



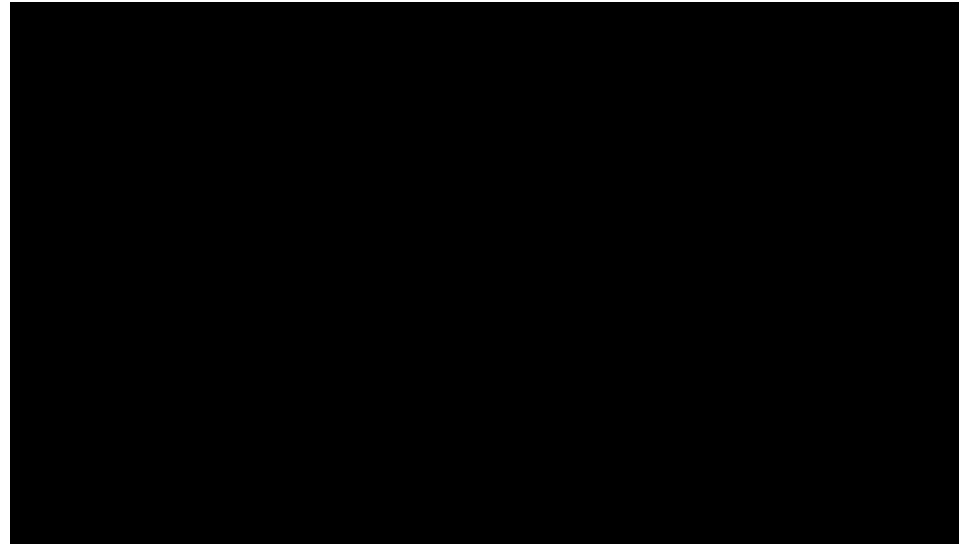
Substance Use and Health Care in LGBTQ+ Adolescents

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Exploring SUD in the LGBTQ Population

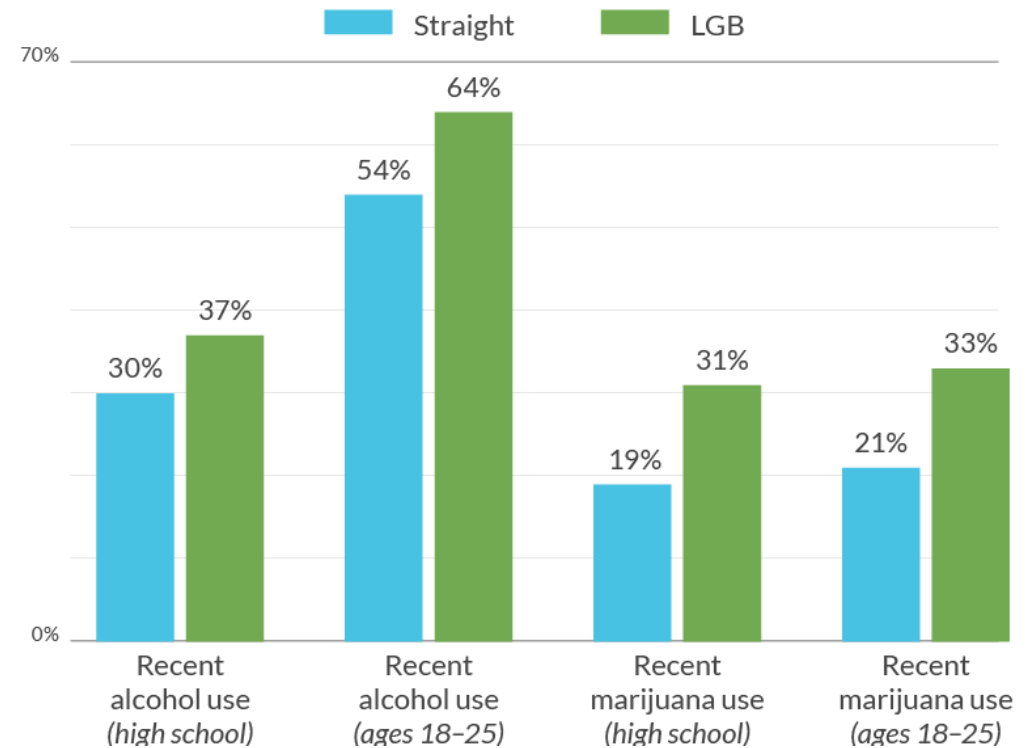
<https://www.youtube.com/watch?v=NFms3xO98Nk>



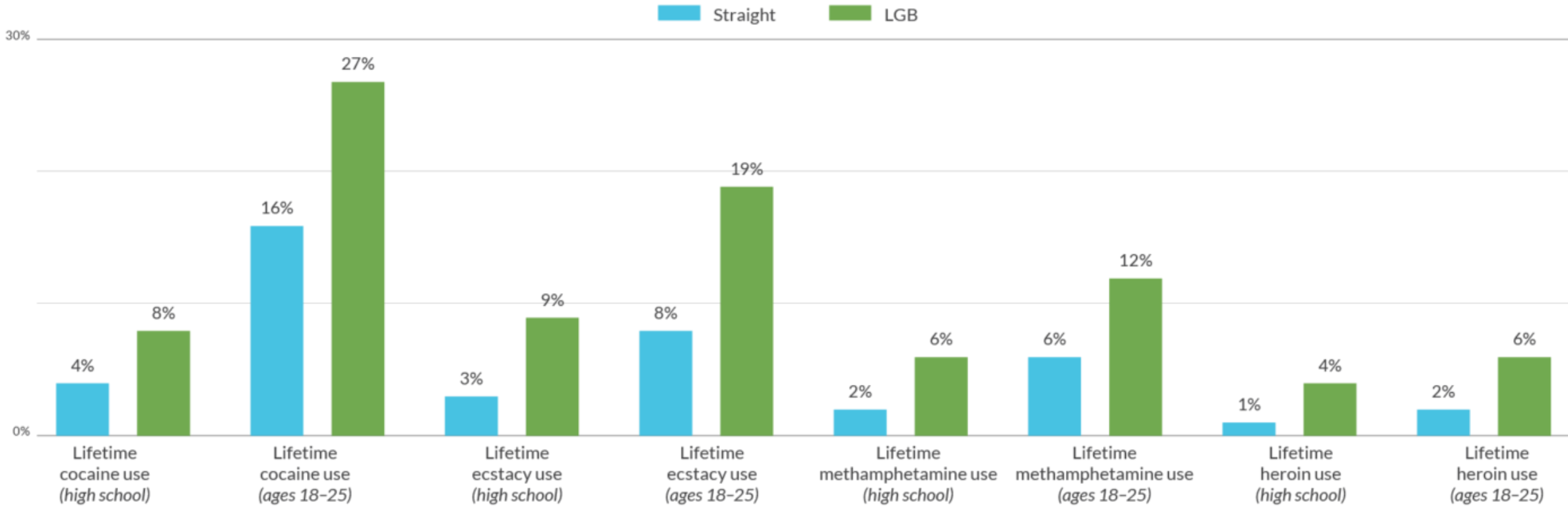
Substance Use in LGBTQ+ Adolescents

- LGB high school students engage in substance use at a significantly higher rate than those who are straight
- 25% higher rate of alcohol use
- 62% higher rate of marijuana use

Past 30 Day Alcohol Use and Marijuana Use by Sexual Identity



Lifetime Hard Drug Use by Sexual Identity



Substance Use in LGBTQ Youth

- Being LGBTQ increases the risk of substance use more substantially in girls than in boys (even though boys tend to use alcohol more often overall)
- Bisexual youth are specifically more likely to use alcohol and other substances
- Transgender youth experience risk factors for substance use more than cisgender youth (even LGBTQ):
 - Peer victimization
 - Emotional distress
- Limited data about transgender youth because research doesn't consistently identify them

Risk Factors for Substance Use

- Bullying and harassment
- Family conflict and rejection
- Minority stress – being socially stigmatized for being LGBTQ
- Childhood abuse and trauma
- Gender stereotypes
- Peer influence

What Helps Teens With Substance Use?

All Teens

- Discussing Expectations
- Monitoring
- Positive Reinforcement

LGBTQ+ Teens

- Family Support
- Caring Adults
- Safe Schools



Advocacy Organizations in Indiana



GenderNexus

www.gendernexus.org



IndyPride

www.indypride.org



www.ingekco.com



www.purdue.edu/lgbtq/

Welcome to the **LGBTQ+ Culture Center**



We're glad you're here!

www.lgbtq.indiana.edu



*Transgender Resource, Education
and Enrichment Services*

www.webetrees.org



**INDIANA
YOUTH
GROUP**

www.indianayouthgroup.org



**Wellness
Network**

www.buwellness.org

Questions? Thoughts?

