

# Which medication for opioid use disorder is right for me?

*These medications are proven to lead to better recovery outcomes than other types of treatment.*

## Methadone

What you'll feel



You will have less intense withdrawal symptoms and your cravings will improve.

What you'll take



Methadone is a liquid that you drink.

When you'll take it



You can start methadone at any time after you are enrolled in services at a methadone clinic.

Where you'll go to get it



Go to a dedicated clinic every day for a dose.

Steps you'll take



**1.** You schedule an intake appointment at a methadone clinic.



**2.** During the appointment, you will be evaluated and provided a treatment plan.



**3.** You are started on Methadone that day, or another day.

More information

The daily commitment provides a high level of accountability. Sometimes methadone clinics can have long wait lists. Counseling is required. Risk of overdose is high if you use other opioids or depressants with methadone.

## Buprenorphine Suboxone®



You will have less intense withdrawal symptoms and your cravings will improve. Some people feel sick for the first few days.



Buprenorphine comes in a film called Suboxone® that dissolves in your mouth. Pills and long-lasting injections are less common forms.



You will need to wait 6–72 hours before starting. Timing depends on short-acting vs. long-acting.



Bring your prescription to a pharmacy after visiting a certified clinician.



**1.** You schedule an appointment at a clinic or health center with a certified provider.



**2.** You are prescribed Buprenorphine.



**3.** You may pick up your Buprenorphine from a clinic or pharmacy as soon as your appointment is done.

Issues you should discuss with your provider

Your concerns about outpatient detox, withdrawal symptoms, and discomfort.

Your prior experiences with medications for opioid use disorder treatment.

Possible interferences with treatment like employment, transportation, or child care.

Access to the overdose reversal drug naloxone/Narcan® if you decide not to start or discontinue treatment. Or, so you can have it around for people in your life who might need it.

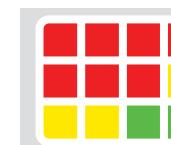
## Naltrexone Vivitrol®



You will not feel the effects of opioids or feel high. You might also have reduced cravings for opioids.



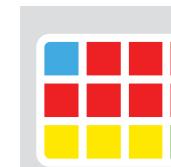
Vivitrol® is injectable Naltrexone.



You need to wait 7–10 days before starting.



Visit any primary care provider who will write a prescription and provide the injection.



**1.** After you receive counseling, you will stop using opioids for 7–10 days.



**2.** You return to a provider or a clinic for the injection.



**3.** A healthcare worker will follow up about symptoms and another injection every 30 days.