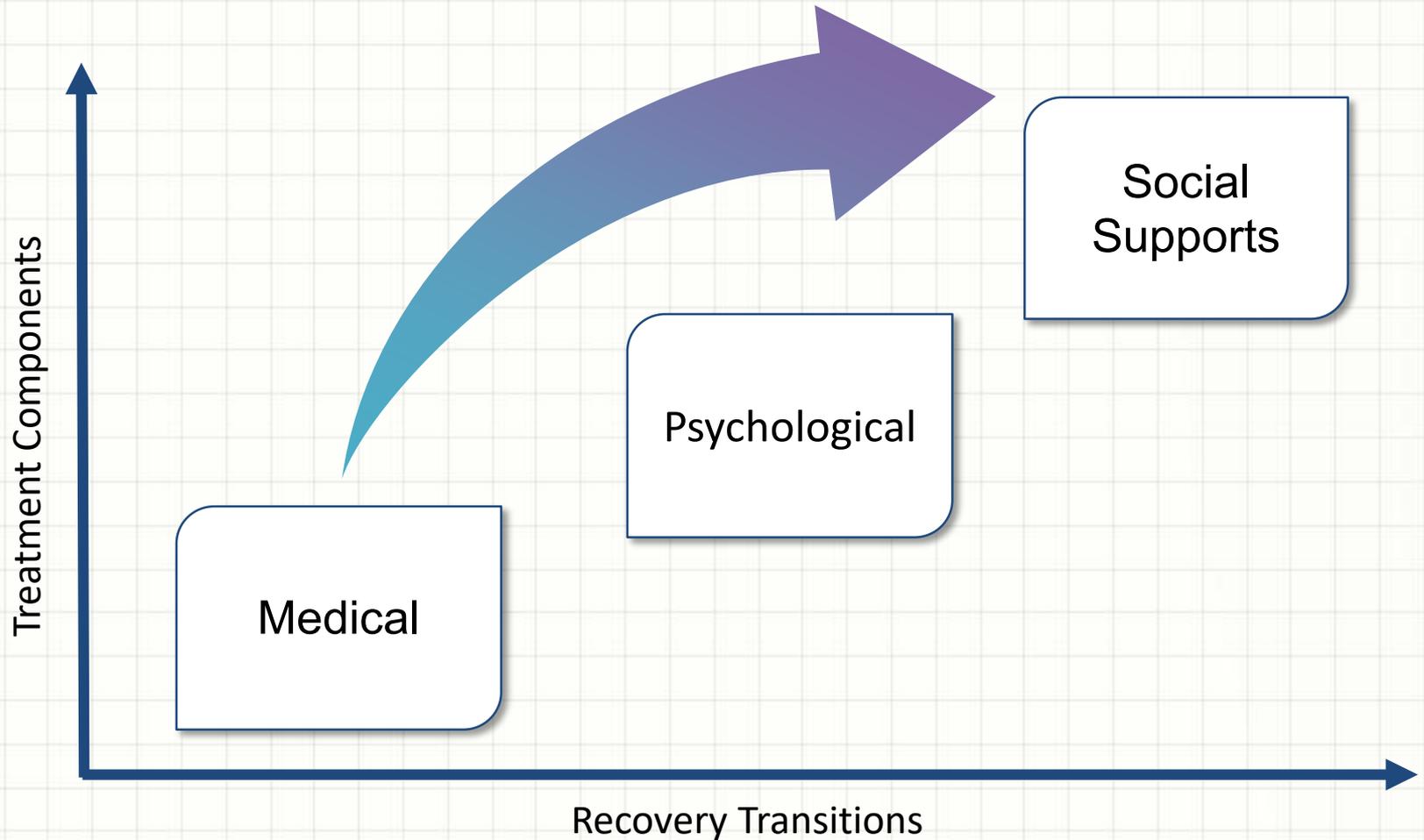
Substance Use Disorder is the primary focus

What is a Recovery Coach?

- Peer-Based
- First-Hand Experience
- Harm Reduction Focus
- Strength-Based
- Integrated Care
- Extensive Training & Certification



Working Toward Recovery



Where do they work?



- Emergency Departments
- Jails
- Schools
- Treatment facilities
- Courtrooms
- Recovery Residences
- Health Departments



Some examples in Indiana

- Eskenazi Emergency Department
- Methodist Emergency Department
- IU Health Virtual
- South Bend Memorial
- Boone County Jail (7 more in Western Indiana)
- Reuben Engagement Center
- Life Recovery Center
- Centerstone(s)
- Fairbanks, Community North
- Anthem Insurance Company
- Community Outreach
- Austin, Indiana Health Department/HIV Clinic.



- Supports all types of peer services
- Continuing education units (CEUs)
- Removes barriers for certification
- Technical assistance for organizations implementing peers



Are there other
recovery support
services?

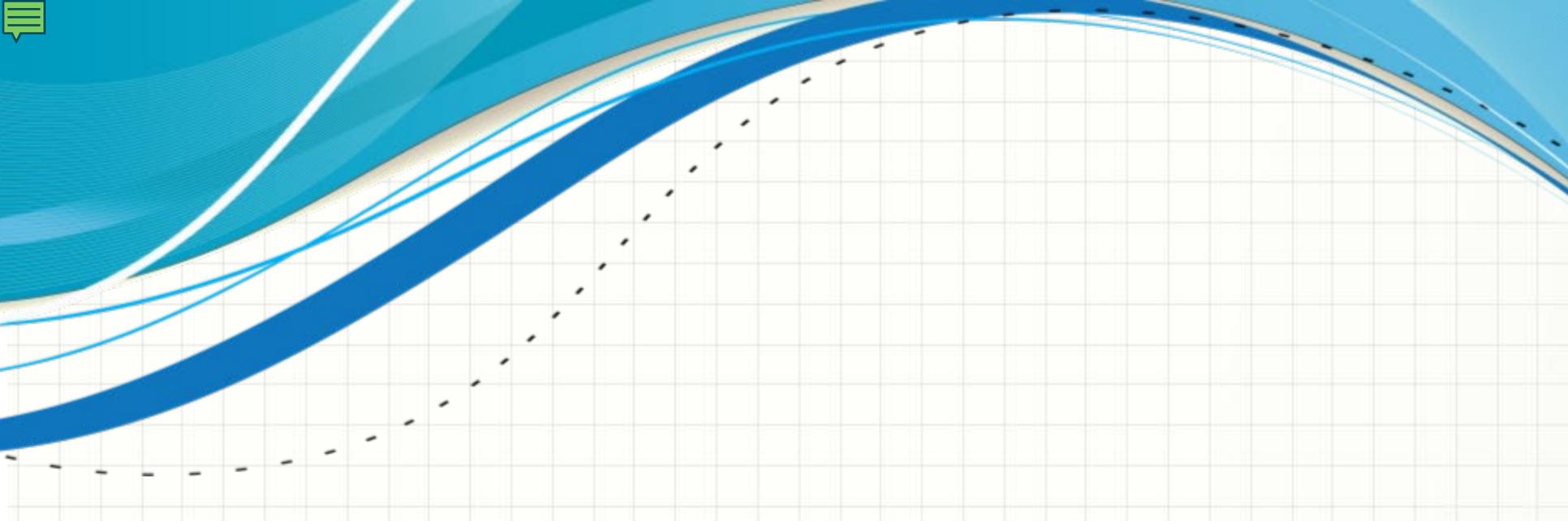
Recovery Residences



INARR

Indiana Affiliation of
Recovery Residences

<https://www.inarr.org>



**RECOVERY COMMUNITY
ORGANIZATIONS (RCOs)**

RCO Core Principles

Recovery Vision

Authentic Voice

Accountability to recovery
community

Faces and Voices of Recovery



Some examples in Indiana

- PACE Peer Resource Center (RCC)
- Overdose Lifeline (RCO)
- Indiana Addiction Issues Coalition (RCO)
- Indiana Recovery Alliance (RCO)
- Recovery Café (coming soon)
- Safe Haven (Orange County RCC)
- The Bridge (Greenfield RCC)
- Upper Room (South Bend RCC)



INDIANA RECOVERY NETWORK

<https://indianarecoverynetwork.org>

The logo for the Indiana Recovery Network, featuring a stylized lowercase 'i' with a multi-colored arc (yellow, orange, red, purple, blue) above it.

INDIANA RECOVERY NETWORK

- Recovery Community Organizations (RCO)
- Recovery Community Centers (RCC)
- Recovery Coalitions
- Recovery Residences



Information Resources: HEALTH

Making informed, healthy choices that support physical and emotional well-being.

Giving Hoosiers their best chance at recovery improves not only their health, but the health of the entire state. Every Indiana community benefits when we recognize that addiction is a disease and provide opportunities to put people on a path to better health. The Indiana Recovery Network is an invaluable partner in that work.

Kristina Box, MD, FACOG
Indiana State Health Commissioner



The Indiana Recovery Network has helped Indiana attack the drug epidemic through prevention, treatment and enforcement by bringing together resources for the full continuum of care. Their work has helped make treatment and harm reduction available to more Hoosiers who are willing to take the first step in their recovery journey.

Jennifer Walshell, MD MPH
Secretary, Indiana Family and Social Services Administration



Information Resources: HOME

Having a stable and safe place to live.

A safe and sheltered space is fundamental to everyone's health and well-being. Unfortunately, the destructive nature of substance use disorders can often lead to a housing crisis or homelessness. Provided here are a list of resources that can help connect you with housing and housing supportive services.

Jacobs Sosa, Executive Director
Indiana Housing and Community Development Authority (IHCDA)



FIND HOUSING

[Emergency Shelters and Transitional Housing](#)

A list of resources and emergency shelters in Indiana.



Information Resources: COMMUNITY

Having relationships and social networks that provide support, friendship, love, and peace.

Having relationships and social networks that provide support, friendship, love, and peace.

Indiana Community-Based Support Resources

This page is intended to provide information about community-based support services most readily available to the general public. Last updated December 2017.

Recovery Community Organizations

Recovery Community Organizations (RCOs) are created by individuals or families in recovery to provide support and services that are often not available elsewhere and are unique while decreasing the feelings of isolation and shame often experienced by people and families in recovery. There are three core principles that RCOs meet: peer, recovery focus, and ability of risks and accountability to the recovery community. Majority of the board members have that 12M in a RCO need be in recovery.

[Indiana Addictions Issues Coalition](#)

[Overdose Lifeline, Inc.](#)

[Indiana Recovery Alliance](#)

[Public Advocates in Community Recovery \(PACE\)](#)

[Indiana Association of Peer Recovery Support Services \(IAPRSS\)](#)



Information Resources: PURPOSE

Formulating meaningful and active goals, social and recovery goals.

Education helps individuals in so many ways. Besides improving career opportunities, it helps people find purpose and build new social networks. Social capital is a big part of a person's recovery capital. We are honored to help recoveries find or improve their purpose and social capital with the Indiana Recovery Network and Ivy Tech.

Sue B. Spemann, PhD
President, Ivy Tech Community College



EDUCATION

[Ivy Tech's Star Community Works](#)



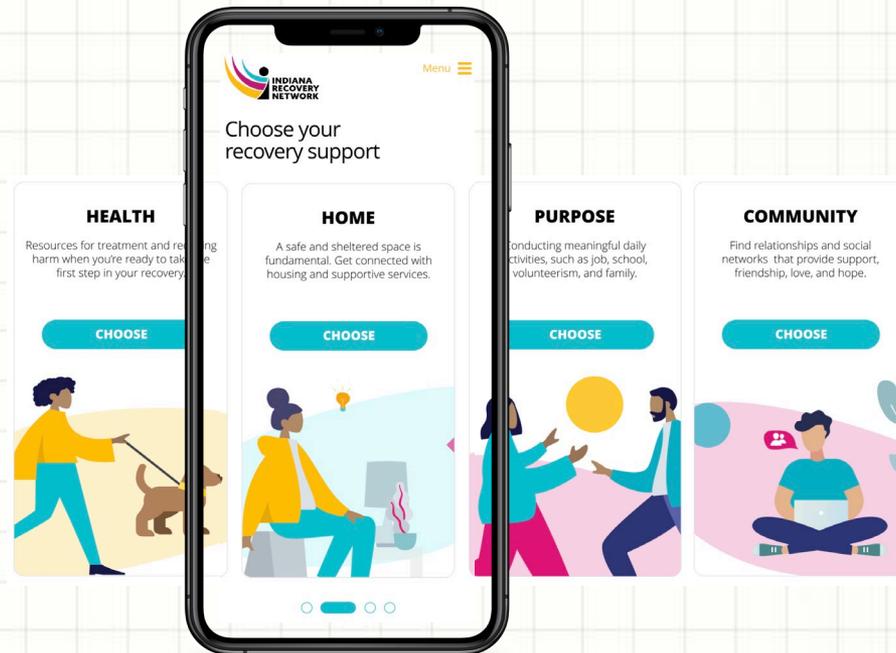
Helping Clear a Path on the Road to Recovery

Users find resources to help them during
their self-discovery with addiction recovery





Users swipe between the recovery support and choose the area they need resources



References

- SAMHSA
<https://store.samhsa.gov/product/What-Are-Peer-Recovery-Support-Services-/SMA09-4454>
- Indiana Recovery Network
<https://indianarecoverynetwork.org/>
- Faces and Voices of Recovery
<https://facesandvoicesofrecovery.org/programs/arco/rco-toolkit.html>
- Peer Recovery
<https://peerrecoveryindiana.org/>