

Tough Love Is For Your Mama

Empathy

## Yes

- Person in recovery
- Drug screen supports recovery
- Baby is dependent
- Declined services
- Had a setback

## No

- Junkie, druggie, addict
- Clean and dirty
- Baby is addicted
- Non-compliant
- Relapse

# “Abstinence is best!”

## Why we recommend MAT

NOPE



- 7-10% success without intervention
- Standard of care by ACOG
- Relapse risk



“Your depression medicine has been working well for you. You can work, parent again, and feel connected. So, we want you to wean off it “

# Actual stigma:



- Sleep clinics that will not work with patients that have history of SUD



- Pharmacy staff that talk about patient's medications loudly at the counter



- Medical providers-nurses and doctors-are not allowed to be taking any buprenorphine products



- Pharmacy that would not give the patient her medicine, placed me on hold and whispered to me "You know she's pregnant right?"



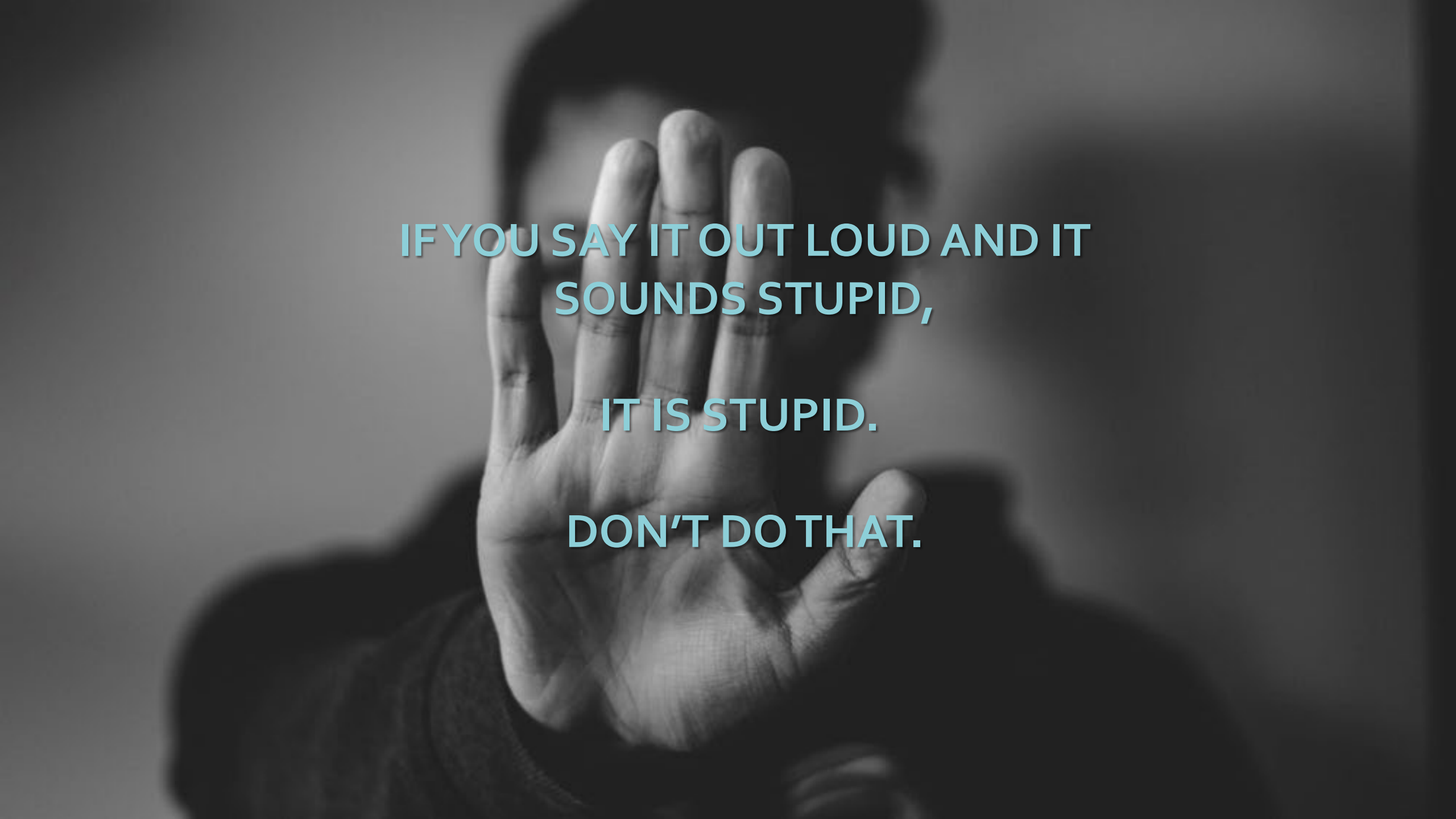
The waiting room





- When I hear too many no's, I ask for a yes
- What CAN we do to help?
- What CAN you do for her?
- Be solution-focused
- Set the pace for YES





IF YOU SAY IT OUT LOUD AND IT  
SOUNDS STUPID,  
IT IS STUPID.  
DON'T DO THAT.

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# References

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